

Physical Activity, Education and Promotion Resources:

- **Move to Learn**
www.movetolearnms.org
- **Spark**
www.sparkpe.org
- **Adventure to Fitness**
www.adventuretofitness.com
- **Jam School Program**
www.jamschoolprogram.com
- **5-2-1-0**
www.letsgo.org
- **My Fitness Pal**
www.myfitnesspal.com
- **Fuel Up To Play 60 (FUTP60): Physical Resources**
www.fueluptoplay60.com
<http://school.fueluptoplay60.com/playbook/playlist.php?type=Physical%20Activity>
- **CDC Making Health Easier: Burn to Learn**
<http://makinghealtheasier.org/burntolearn>
- **Montana Team Nutrition: Recess Before Lunch Guide**
<http://healthymeals.nal.usda.gov/state-resources/recess-lunch-guide-success>
- **Strategies to Improve the Quality of Physical Education**
www.1.usa.gov/1aozUdR
- **Playworks: Play And Recess To Support Social-Emotional Learning**
www.playworks.org
- **Let's Move Active Schools**
www.letsmoveschools.org

Nutrition:

- **All USDA curriculum**
<http://www.fns.usda.gov/team-nutrition>
- **Serving Up My Plate: A Yummy Curriculum**
<http://www.teamnutrition.usda.gov/Resources/servingupmyplate.htm>
- **Nutrition Voyage: A Quest to Be Your Best**
<http://www.fns.usda.gov/tn/nutrition-voyage-quest-be-our-best>
- **New Garden Curriculums (including: Grow It, Try It, Like It; Dig In; and the Great Garden Detective)**
<http://www.fns.usda.gov/farmtoschool/school-gardens-and-garden-curriculum>
- **Healthier Middle School Resource Guide**
<http://www.fns.usda.gov/hussc/healthierus-school-challenge>
- **School Wellness Policy (Office of Public Instruction)**
http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/swellness.html
- **FoodMASTER (Free curriculum available)**
<http://www.foodmaster.org/index.html>
- **Veggie U (Classroom Garden Kit)**
<http://www.veggieu.org/index.php/teacher-s-lounge/veggie-u-in-my-classroom>

Connections between Health and Academics:

- **The Influence of Childhood Aerobic Fitness of Learning and Memory**
<http://www.plosone.org/article/info:doi/10.1371/journal.pone.0072666#pone-0072666-g002>
- **Health in Mind Report: Improving Education Through Wellness**
<http://healthyamericans.org/report/96/>
- **School Breakfast - Improving Attendance, Health and Behavior: Moving Breakfast Out of the Cafeteria**
http://aasa.org/uploadedFiles/Childrens_Programs/School_Breakfast/School%20Breakfast_Winter2013.pdf
- **The Learning Connection: What You Need to Know to Ensure Your Kids Are Healthy and Ready to Learn**
http://www.actionforhealthykids.org/storage/documents/pdfs/afhk_thelearningconnection_digitaledition.pdf
- **The Wellness Impact: Enhancing Academic Success Through Healthy School Environments**
<http://www.nationaldairyCouncil.org/ChildNutrition/Documents/Wellness%20Impact%20Report.pdf>
- **Colorado Legacy Foundation**
<http://colegacy.org/resources/>

Food Safety:

- www.fightbac.org
- <http://www.brevis.com/>

Clubs & Events:

- **Yellowstone Elementary School Cross Country Meet**
www.Yes.bigskygames.org
- **Big Sky Fit Kids (and Big Sky Fit Kids Day)**
www.Bigskyfitkids.org
- **Fit Kids Club**
www.Fitkidsclubs.org