Healthy By Design Coalition Monthly E-Newsletter

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Email: info@hbdyc.org | Phone: 406.247.3394 | Website: www.hbdyc.org

Like Us On Facebook!
Complete Yellowstone County CHNA to be published next week!

The 2019 - 2020 Yellowstone County CHNA will be officially published in just 1 week! Check the Healthy By Design, Billings Clinic, RiverStone Health, and St. Vincent Healthcare websites for the full report. In the coming months, we will also be added helpful resources to make the CHNA more accessible than ever to decision makers, advocates, organizational leaders, and residents alike.

We will hold a press conference officially announcing this exciting news!

What Happens Next?

- Topic-specific "deeper dives" around select Areas of Opportunity - If you would like to be included in a deeper dive, please complete this interest form: [https://www.surveymonkey.com/r/DeeperDives2020](https://www.surveymonkey.com/r/DeeperDives2020)

- 2020 - 2023 Community Health Improvement Plan (CHIP) development process - In the coming months, we will begin the strategic planning process for the 2020 - 2023 CHIP. This plan is developed in partnership with the broader Yellowstone County community and will be published in summer 2020. Stay tuned for opportunities to get involved!

Questions, comments, or ideas? Contact:

Melissa Henderson, Community Health Improvement Manager
2017-2020 Community Health Improvement Plan (CHIP) Updates

CHIP Progress Report Published

Time flies when you are having fun improving community health! Believe it or not, we have published another progress report:

30 Month CHIP Progress Report

We encourage you to read about our Coalition’s successes over the last 6 months. There is so much to celebrate, and so much to look forward to in the final months of the current 2017 - 2020 Community Health Improvement Plan.

Healthy Weight Steering Committee

The Healthy Weight Steering Committee is made up of diverse community organizations and individuals. At the monthly meeting, members report out on task group projects and make decisions on CHIP initiatives.

Contact us if interested in joining the Healthy Weight Steering Committee or any other task group -- we are always welcoming new members!

The Coalition continues to implement the current CHIP, which is in place until June 2020. During our January meeting, Coalition members discussed and began planning two final initiatives to close out this CHIP. Projects will focus on both Healthy Food Access and increasing Physical Activity through creative placemaking.
2018 - 2019 Coalition Member Capacity + CHIP Support Grant

In late January, a core group of leaders representing 5 local coalitions (including Healthy By Design) convened to continue work around collective impact in Yellowstone County. HBD Coalition members will also continue on our "homework" from the collective impact workshop in December, which included coming up with an action plan to ensure the following:

*Collaborative partners are aligning their own practices with collaborative goals and agreed upon action plans.*

We look forward to addressing this as a Coalition, and value our members' involvement! As a reminder, here are the 5 pre-conditions (or criteria) of collective impact (source: Eastside Pathways):

![Diagram of collective impact criteria]

**Healthy Neighborhood Project**

Several exciting efforts are underway in 2020 thanks to additional funding from the Kresge foundation. Residents and community members can look forward to:

1. **Podcasts & resident-led tours** that will accompany the [South Side Stories](#) [Walking Routes](#)
2. **Brighten Up opportunities** to connect businesses and residents
3. **Sidewalk poetry** from
Thanks to all the South Side residents for brightening our day by picking up t-shirts.

In addition, we are still giving away *Bright Side of the Tracks* t-shirts to those with a connection to the South Side. [Email us](mailto:), call us at 247-3394, or message us on [Facebook](https://www.facebook.com).

Looking for a challenge in February? We have mapped all the locations of all the South Side box wraps, the mural, and the entryway signs... see if you can find them all this winter with our [Public Art Scavenger Hunt](https://www.publicartscavengerhunt.com) map!

**Want more?** [Email us](mailto:) to get added to the quarterly Healthy Neighborhood Project newsletter.

**Creative Placemaking**

**Parks Rx**

We are ordering more fun items to promote our [Parks Rx maps](https://www.parksrx.com) for both North Park and Pioneer Park! [Let us know](mailto:) if you would like copies of the maps.

**Creative Placemaking - Safer Routes to School**

This task group is planning to install sign toppers for two more schools. Both Highland and McKinley Elementary School students will get to vote on the designs for mascot-inspired wayfinding signage in the next two weeks. Look for these colorful signs soon - coming Spring 2020.
Ongoing Initiatives

**Gardeners' Market - Winter Activities**

Are seed catalogs showing up at your house or in your email inbox? Consider planting a little extra to sell at the Gardeners' Market this year. No long-term commitment or vendor fee! Find out more on our [website](#).

In 2020, the market will run June 11th - October 1st, 4:30 - 6:30pm at South Park.

**Activate Billings Learning Lab**

We have just two more sessions to go in this workshop series. **Our next session on Thursday, February 13th will focus on celebrating and sustaining our worksite wellness efforts, while sharing some creative active break ideas that participants came up with themselves!** Learning sessions are designed to help you focus on the individual employee, team dynamics, corporate culture, and community engagement as we work together to Activate Billings. All sessions are from 1 - 5pm and held at the Billings Chamber unless otherwise noted.

