Healthy By Design Coalition Monthly E-Newsletter

How is Healthy By Design taking a "space" to a "place" in our community? Find out and get involved!

IN THIS NEWSLETTER (click to jump to a section)....

Community Health Needs Assessment
Community Health Improvement Plan
Ongoing HBD Initiatives
Recognition Opportunities
Healthy By Design in the News
Events & Announcements
Montana Legislature

Please enjoy and contact us to learn more about anything Healthy By Design related:

Email: info@hbdyc.org
Phone: 406.247.3394
Website: www.hbdyc.org
2019-2020 Community Health Needs Assessment (CHNA)

Planning is underway for the 2019-2020 CHNA. The CHNA is conducted every 3 years on behalf of the Alliance, a collaboration of Billings Clinic, RiverStone Health, and St. Vincent Healthcare. The purpose is to monitor and identify our community's health needs and status, to inform a collaborative response. Stay tuned for important updates and opportunities to get involved!

If you have questions about any of these activities or the CHNA process in general, please contact Melissa, Community Health Improvement Manager, by emailing info@hbdyc.org or calling 651.6569.

2017-2020 Community Health Improvement Plan (CHIP) Updates

The Healthy Weight Steering Committee is made up of diverse community organizations and individuals. At the monthly meeting, members report out on task group projects and make decisions on CHIP initiatives.

The next Steering Committee meeting is Thursday, May 23, 11:30 am - 1 pm

Contact us if interested in joining this committee or any task group -- we are always accepting new members.

Creative Placemaking

We are excited to announce that Healthy By Design received a Space2Place grant from Big Sky Economic Development!

These funds will be used to install student-designed art along Safer Routes to Schools at two local elementary schools to encourage walking, biking, or rolling to school. We need task group members! Let us know if you want to get involved with this fun, creative, and student-centered project.

Coalition Member Capacity + CHIP Support Grant

Healthy By Design received a grant in September 2018 to bolster member capacity to lead CHIP initiatives.

We are excited to announce a training opportunity coming up in June! Warm Cookies of the Revolution, a Denver-based civic engagement group will share their unique community engagement efforts via webinar at our monthly Healthy
Healthy Neighborhood Project: South Side, the Bright Side of the Tracks

Current initiatives include: neighborhood grocery store, gardening resources, and celebrating the Bright Side of the Tracks branding through box wraps, a mural, entryway signage, and the South Side Stories walking route project.

- The proposed design for a South Side community mural has been approved. Join us to help paint the design on the South Park pool on Thursday, June 20th! More details to come.
- Stay tuned to see which local art will be selected by South Side residents to be installed as the newest traffic signal box wraps in the neighborhood.
- The grocery store committee has been learning about different models from outside experts who are making it work in their communities. Check out the summaries of six different models for food access!

Visit the project website or email us to get added to the Healthy Neighborhood Project newsletter.

Parks Rx

You can help spread the word about the Parks Rx maps and the health benefits of enjoying parks (for both humans and their furry companions) by distributing this handout. Please visit the project page for more information and to download or print maps of your own.

Ongoing Initiatives

9th Annual Gardeners' Market is Seeking Produce Vendors!

The Healthy By Design Gardeners' Market starts on June 13th and runs through October 3rd. Join us every Thursday (except July 4) from 4:30 - 6:30 pm at South Park!

Opportunities to get involved with the Market this year:

- Do you have a backyard garden and/or chickens? Are you or someone you know interested in making some extra money over the summer? We are hosting vendor training workshops on May 20th and May 21st.
- Are you a musician? We offer music at the market twice each month. There is a stipend involved.
- Do you like encouraging healthy eating and active living with kids? Sponsor
To find out more information about being a vendor, musician, or to sign up for a POP or M@M activity, contact the Market Manager by calling 641.6403 or emailing her.

