Healthy By Design Updates

2017-2020 Community Health Improvement Plan (CHIP)

Task groups continue to advance community-driven initiatives to promote healthy eating and active living through policy, systems, and built environment initiatives. Many have been underway, but all are accepting new members. Groups typically meet once a month, and designate a point person to report out during Healthy Weight Steering Committee meetings. All task group members are welcome to attend the steering committee meetings, but if time is limited, this provides an opportunity to focus capacity where it matters most - at the action level.

Task groups will emerge throughout this 3-year cycle so keep an eye out for more updates! To RSVP for the steering committee, or to learn more about Healthy By Design, contact Melissa (651.656.9900 or Melissa.hen@riverstonehealth.org).

CHIP Initiatives - Task Group Updates
Healthy Neighborhood Project

- Next South Side Resident Meeting - Thursday, May 10th from 6-7pm at Passages. All South Side residents are welcome to attend. Visit www.hbdyc.org/healthy-neighborhood-project for more information on this project or email info@hbdyc.org to be added to a separate monthly e-newsletter.

Parks Rx

- Seeking a veterinarian, located near either Pioneer or North Park, that may be interested in 'prescribing' parks maps to dog owners as part of the Parks Rx pilot project. If so, please contact Eden (eden.sow@riverstonehealth.org). We would provide maps, and fun promotional items like leashes.

Healthy Food Retail - Healthy Food Truck Menu Initiative

- Food truck vendors participated in a focus group on April 4th and expressed interest in exploring opportunities to offer more healthy menu options to customers.
• We are in the process of developing next steps; if you are interested in helping develop this initiative contact info@hbdyc.org.

Healthy By Design Gardeners’ Market

• The first market is fast approaching on Thursday, June 14! If you know anyone that would be interested in selling eggs, produce, or crafts at the market, email market@healthybydesignyellowstone.org to get on the list for May vendor trainings. More information about the market can be found at www.hbdyc.org/market.

Welcoming spaces and Joint/Shared/Open Use

• The committee has entered a draft of the shared/open use survey into Survey Monkey and will be sending it out soon.

To learn more about what these task groups are working on, please follow us on Facebook or consider attending a Healthy Weight Steering Committee. Task groups are always accepting new members - please contact us at info@hbdyc.org if you would like to get involved!

Healthy By Design Calendar
Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, HBDYC.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the events page.

Partners in the News

Girls‘N'Science
Healthy By Design team members had a great time at Girls‘N'Science on April 14th. Attendees helped collect and analyze community health data related to the 5-2-1-0, and provided some great tips on how to promote health in Yellowstone County!

Better Off in Billings
Coalition member organization BigSky Economic Development hosted Better Off in Billings, a day long conference focused on placemaking and workforce recruitment for our city. Several Coalition partners were on hand to share how they are making Billings a better place to live, work, and play.
Upcoming Coalition Member Events

3rd Annual Tour de Fleur
Billings TrailNet is hosting the 3rd annual Tour de Fleur on Sunday, May 6th. To learn more, visit https://billingstrailnet.org/events/tour-de-fleur/

Pink Ribbon Bingo
Healthy By Design will be hosting a booth during a health expo at Pink Ribbon Bingo at the Shrine Auditorium on Tuesday, May 22nd. We are seeking volunteers to cover tabling shifts between 12noon - 6pm. If you are interested in helping out at the HBD table, please contact Melissa (melissa.hen@riverstonehealth.org)

Heart and Soul Run
Save the date Saturday, June 16th for our 39th Annual Heart & Sole Race in Billings, MT. The proceeds go towards the YMCA Annual Campaign and improving the Billings trail system through Billings TrailNet. For more information and registration https://heartandsolerace.org/

Find us on Facebook
Want to learn how to apply for event recognition? Click here.

Interested in adding content to our newsletter?
Contact Us
Healthy By Design
info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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