



Virginia Lee Mermel, PhD, CNS
School Wellness Coach

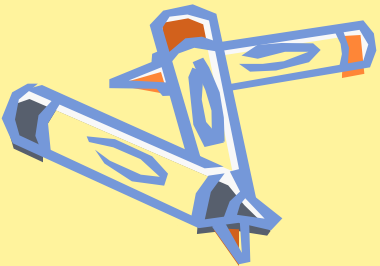
MT TEAM NUTRITION

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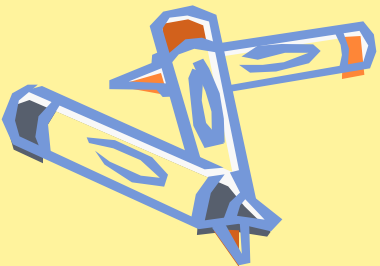
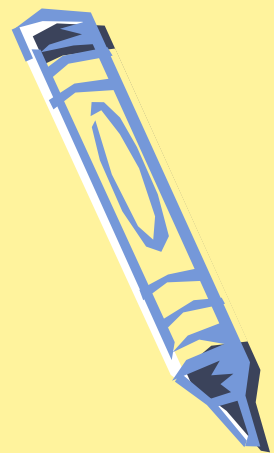
3 Target Areas

- Improve Nutrition & Physical Activity
- Connect with Funding & Resources
- Assist with HUSSC Applications



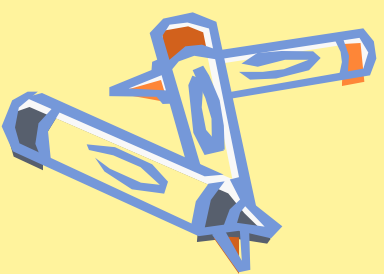
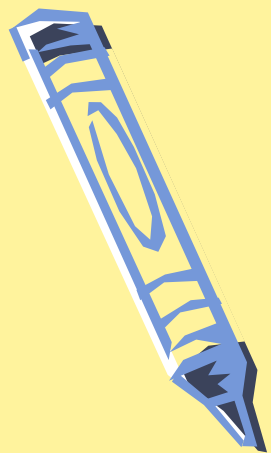
Improve Nutrition & PA

- Breakfast- the New Meal Pattern,
↑ schools Serving Breakfast & %
Participation
- Physical Activity- Structured Recess &
Brain Breaks

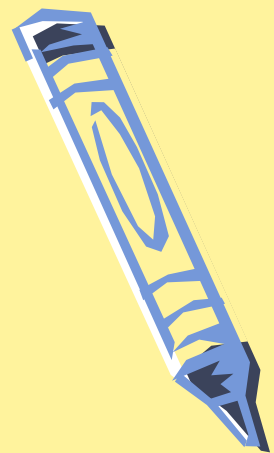


Resources

- Nutrition Edu Curriculum, including school gardens
- Grants and other funding opportunities



HUSSC AWARDS



OMB APPROVED NO. 0584-0524
Expiration Date: 06/30/2016

Food and Nutrition Service (FNS)
HealthierUS School Challenge
Recognizing Excellence in Nutrition and Physical Activity