If you or your employer are interested in participating, contact Jennifer [jennifer@billingschamber.com](mailto:jennifer@billingschamber.com) or Melissa [info@hbdyc.org](mailto:info@hbdyc.org). To find out more information about this project, [visit the Chamber's website](#).
**Recognition Opportunities**

Healthy By Design has several initiatives to recognize and celebrate organizations and individuals in our community who are helping to make the **healthy choice the easy choice**.

For more information, visit our Recognition Opportunities page.

**Healthy Worksite Recognition - Apply by February 28th**

If your business or organization is doing great things with worksite wellness, **apply today**! There are many benefits to being recognized, including:

1. **Free promotion** through multi-media communication outlets
2. **Certificate and window decal** to display at your worksite
3. **Salute from the community** during our annual Coalition meeting

Healthy Worksite Recognition is a great way to engage employees and evaluate or elevate current efforts at your business. The application is FREE, and all businesses (no matter how big or small) are encouraged to apply.

Looking for some resources? We also have a Healthy Worksite toolkit available, inspired from last cycle’s recognized Healthy Worksites. Check it out!

**Event Recognition/Healthy Food Vendors - Earn $$$ For Your Event!**

For a limited time receive up to **$100 in Healthy Food Bucks** for choosing a Healthy By Design Recognized Food Truck as part of your event.

1. **Book a healthy food truck** You can **find one that's already recognized** or you can encourage your fave food truck to apply.

2. **Fill out an Event Recognition**

Check out these **tips for talking to food vendors** about healthier options.

Photo credit: Pixabay
application - The application is free and simple to do and comes with promotional perks so we can help you spread the word about your event.

3. Snap a picture - During or after your event, send a photo of your food truck to us via email or to our Facebook page to receive your Healthy Food Bucks.

4. Get your Healthy Food Bucks - If 100% of the food at your event is from a recognized healthy food truck(s), you will receive $100. Events that have 50% of food supplied by a recognized food truck(s) will receive $50.

You can find everything you need on the Recognition Opportunities page, including the Healthy Food Truck application.

Upcoming Coalition Member Events & Announcements

Open House | Coulson Park Final Master Plan

TOMORROW 2/4 | 4 - 6 pm | Billings Community Center (360 N 23rd St)
The design team has completed the master plan for Coulson Park and is excited to share the final community vision with the city of Billings.
Check out the Facebook event page.

Space2Place Grant | Applications due March 5th
What makes the places we love so special? How can we develop more of them? Space2Place is a creative placemaking micro-grant competition open to residents of Yellowstone County. Big Sky Economic Development introduced this program in 2018 to promote smaller, incremental improvements to make the public spaces of our communities more beautiful, more engaging, more interesting, and more enjoyable.

**Recognized Event! NAMI Billings Mental Illness Support Classes**

**SPRING 2020 CLASSES NOW OPEN**

Register for one of our free classes

Visit [WWW.NAMIBILLINGS.ORG](http://WWW.NAMIBILLINGS.ORG) or call: 406.256.2001

- **NAMI Basics | Thursdays (starting 2/27) | 6 - 8 pm**
- **Family-to-Family | Mondays (starting 3/2) | 6 - 8 pm**
- **Peer-to-Peer | Wednesdays (starting 3/11) | 6 - 8 pm**

The local National Alliance on Mental Illness (NAMI) is providing FREE support classes for those with a mental illness or their loved ones. Three different classes are available for adults living with mental health conditions, for family members of adults living with conditions, and for parents and caregivers of children and adolescents experiencing mental health challenges. Learn more and
Public Engagement Opportunity - City Wayfinding Signage Plan

The Billings Wayfinding Signage Plan is being presented to local leaders - will it be approved? You can share your feedback by emailing the local governing bodies about this plan.

**What is wayfinding signage?** Wayfinding signage promotes active transportation by highlighting and normalizing active transportation routes, such as local trails, bikeways, bike lanes, and even bike boulevards throughout a transportation network. They help drivers know that they can expect bicyclists or pedestrians along the route, and make it easier to those cyclists and pedestrians to travel efficiently without needing to pull out a map at every intersection.

Schedule of Opportunities for Public Comment:

- **City Council Work Session** - TODAY 2/3 5:30 pm | City Council Chambers
- **County Commissioners** - Tuesday 2/4 | 9:30 am | Commissioner Chambers (3rd Floor, Stillwater Building)
- **City Council Meeting** - Monday 2/10 | 5:30 pm
- **Policy Coordinating Committee** - Tuesday 2/18 | 12noon | Commissioners Chamber (3rd Floor, Stillwater Building)

**Recognized Event! Cross-Community Engagement Pilot Monthly Sessions, February - July 2020**

Join Global Peace Foundation in a series of discussions around building and strengthening cross-cultural understanding, partnerships, and solutions to local issues. If you are interested in developing leadership and dialogue skills within your community, contact Mike Yakawich by email or by calling 406-657-6391 to participate.

Activate Billings Workshop Series
Session #5 - Thursday 2/13 | Billings Chamber of Commerce

Learning sessions are designed to help your organization focus on individual employees, team dynamics, corporate culture, and community engagement as we work together to Activate Billings. Participation in all 6 sessions is encouraged, but not required.

To learn more, visit the website.

Healthy By Design in the News

Check back in next month!

Interested in adding content to our newsletter?

Contact Us

Want to connect with us on social media?

Like our Facebook page

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Mission: To collaborate with partners across sectors of the community to promote and improve health.