Healthy By Design Coalition Updates

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Please enjoy and contact us to learn more about anything Healthy By Design:

Email: info@hbdyc.org
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Website: www.hbdyc.org

2019-2020 Community Health Needs Assessment (CHNA)

It is hard to believe, but three years have passed since the last Community Health Needs Assessment (CHNA) and it is time to conduct another one.

For the next couple of months, the CHNA work team will:

- Assemble leaders, community connectors, and those with lived experience to advise the CHNA process
- Collect information on community data
If you have questions about any of these activities or the CHNA process in general, please contact Melissa, Community Health Improvement Manager, by emailing info@hbdyc.org or calling 651.6569.

2017-2020 Community Health Improvement Plan (CHIP) Updates

The Healthy Weight Steering Committee is made up of diverse community organizations and individuals. At the monthly meeting, members report out on task group projects and make decisions on CHIP initiatives. Contact us if interested in joining this committee or any task group -- we are always accepting new members.

Next meeting is Thursday, March 28, 11:30 am - 1 pm where we will discuss the following projects:

Creative Placemaking

At the February Healthy Weight meeting, members helped design potential creative placemaking activities that will be used to complement Safer Routes to Schools walking routes as encouragement for physical activity and to help kids and the community find their way while walking, biking, or rolling.

In March, we will identify school partnerships using criteria developed by members and apply for funding for one of several creative way-finding ideas proposed at the meeting.

Coalition Member Capacity/CHIP Support Grant

The Coalition received a grant in September 2018 to bolster member capacity to lead CHIP initiatives. Currently, we are scheduling external training(s) on Collective Impact in partnership with United Way of Yellowstone County.

Coalition members can look forward to training and leadership development and assisting with allocation of remaining grant funds via a participatory budgeting (PB) process, among other opportunities.

Find out more on PB by watching this short video - Real Money, Real Power: Participatory Budgeting.
Healthy Neighborhood Project: South Side
Current initiatives include: grocery store, neighborhood garden, gardening resources, box wraps, entryway signage, and the South Side Stories project with the Western Heritage Center.

- The next neighborhood resident meeting will be held on Thursday, March 28th from 5:30 - 6:30 pm at the South Side Senior Center (901 S. 30th). Attendees will enjoy a meal together and help a local artist design a community mural!

- Two more box wraps will be installed this year. The theme will once again be The Bright Side of the Tracks. The call for artists will be announced next month.

- The interview period for South Side Stories is officially closed. The team is identifying themes and will soon create walking routes (complete with a brochure or map) based on these themes so that residents and visitors alike can enjoy the rich culture and history of the neighborhood.

- A grocery store workshop is planned for the beginning of April. This workshop is designed for the work team to learn more about successful grocery store models/concepts that might also work on the South Side. Call Marguerite at 406.247.3250 to learn more about this workshop.

Visit the project website or email us to get added to the project-specific quarterly newsletter.

Parks Rx
The Parks Rx task group will distribute maps and 5-2-1-0 swag in the next couple of months to partners, including several veterinarian clinics. You can help us spread the word about the Parks Rx maps and the health benefits of enjoying parks (for both humans and their furry companions) by distributing this handout.

On-Going Initiatives

Healthy Communities Initiative- Association of Chamber of Commerce Executives (ACCE)
Jennifer Reiser of the Billings Area Chamber of Commerce and Melissa Henderson of the Healthy By Design Coalition need some help from our members. They are seeking:

- Local examples of creative placemaking in the workplace;
- Businesses or organizations interested in participating in an emerging activators of health learning lab that will focus on creative placemaking as a tool to attract and retain a qualified workforce;
- Examples of employee engagement surveys or measurement tools you are using!

Contact Jennifer jennifer@billingschamber.com or Melissa info@hbdyc.org.
Healthy By Design Gardeners’ Market - Direct SEED Grant Update
We have been collecting data on how to best serve and encourage participation by the seniors in our community. If you are interested in getting more involved in this task group please contact Maia at maia.dic@riverstonehealth.org.

If you have general questions about the Gardeners' Market, you can email us or visit the Market's website.

