Healthy By Design Coalition Updates

2017-2020 Community Health Improvement Plan (CHIP)

The 12 Month Progress Report is live! Click on this link to read more on our Coalition's efforts and accomplishments between July 2017 - June 2018.

Over the next 2 months, Healthy By Design Coalition members will be focused on identifying initiatives for year 2 of our Community Health Improvement Plan. What does this mean?

- **Share your ideas!** If you have a suggestion for a new policy, system, or built environment initiative that will improve healthy eating or active living in Yellowstone County that you would like the Healthy By Design Coalition to take on, please reply to this email or call Melissa (651-6569) by Friday, October 5th with your ideas!

- Existing initiatives will continue unless they have been completed.

- New initiatives will likely grow out of existing projects that are ready to SCALE UP!

What does this planning phase look like?

- Task groups and Healthy Weight Steering Committee members will spend the next month updating current action plans, reflecting on current momentum, and determining how they might scale up current efforts in year two.

- Task groups will suggest 1-2 efforts for the broader Coalition to take on in year 2 by Friday, October 5th.

- Members of the Healthy Weight Coalition will be asked to vote on the next Coalition-wide initiative by the end of October.

- **Our next Healthy Weight Steering Committee meeting will be on Tuesday, November 6th from 10:30 am - 12:00 noon** at RiverStone Health. We will focus this meeting on outlining our next big initiative and metrics!

Task groups will emerge throughout this 3-year cycle so keep an eye out for more updates! If you are not already involved in the Healthy Weight Steering Committee and would like to participate in this process, or would like to learn more about Healthy By Design, contact Melissa, Community Health Improvement Manager, 651.6569 or info@hbdyc.org.

CHIP Initiatives - Task Group Updates
School Wellness Champions - Limited Time Recognition Opportunity!
Do you know someone who works in a local Yellowstone County area school that is dedicated to promoting wellness for staff, students, and families? Nominate him or her for the School Wellness Champion Award! Awardees will be recognized this fall, and will receive one school wellness kit for the classroom. There are four kits to choose from, available on a first-come, first served basis. Preference will be given to middle and high schools, and to champions who have demonstrated a commitment to wellness through policies, physical environment changes, or sustainable changes to school curriculum. Nominations are due by September 30.

To learn more, visit: [http://www.healthybydesignyellowstone.org/schoolwellness/](http://www.healthybydesignyellowstone.org/schoolwellness/)

Healthy Neighborhood Project
Current projects include: grocery store, neighborhood garden, gardening resources, box wraps, entryway signage, and the new the South Side Stories project with Western Heritage Center!

- Stop by the Phillips 66 Meet and Greet at South Park on September 6th starting at 5:00 pm to learn more about the South Side Stories project

- Thank you to Senator Margie MacDonald and MT House Candidate Amelia Marquez for meeting with us to discuss need for a South Side grocery store last week.

- Next Resident Meeting - Late September/early October 2018 (details TBD)

Visit [www.hbdyc.org/healthy-neighborhood-project](http://www.hbdyc.org/healthy-neighborhood-project) for more information on this project or email [info@hbdyc.org](mailto:info@hbdyc.org) to be added to a separate monthly e-newsletter.

Parks Rx
Maps for Pioneer and North Parks are complete and being printed as we speak. Promotional items for Parks Rx are also in the works and will be used by community partners of the project. Stop by the Healthy By Design booth at Saturday Live on Saturday, September 22nd at Pioneer Park to pick up a copy. Maps will also be available on the Healthy By Design and Parks and Recreation websites soon.

Healthy Food Retail - Healthy Food Truck Menu Initiative
The task group is finalizing a simple application that food trucks can complete to receive Healthy By Design healthy food truck recognition. The application will be debuted this fall in hopes of creating a list of food trucks with healthy options by spring 2019.

