Healthy By Design Coalition Monthly E-Newsletter

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Did you #OptOutside last week? Post your active pics on our Facebook page!

Like Us On Facebook!

You can still weigh in on the Community Health Public Forum

The Public Forum took place on November 22nd. We had an amazing turn out! There is still an opportunity for those who could not make it to get a preview of the data and let us know which Areas of Opportunity should be prioritized.
Data Preview of 2019-20 Community Health Needs Assessment

Watch the data presentation video above and then visit our website for a virtual prioritization activity by December 4th!

2019-2020 Community Health Needs Assessment (CHNA)

On Friday, November 22nd, we hosted a public forum which included a healthy lunch, an overview of the forthcoming CHNA data, and an opportunity to those who attended to weigh in on our community's most pressing health priorities. This was one of our final steps in the 2019 - 2020 CHNA process. We cannot thank everyone who participated enough. We want to extend our gratitude to anyone who helped make the latest CHNA a success, including the following:

- CHNA sponsors: Billings Clinic, RiverStone Health, & St. Vincent Healthcare
- CHNA Work Team, including City-County Planning and Community Services!
What happens next?

- **Full Yellowstone County CHNA to be officially published in early 2020!** Data shared at the forum was just a sampling of the full report. This 200+ page report will have all of the data that we couldn't fit into the presentation, plus easy to read graphics that highlight how we're doing over time, and compare to the state and US. We will publish the report on our website and will hold a press conference to announce the release in the coming months. Stay tuned! The 2017 CHNA report is available on the Coalition's website for those who would like an example of what to expect (link above).

- **Continuing the Conversation - Topic-Specific Deeper Dives**
  Throughout spring 2020, we will organize a series of topic-specific meetings for each of the 13 Areas of Opportunity identified that we're calling "deeper dives". These discussions are open to anyone who is interested, and will provide an opportunity to dig deeper into the full data, meet others working in a topic area, identify gaps, and create opportunities for partnership among attendees. If you would like to be included in a deeper dive, please complete this interest form: [https://www.surveymonkey.com/r/DeeperDives2020](https://www.surveymonkey.com/r/DeeperDives2020)

If you have questions about any of these activities or the CHNA process in general, please contact Melissa, Community Health Improvement Manager, by emailing info@hbdyc.org or calling 651.6569.

2017-2020 Community Health Improvement Plan (CHIP) Updates

The Healthy Weight Steering Committee is made up of diverse community organizations and individuals. At the monthly meeting, members report out on task group projects and make decisions on CHIP initiatives.

**Contact us** if interested in joining the Healthy Weight Steering Committee or any other task group -- we are always welcoming new members!

Healthy Weight Steering Committee

The current CHIP ends in June 2020, and we are planning to finish strong! On **December 5th**, we are hosting two separate strategy discussions instead of the usual monthly meetings in November and December. We are excited to rally behind these two strategies during the final months of the CHIP!
Join us for either conversation on Healthy Affordable Foods or Welcoming Places for Social Connectedness (aka "Creative Placemaking").

2018 - 2019 Coalition Member Capacity + CHIP Support Grant

Healthy By Design received a grant in September 2018 to bolster member capacity to lead CHIP initiatives. In December, we have partnered with United Way of Yellowstone County to bring in a local expert for a Collective Impact Workshop. Multiple coalitions will come together to learn and get inspired for future work on complex issues in our community.

If interested in learning more about Collective Impact or joining this free workshop on December 11th, let us know!

Healthy Neighborhood Project: Funding Received for Another Year!
Healthy By Design received additional funding from the Kresge Foundation to continue our work in the South Side neighborhood. We are currently meeting with residents and stakeholders to plan projects for 2020. We can't give too much away, but to give a few hints... you can look forward to poetry, podcasts, & more community and business engagement opportunities!

Other announcements:

Get your Bright Side of the Tracks T-Shirt! We are giving away t-shirts to South Side residents with the neighborhood’s brand. If you live, work, play, learn, pray, or have another connection to the South Side email us or call 406-247-3394 to pick up a free shirt.

Faces of the South Side Box Wrap We will be wrapping more utility boxes with art in the spring and for one of them, we need YOU to come in and have a black and white photo taken. If you live on the South Side, please arrange to come in and pick up your t-shirt and get your portrait taken so you can be featured as public art in your neighborhood!

We will also be hosting a few pop-up events over the winter/spring so stay in touch for more photo opportunities.

South Side Stories Walking Routes
Routes are finalized and maps are ready! Two walking routes have been created in partnership with Western Heritage Center.

