



2014-17 Work Plan

CHIP Goal: Improve Mental Health and Reduce Substance Abuse

Focus Area: Mental Health & Mental Health Disorders and Substance Abuse

Workgroup: Mental Health Advisory Workgroup

Workgroup Mission/Purpose Statement: Address health disparities related to mental health and co-occurring disorders by raising awareness, building skills and sharing mental health resources with community members.

Projects: DE-STRESS Project (2014-2017)

Workgroup Leaders: Barb Mettler, Mental Health Center; Libby Carter, DPHHS Children's Mental Health Bureau

Grant Project Staff: Nathan Stahley, RiverStone Health and Healthy By Design

Committee Meeting time and location: Monthly at United Way of Yellowstone County

Committee Organizations:

Passages
Yellowstone Boys and Girls Ranch
DPHHS Children's Mental Health Bureau
Billings Clinic
Rocky Mountain Tribal Leaders Council
Center for Children and Families
PLUK
Youth Dynamics Inc.

St. Vincent Healthcare
Family Promise
Community Crisis Center
Full Circle
Billings Public Schools
MSU Billings College of Nursing
Rimrock Foundation

Mental Health CHIP Objectives:

1. **By 2017, the proportion of adults in Yellowstone County who report their mental health as being good, very good, or excellent in the past 30 days will increase from 89.4% to 94%.**
2. **By 2017, the reported suicide rate in Yellowstone County will be reduced from 17.3 deaths per 100,000 to 16.3 per 100,000.**

CHIP Strategy	Activity	Timeline	Measurable Outcome	Persons and Organizations Responsible	Progress
Identify, support, convene, and/or engage in community-collaborative work focused on the area of mental health in order to address communication and treatment gaps. (CHIP objective alignment: MH 1)	Monthly mental health workgroup meetings	Ongoing. December 2014 -	Number of meetings Number of partners	Workgroup chairs and members.	10 meetings Meeting Dates: 12/14, 1/15, 2/15, 3/15, 4/15, 5/15, 6/15, 7/15, 9/15, 10/15 15 current partners Restructuring meeting format for 2016 underway.
	Mindfulness stress reduction classes	April 2015 -	Number of participants Number of classes held	Grant partners, Mindfulness Task group	60 participants trained 3 classes held Start months: 4/15, 9/15, 10/15
Increase capacity for trauma-informed care education, promotion, collaboration and implementation (CHIP objective alignment: MH 1 and 2)	Introductory trauma-informed care (101) training	December 2014 -	Number of organizations trained Number of individuals trained	Workgroup members, grant partners, Nathan Stahley and Amy Fladmo	9 Organizations have received training: CASA, Friendship House, Family Service, Heath Start, Big Brothers Big Sisters, school district 2, RiverStone Health, St. Vincent Healthcare, Billings Clinic 1327 people trained *Data thru 10/31/15
	Skill building trauma-informed care (201) training	June 2015 -	Number of individuals trained Training versions for target audiences created	Grant partners, Amy Fladmo	46 individuals have received 201 training Trainings have been created for: Childcare Providers and Educators, Basic Needs

					Providers and Health Care. *Data thru 10/31/15
	Advocacy and awareness of ACEs	December 2014 -	Number taking the ACE assessment using ChildWise's online tool	Nathan Stahley, work group members and grant partners	ACE assessment taken 1278 times. *Data thru 10/31/15
	Organizational Assessment of Trauma-responsiveness	April 2015 -	Number of organizations going through a comprehensive TIC assessment	Grant partners	Three organizations have gone through the assessment. Three have been identified for 2016 to complete.
	Implementation of Policies and Procedures for trauma-response	Spring 2016	Number of organizations with plans to implemented new or revised policies and procedures	Grant partners.	2 (Head Start and Friendship House) *Data thru 10/31/15
Explore avenues of asset mapping to provide residents of Yellowstone County access to resources and services. (CHIP objective alignment: MH 1 and 2)	Comprehensive directory of mental health services	December 2014-	Number of mental health resources in the 211 database	United Way and workgroup members	238 number of mental health resources are in the system. *Data thru 10/31/15
Support suicide prevention by increasing the number of people in the community who have received suicide prevention training. (CHIP objective alignment: MH 1 and 2)	Suicide Prevention Training	January 2015 – December 2015	Number of individuals trained in QPR Number of resident physicians trained in patient protocols, assessments, and safety planning.	Suicide Prevention Coalition and RiverStone Health Population Health staff	258 individuals trained in QPR. 17 resident physicians trained.
Increase access to behavioral health specialists in primary care settings (CHIP objective alignment: MH 1 and 2)	Walla Walla Mental Health Clinic	April 2015 -	Number of clients served	Grant partners, Walla Walla	214 1-hour client appointments held *Data thru 10/31/15
	MSW and M. Ed. student supervision	October 2015 -	Number of supervision hours	Grant partners	14 individuals received a total of 1939 hours of combined clinical supervision, training, and/or workforce development *Data thru 10/31/15
Tobacco CHIP Objectives: I. By 2017, reduce the proportion of adults in Yellowstone County who report smoking cigarettes from 11.7% to 10.5%By 2017, the proportion of adults in Yellowstone County who report their mental health as being good, very good, or excellent in the past 30 days will increase from 89.4% to 94%.					

2. By 2017, pursue at least one policy focused opportunity related to smoke free/tobacco free facilities, campuses, worksites, or public spaces (e.g. parks, housing) that will positively impact the residents of Yellowstone County.

CHIP Strategy	Activity	Timeline	Measurable Outcome	Persons and Organizations Responsible	Progress
Promote and encourage policy opportunities related to smoke free/tobacco free facilities, campuses, worksites, or public spaces (CHIP objective alignment: Tobacco 1 and 2)	Advocacy for tobacco free policies with school districts, Outreach for HUD smoke free proposed rule	January 2015-December 2015	Number of new or revised policies	RiverStone Health - MTUPP	2 number of policies new or revised (school district #2 and Huntley Project)
	Advocacy for tobacco free communities with Downtown Business Association and City of Billings	January 2015-December 2015	Number of Clean Indoor Air Information (CIAA) Packets distributed	RiverStone Health - MTUPP	60 number of CIAA packets distributed
	Outreach for HUD smoke free proposed rule	January 2015-December 2015	Number of HUD units receiving tobacco free signage	RiverStone Health - MTUPP	2 units received tobacco free signage

Substance Objectives

- 1. By 2017, reduce the proportion of adults in Yellowstone County who report drinking chronically from 7.1% to 6.4%**
- 2. By 2017, pursue at least one policy focused opportunity related to chronic pain and opioid abuse that will positively impact residents of Yellowstone County**

There is no specific Healthy By Design workgroup addressing these objectives currently, however we recognize the following work:

- Members of the Healthy By Design Coalition are engaged in the work of the Community Innovations Coalition, which is working to address the downtown population of serial inebriates
- Work previously pursued at a local committee level related to chronic pain and opioid abuse has been transferred to the Montana Medical Association's Prescription Drug Misuse Ad Hoc Committee, where several Billings physicians are represented including Dr. Deb Agnew and Dr. Meghan Littlefield who are engaged in Alliance and Healthy By Design work.