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Recognizing our Community

Healthy Worksite Recognition - Highlighting Local Businesses
This month, we would like to highlight the following businesses and some of their unique and innovative worksite wellness initiatives:

CTA - Gold Level

[Image of CTA]
CTA is a local engineering, architecture, and design firm that has amazing worksite wellness amenities such as a stylish community kitchen space and foosball and ping-pong tables. These are innovative examples of ways businesses can promote physical activity, good nutrition, and social connection among staff.

Website: ctagroup.com/billingsofficewith/ Facebook: ctabillings

Granite Health & Fitness - Gold Level

[Image of Granite Health & Fitness]
Granite Health & Fitness is a fitness center with three locations in Billings. It is no surprise that they do a great job encouraging employees to prioritize physical activity! Granite provides body composition scans and encourages staff to work out any time (even during their shift) by providing free day care to employees.

Website: granitebillings.com Facebook: GraniteBillingsFit, GraniteBillingsSport, & granitebillingsexpress

The Healthy Worksite Committee is seeking input and help with the next recognition
Healthy Food Retail - Healthy Food Truck Recognition
Applications are now available. Click here to take a look. Help us encourage food trucks to apply by handing your favorite food truck vendor the application.

Event Recognition
Calling all events! If you have an event coming up and would like help promoting it, visit our website to check out the Event Recognition application.

Healthy By Design in the News
Nothing to report, but check back next month.

Upcoming Coalition Member Events & Announcements

**Ride Tour de Fleur with Billings TrailNet**
Tour de Fleur is a bike ride event celebrating women, spring, and the joy of bicycling. This year, it will be on **Sunday, May 5th** with the festivities starting at 11:30 am at Shiloh Crossing. New this year is a 15 mile ride for women that want to ride a little bit longer. There will still be the 1.5 mile and 5 mile options offered as well.

To register and receive more information, go to tourdefluer.org.

**Kids In Motion (KIM) Needs Your Help!**

**Bags for Change:** KIM was selected to be a Lucky's Market Bags for Change Partner. From February 3 - May 25, shop at Lucky's Market and bring your own bags. When you check out, be sure to ask the cashier for one wooden dime for each reusable bag you use. On your way out, simply drop your wooden dimes in the slot for KIM!

**Volunteers Needed:** KIM needs all sorts of volunteers from survey takers to bicycle mechanics. Qualified bicycle mechanics are paid a competitive stipend for their time.

Several bicycle repair events are coming up. The repair trailer will visit the following schools from 2:30-4:30 pm:

**April 4:** Eagle Cliffs | **April 11:** Washington | **May 9:** Rose Park | **May 16:** Bitterroot

Please visit KIM's website for more information or to sign-up.
Community Health in the Montana State Legislature

The first half of the 66th Session of the Montana Legislature is over and for the remaining 45 days, Healthy By Design will update our members about bills that may affect the health of our community or how we do our work. Healthy By Design is not an advocacy organization nor do we get involved in political campaigns. The bills listed below are for informational purposes only:

- **HB400** (Double SNAP Dollars) - Passed second reading in the House (53-46) and awaits a hearing date in the House Appropriations Committee ([https://leg.mt.gov/bills/2019/billpdf/HB0400.pdf](https://leg.mt.gov/bills/2019/billpdf/HB0400.pdf))

- **HB378** (SNAP eligibility) - Tabled in the House Appropriations Committee. Bill would have required SNAP participants to participate in a workfare program unless they are working or exempt ([https://leg.mt.gov/bills/2019/billpdf/HB0378.pdf](https://leg.mt.gov/bills/2019/billpdf/HB0378.pdf))


If you would like more information about the 2019 legislative session, logon to [https://leg.mt.gov/](https://leg.mt.gov/) or contact your Representative or Senator. You can find out who represents you in Helena at this link: [https://leg.mt.gov/legislator-lookup/](https://leg.mt.gov/legislator-lookup/)

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Email: [info@hbdyc.org](mailto:info@hbdyc.org)
Mission: To collaborate with partners across sectors of the community to promote and improve health.