**Coalition Meeting**

**Creating a Community that is Healthy By Design**

May 5th, 2015 Meeting Notes

**Attendees:**

Shawna Coleman: RiverStone Health Luke Kobold: Billings Clinic

Maia Dickerson: RiverStone Health Karen Manzo: Rocky MT Tribal Leaders Council

Diane Duin: MSU-Billings Jeanne Manske: Billings Clinic

Heather Fink: Community Health Improvement Ginny Mermel: MT Team Nutrition

TommiLee Gallup: Community Health Improvement Pam Garza: Rocky MT Tribal Leaders Council

Amanda Hannah: Billings Clinic Melissa Henderson: RiverStone Health

Shawn Hinz: RiverStone Health Juliet Spaulding: City/County Planning

Nathan Stahley: Community Health Improvement April Keipple: St. Vincent Healthcare

Shannon Pitsch: Rocky MT Tribal Leaders Council Ron Wenger: MET Transit

Melanie Schwarz: Big Sky Economic Development

**Presentations:**

Gardeners’ Market: TommiLee Gallup presented on the policy, systems, and environmental change aspect of the Healthy By Design Gardeners’ Market. The environmental change of the market relates to the Social Determinants of Health and how multiple facets of the outside world can affect the health choices being made. Attendees mentioned that sometimes the conversation becomes healthcare focused when it is important to ask about the other elements of health. The Social Determinants of Health can be used as a framework for addressing the question of “why?” there are so many determinants to health. The history of the market relates to the growing need expressed by the community for increased access to fresh fruits and vegetables. This is evidenced by the Community Health Needs Assessment and the designation of the South Side of Billings as a food desert. A food desert is an area that does not have access to local fresh and affordable produce. The Market operates June 11th through October 1st and features a variety of vendors, numerous payment options such as Supplemental Nutrition Assistance Program (SNAP), Women Infant and Children (WIC) benefits, and debit/credit, and cooking classes. The Market additionally has the opportunity to this year to provide match dollars for SNAP participants. If there is interest in learning more about the market or becoming a vendor please call *651-6444*, email [*market@healthybydesignyellowstone.org*](mailto:market@healthybydesignyellowstone.org), or visit the [Healthy By Design website](http://www.healthybydesignyellowstone.org/initiatives/gardenersmarket/) for more information.

**Report Outs:**

Built Environment:

* The workgroup has had the opportunity to assess what they want to do with or without the recent American Planning Association/American Public Health Association grant that was not received.
* The city council recently asked for an update about [complete streets](http://www.healthybydesignyellowstone.org/initiatives/completestreetsimplementation/), it was a good educational opportunity for the city council as many of them were not on the council when it was implanted
* Short term action plan:
  + Promote the [commuter challenger](http://www.mtcommuterchallenge.org) that occurs during the month of May. Click on the link to register.
  + Support complete streets implementation
  + Partner with planning department on neighborhood tune up
* Long term
  + Trails RX program which would include having providers write prescriptions for walking/physical activity

Worksite Wellness:

* Adapted a new purpose statement:
  + To foster an atmosphere of preventative wellness through the support of policy, system, and environmental changes at local businesses, and recognition of business events that are Healthy by Design
* Have begun focusing on four priority areas as a workgroup:
  + Identify caterers and food establishments
  + Include [5-2-1-0](http://www.healthybydesignyellowstone.org/initiatives/5-2-1-0-it-all-adds-up/) message and all branding used for recognizing events
  + Define scope of [event recognition](http://www.healthybydesignyellowstone.org/initiatives/eventrecognition/) prior to recruitment
  + Showcase active routes to events

Health Equity

* [Active Living Every Day](file:///U:\ALED%20One%20Page%20Flyer%20Summer%20%202015b.jpg)  is in its 4th year with one more year to go under the [Office on Women’s Health](http://www.healthybydesignyellowstone.org/initiatives/gender-disparities-in-yellowstone-county/owh/) grant.
* Working to get Institutional Review Board (IRB) approval to be able to gather long-term research data related to an economic analysis for the project.
* The next session of classes will begin on June 15th. Visit the [Healthy By Design Facebook](https://www.facebook.com/HBDyellowstone) page for more details and the class schedule. For more details or to register please call 247-3271 or email [info@healthybydesignyellowstone.org](mailto:info@healthybydesignyellowstone.org)