Making the healthy choice the easy choice

January 2017

Healthy By Design Updates

2017-2020 Community Health Improvement Plan (CHIP)

Healthy By Design Coalition members and task groups are in the process of planning and implementing new initiatives as part of our next CHIP cycle. To learn more, read our first 6 month CHIP Progress Report, covering July - December 2017, found here.

The "Healthy Weight Steering Committee" (a combination of former Healthy Weight workgroups) met on Tuesday, February 6th from 10:30am - 12:00 noon at RiverStone Health. If you would like to join us next month on March 6th at 10:30 am - 12 noon, please contact Melissa at melissa.hen@riverstonehealth.org or 651-6569.

CHIP Initiatives Update

News from current Healthy By Design task groups:

- Two new task groups, focusing on 1) healthy food vendor recognition and 2) creating welcoming spaces through fun activities, met in January to develop action plans.
- A small team focused on joint, shared, and open use agreements met in December to design an environmental scan to learn more about current practices in Yellowstone County.
- The Parks Rx team will be hosting several focus groups in February and March, and will begin map development and promotional activities soon after.
- The Healthy Neighborhood Project hosted a neighborhood steering committee meeting to gather resident feedback on entryway signage designs and the traffic signal box wrap initiative. Project teams are also finalizing a call for proposals for a grocery store market analysis and preparing for the 2018 neighborhood gardening season.

To learn more about what these task groups are working on, please follow us on facebook or consider attending a Healthy Weight Steering Committee. Task groups are always accepting new members - please contact us if you would like to get involved!

Healthy By Design Calendar

Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, HBDYC.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the events page.

Partner Highlights & Connections

Condolences

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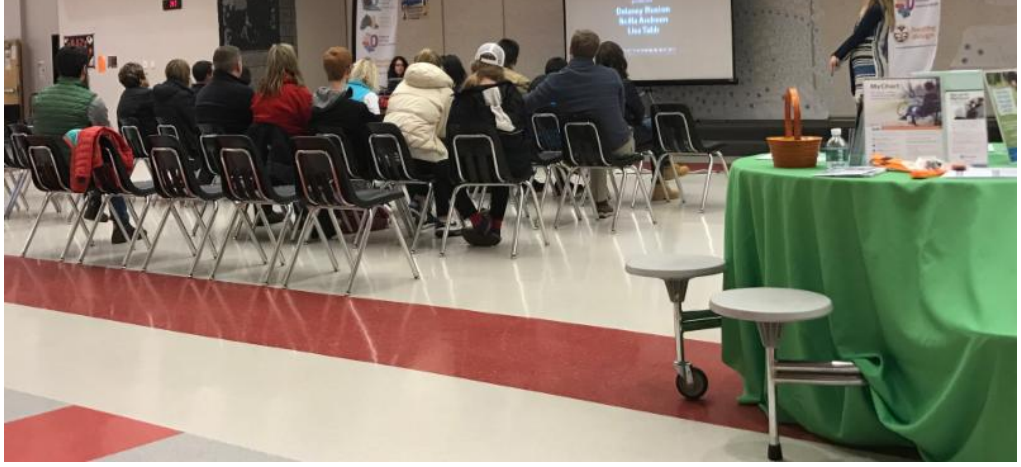
John King, (of King Family Farms), a long time Healthy By Design Gardeners' Market vendor, was killed in a car accident on 12/28/17. His obituary can be found at: http://billingsgazette.com/lifestyles/announcements/obituaries/john-frog-patrick-king/article_bfbd2e11-c0e9-587f-80eb-73ccd69d5e7b.html

Our thoughts and condolences go out to his parents, Kathy and Clint King, and the entire King family. His laugh, smile and simple acts of kindness will be missed by market staff and customers alike.

Screenagers Public Viewing

RiverStone Health, Yellowstone Counseling Center, St. Vincent Healthcare Community Partnership Committee & SCL Health, and an anonymous donor provided free public viewings for the pediatrician produced documentary: *Screenagers*. The viewing dates were January 30th at Laurel High School, January 31st at Lockwood Middle School, and February 1st at School District Two. Thank you to Montana State University Billings, Steepworld, the Grand Escape Room for your donations for the raffles.



Ideas for decreasing screen time could include: Billings Chess Club (Thursdays at 7pm at the Starbucks located at 9th and Grand, Contact Dan Mattson at 406-490-3983 for more information), Rocky Mountain College and MSUB Sporting events, Steepworld (indoor rock climbing facility), Billings Escape Room, and Grand Escape Room.

Box Wraps

Do you know a local artist or artistic group? As part of our South Side - Healthy Neighborhood Project, we are wrapping traffic signal boxes around the neighborhood with community art. We are seeking design submissions from local residents that celebrate the theme, the South Side - the Bright Side of the Tracks! Submissions from residents and community groups within the neighborhood will be given priority, and all applications must be received by March 31st 2018. View the application here or email info@hbdy.org with any questions.

In the News...

Lockwood Business Helps with Pedestrian Safety

Local business honored for implementing a pedestrian safe design that will make Lockwood safer for walking. Read article here.

Group Working to Bring Grocery Store to South Side

The South Side has been without a full-service grocery store since IGA moved out of the building on State

Avenue in 2013. Read more here.

Find us on Facebook
Looking for ways to have healthier holidays this year? Follow us on Facebook to receive tips.

Want to learn how to apply for event recognition? Click **here**.

Interested in adding content to our newsletter?

Contact Us

Healthy By Design
info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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