Check out the neighborhood from the eyes and voices of its residents by clicking on the maps to the right.
Visit the project website or email us to get added to the Healthy Neighborhood Project newsletter.

Creative Placemaking
Parks Rx
Our local parks are great places to be active, even through the winter! We challenge you to explore Pioneer and North Parks with our Parks Rx maps this December.

Creative Placemaking + Safer Routes to School
As part of a campaign to show residents all the great things they do, Public Works has asked Healthy By Design to showcase the street sign toppers along safer routes to school by Newman and Orchard Elementary Schools.

Q2 filmed us for the Public Service Announcement - check out the picture of the video shoot. We are so happy to spread the word on all the many community services Public Works provides. Look for the PSA soon!

In the spring, we will be doing more street sign toppers for two more schools in Yellowstone County.

Ongoing Initiatives

Gardeners’ Market - 2019 Summary Available
Market staff work hard to evaluate the market every year to improve our processes and offerings at the market. We want our customers and vendors to have the best experience possible as well as make sure we are making a difference in food access!

We are pleased to share the 2019 Gardeners’ Market Summary so you can see for yourself all the work we have done and continue to do.

Activate Billings Learning Lab
We’re nearly half way through the first ever Activate Billings series! Our next session on Thursday, December 12th will focus on activating work spaces through creative placemaking, and will include a special challenge you will not want to miss. Learning sessions are designed to help you focus on the individual employee, team dynamics, corporate culture, and community engagement as we work together to Activate Billings. All sessions are from 1 - 5pm and held at the Billings Chamber unless otherwise noted.

If you or your employer are interested in participating, contact Jennifer jennifer@billingschamber.com or Melissa info@hbdyc.org. To find out more information about this project, visit the Chamber's website.
Recognition Opportunities
Healthy By Design has several initiatives to recognize and celebrate organizations and individuals in our community who are helping to make the healthy choice the easy choice.

For more information, visit our Recognition Opportunities page.

Event Recognition/Healthy Food Vendors...Earn Up To $100 For Your Event!
For a limited time receive up to $100 in Healthy Food Bucks for choosing a Healthy By Design Recognized Food Truck as part of your event.

- Here's how: Event organizers who fill out the Event Recognition application and have 100% of food supplied by a recognized food truck(s) will receive $100. Events that have 50% of food supplied by a recognized food truck(s) will receive $50. During or after your event, send a photo of your food truck to us via email or to our Facebook page to receive your Healthy Food Bucks.

- Worried about talking to food trucks about healthier options? Food trucks have a limited menu because of their size, and most are happy to tailor what they are serving based on your event needs. Check out our tip sheet for requesting healthier options.

- Encourage Food Trucks to apply for recognition! Print this Healthy Food Truck Vendor Application and encourage your favorite food trucks to apply!

- Book already recognized food trucks for your events. You can find them on the Healthy Food Truck page for recognized Food Trucks.

Healthy Worksite Recognition - Highlighting Local Businesses
The local Healthy Worksite Toolkit is almost ready! Let us know if you would like receive a copy when finalized, or stay tuned here for the announcement. Another round of Healthy Worksite Recognition is slated for early 2020. We cannot wait to see who applies!

Healthy By Design in the News
Healthy By Design Coalition members traveled to New Orleans in November for an annual Krewe FreshLo grantees meeting. Each year, this convening provides representatives from each of the 23 grantees communities with an opportunity to learn from one another, share tips and tricks, and engage in conversations with national funders about the importance of longer term, place-based investing. The 2019 meeting also focused on the importance of acknowledging the role of culture in community revitalization and how to share stories about longer term projects in a time when people are more interested in news snippets and flashy headlines.

Pictured: New Orleans public art (top), a local conference attendee studies the local culinary arts culture while listening to a brass brand in the French Quarter neighborhood (bottom)

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**Upcoming Coalition Member Events & Announcements**

**Activate Billings Workshop Series**

**Session #3 - Thursday, December 12th | Billings Chamber of Commerce**

Learning sessions are designed to help your organization focus on individual employees, team dynamics, corporate culture, and community engagement as we work together to Activate Billings. Participation in all 6 sessions is encouraged, but not required.

To learn more information, [visit the website](#).

**Sign up to be a Snow Buddy!**

The Code Enforcement Division is looking for a few good volunteers to be Snow Buddies. If you are willing to be available to shovel sidewalks for those in need in the City, please call Trina, Code Enforcement Clerk at 237-6146.

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Interested in adding content to our newsletter?  

[Contact Us](#)

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Mission: To collaborate with partners across sectors of the community to promote and improve health.