Healthy By Design Gardeners’ Market
School may be in session, but the Gardeners’ Market still has a month to go! Stop by this week during the Phillips 66 Meet and Greet at South Park to pick up some healthy produce and to enjoy music from Ellen and the Old School. Questions about the market?
Email [market@healthybydesignyellowstone.org](mailto:market@healthybydesignyellowstone.org).
For more information about the market, and a schedule of weekly events, visit www.hbdyc.org/market.

Welcoming Spaces
The choose your adventure popsicle activity is in Pioneer Park through September! People can find the popsicle birdhouses at two locations in the park (Parks and Recreation's maintenance shed near 3rd Street by the access road and on the North side of the Zimmerman Center). Participants can enter a raffle for HBD prizes by simply tagging Healthy By Design with #HBDParkPerks along with a photo of yourself doing the activity.

Joint/Shared/Open Use
The survey remains open and can be taken here. The goal is to create a list of spaces that local organizations or groups can use to help plan community meet ups or events that promote physical activity and social connections.

To learn more about what these task groups are working on, or to have your questions answered, please email info@hbdyc.org, call 651.6569, or consider attending a Healthy Weight Steering Committee. Task groups are always accepting new members!

Healthy By Design Calendar
Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, HBDYC.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the events page.

Upcoming Coalition Member Events and Announcements

Please welcome Hannah Groves, Healthy By Design's new Community Health Improvement Specialist!

Hannah is originally from Powell, Wyoming and in addition to her stellar welcoming places modeling, enjoys roller skating and eating brunch. Hannah Groves earned a Bachelor of Science in Biology with a minor in Mathematics from Rocky Mountain College and is currently working on her Certificate of Public Health through the University of Montana. For the past 3 years, she served as a Sanitarian for the Environmental Health Services division of RiverStone Health. As the Community Health Improvement Specialist, Hannah will play a key role in supporting communication and marketing related to the Healthy By Design Coalition. She will also support Coalition meetings, task groups, various Healthy By
Design initiatives, and the upcoming Community Health Needs Assessment. Welcome Hannah!

Volunteer(s) needed - Healthy By Design booth at Saturday Live!
On Saturday, September 22nd from 10:00am - 4:00 pm at Pioneer Park, Healthy By Design will be hosting a booth during Saturday Live, an all day, outdoor, family-oriented carnival that benefits Billings Public Schools. Our booth will feature healthy lifestyle trivia, 5-2-1-0 corn toss, and healthy prizes. If you would like to volunteer, please contact Melissa at 651-6569 or by email info@hbdyc.org. Volunteers can work any 2 hour shift of their choosing:

- 10:00am - 12:00 noon
- 12:00 noon - 2:00 pm
- 2:00 pm - 4:00 pm

To learn more about the event, including the Fun Run at 9:00 am, visit the event website.

Billings Family YMCA Nutrition Survey
The Billings YMCA is committed to increasing the number of Yellowstone County residents who are at a healthy weight. As part of this initiative, they are seeking community input on what types of nutrition topics would be most valuable. Please take a moment to take this brief survey Questions? Contact Jenny Miller, Health and Wellness Coordinator at 294.1628

Billings TrailNet’s Annual Fundraiser - Ales for Trails
The 2018 Ales for Trails fundraiser will be held this Friday, September 4th at Zoo Montana. To learn more, visit the event website.

Community Health on the Ballot - Initiative 185
Many of you have probably heard mention of I-185, a ballot initiative that would increase the tax on tobacco products, including e-cigarettes, sold in Montana. If passed, funds generated are designated for our state’s Medicaid expansion program, veterans services, tobacco-use prevention, and programs serving seniors with disabilities. Several of our Coalition member organizations, including Billings Clinic, St. Vincent Healthcare, and the Billings Chamber of Commerce have endorsed this ballot initiative. To learn more, keep an eye out for your Voter Information Pamphlet, which should arrive in the mail in early October. In the meantime, you can view the ballot language here.

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Want to learn how to apply for event recognition? Click here.

Interested in adding content to our newsletter?

Contact Us
Healthy By Design
info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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