**Healthy Communities Initiative - Association of Chamber of Commerce Executives (ACCE)**

Jennifer and Melissa spent the month of April presenting on this project to local community groups and gathering ideas on next steps. This project seeks to empower businesses as activators of health through worksite wellness, employee engagement, and community partnerships. The result of all this planning will be announced in early summer 2019!

Contact: Jennifer [jennifer@billingschamber.com](mailto:jennifer@billingschamber.com) or Melissa [info@hbdyc.org](mailto:info@hbdyc.org).

---

**Recognition Opportunities**

**Healthy Food Vendors - It's Food Truck Season!**

If you want to see healthier options offered at your favorite local food truck, encourage them to seek Healthy Food Truck Recognition! The application is simple, and can be found [here](#).

If they ask, "*What's in it for me?*" tell them about our promotional perks! Recognized food trucks will be listed on our website, promoted among local event planners and via social media, and will receive a nifty decal to post in their truck window.

**Healthy Worksite Recognition - Highlighting Local Businesses**

Help us congratulate the following businesses, who are supporting employee health and wellness every day!

**PacificSource Health Plans - Gold Level**

PacificSource Health Plans is a national business, with a local office that supports employee wellness in a variety of ways. The Get Fit program provides employees reimbursement for race registration if it goes to a local charitable organization or cause. Starting this year, the Billings office will receive a weekly "fruit budget" so employees can enjoy fresh fruit while at work.

[Website: pacificsource.com/Home](https://pacificsource.com/Home)  
[Facebook: @PacificSource](https://www.facebook.com/PacificSource)

**RiverStone Health - Silver Level**
The Healthy Worksite Committee is seeking input and help with the next recognition cycle and creation of a local worksite wellness toolkit. Contact us if interested in joining the committee.

Event Recognition
Calling all events! If you have an event coming up and would like help promoting it, visit our website to check out the Event Recognition application. See below to check out the recognized events coming up in May!

Healthy By Design in the News
March was a busy month! Healthy By Design has been traveling across the United States to share our work with a national audience!
Healthy By Design member Maia Dickerson presented about the Healthy Neighborhood Project to the National Alliance of community Economic Development Association's (NACEDA) 2019 People & Places conference in Arlington, VA.

She was on a panel discussion about catalyzing healthcare and community development partnerships in rural and small cities.

Healthy By Design’s staff member Melissa Henderson traveled to Philadelphia, PA in March for the Open Forum for Quality Improvement and Innovation in Public Health. She presented on how multi-sector partnerships like Healthy By Design can improve community health. We were invited as part of a case study commissioned by the Robert Wood Johnson Foundation and completed by Health Resources in Action, which is now published and can be found here. Thanks to many of you who participated in HRiA’s site visit in November 2017.

Upcoming Coalition Member Events & Announcements

**Cinco de Mayo - HBD Recognized Event**
May 4 | 11 am - 2 pm | South Park Senior Center (901 S. 30th St.)
Come enjoy delicious Mexican food and dance!
Event is free to attend, food is $12.

**Plant Based Montana Nutrition Symposium - HBD Recognized Event**
May 18 | 9 am - 12 pm| Rocky Mountain College (1511 Poly Dr.)
Visit the organization's website for more information on this educational symposium.

**Kids In Motion (KIM) Needs Your Help!**

**Bags for Change:** KIM was selected to be a Lucky’s Market Bags for Change Partner. From February 3 - May 25, shop at Lucky’s Market and bring your own bags. When you check out, be sure to ask the cashier for one wooden dime for each reusable bag you use. On your way out, simply drop your wooden dimes in the slot for KIM!

**Volunteers Needed:** KIM needs all sorts of volunteers from survey takers to bicycle

Several bicycle repair events are coming up. The repair trailer will visit the following schools from 2:30-4:30 pm:

May 9: Rose Park | May 16: Bitterroot

Please visit KIM's website for more information or to sign-up.

Community Health in the Montana State Legislature
The 2019 legislative session ended on April 29th. Thank you to all who advocated to improve community health in Montana!