Making the healthy choice the easy choice

October 2017

## **Healthy By Design Updates**

#### **Farewell and Welcome**

Healthy By Design would like to wish Hayley Mandeville nothing but the best on her next journey. Hayley served as a Public Health Associate with Community Health Improvement at RiverStone Health for almost two years while supporting Healthy By Design. Her primary roles included engagement in the execution and publishing of the 2016-17 Community Health Needs Assessment, participating in work groups active with the 2014-17 Community Health Improvement Plan, and supporting partner organization United Way of Yellowstone Valley in redesigning and refining the Montana211 website. Hayley is now serving as a Research Associate for the Center for Outcomes Research and Evaluation at Maine Medical Research Institute in Portland, Maine.



We would like to welcome Janiel Olson to our team. Janiel Olson is a Billings, Montana native. She received both her Bachelor's degree in Business Management and Master's degree in Healthcare Administration from Montana State University Billings while playing Women's Basketball for the Lady Jackets. Janiel has previously worked in the areas of program development and employee wellness. Janiel will fill the role as a Community Health Improvement Specialist supporting Healthy By Design.



## **Healthy By Design Calendar**

Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, HBDYC.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the <u>events page</u>.

## **Healthy By Design Coalition Celebration**

When: November 7th, 4:00-5:30 pm

Where: St. Vincent Healthcare, Mansfield

Health Education Center, Burns East Auditorium

**Details:** Join us as we reflect on progress, have some fun, share future vision, and

discover opportunities to engage with Healthy

By Design. Please RSVP at info@hbdyc.org



Thank you to everyone who participated in our **Parks Rx mapping activity** on Saturday, October 14th. If you or your organization would be interested in participating in a park mapping activity of Pioneer or North Park, or a focus group related to this project, email <a href="mailto:info@hbdyc.org">info@hbdyc.org</a> or call Melissa 651-6569





## **Partner Highlight**

The 2017 **Montana Healthy Communities Conference** held in Helena, MT November 1-2 will be hosting several Healthy By Design Partners at its "What Works in Montana" poster session.

#### Partners include:

- 1. The **Care Transitions Team** of Yellowstone County, housed at Adult Resource Alliance is focused on supporting complex patients in our community by providing intensive support to increase quality of life and access to services.
- 2. **Healthy Neighborhood Planning** project focusing on community based engagement, including focuses on food access and placemaking on the South Side, led through an advisory group facilitated by RiverStone Health.
- 3. The City of Billings' led **Kids In Motion** trailer, empowering youth to make safe and healthy active transportation decisions. In partnership with School District #2, St. Vincent Healthcare and Education Foundation for Billings Public Schools.

Want to learn how to apply for event recognition? Click <u>here</u>.

#### HBD in the Media...

### The State of Childhood Obesity

Communities that have taken comprehensive obesity-prevention approaches are seeing signs of declining childhood obesity rates. Note Healthy By Design on page 85. Click here for full report

#### Women's Health Issue

A published article features the work of the Healthy by Design Coalition's Complete Streets policymaking process, recognizing perspective gathered from gender focused efforts supported through a U.S. Department of Health and Human Services Office on Women's Health grant focused on increasing physical activity. Healthy by Design: Using a Gender Focus to Influence Complete Streets Policy

# Women's The 100th Issue of Yellowstone Valley Women Features Healthy By Design

Check out the article featuring the work of the Healthy By Design Coalition, highlighting our own Heather Fink: <a href="https://www.yellowstonevalleywoman.com/cover-story-10-women-building-up-community/">https://www.yellowstonevalleywoman.com/cover-story-10-women-building-up-community/</a>

## Interested in adding content to our newsletter?

## **Contact Us**

Healthy By Design info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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