Healthy By Design Coalition Updates

2017-2020 Community Health Improvement Plan (CHIP)

Reminder - the Healthy Weight Steering Committee will not be meeting in July. In the meantime, task groups should meet to work on initiatives and progress reporting. Melissa will reach out to each task group this week to discuss how to best capture your progress.

Next Healthy Weight Steering Committee Meeting - Tuesday, August 7th
10:30am - 12noon at RiverStone Health

Task groups will emerge throughout this 3-year cycle so keep an eye out for more updates! To RSVP for a future steering committee, or to learn more about Healthy By Design, contact Melissa, Community Health Improvement Manager, 651.6569 or info@hbdyc.org.

CHIP Initiatives - Task Group Updates

Healthy Neighborhood Project

- Current projects include: grocery store, neighborhood garden, gardening resources, box wraps, and entryway signage.
- Next Resident Meeting and Ice Cream Social:
  Tuesday, July 24 @ 5:30pm at South Park
- Visit www.hbdyc.org/healthy-neighborhood-project for more information on this project or email info@hbdyc.org to be added to a separate monthly e-newsletter.

Parks Rx

- The Parks Rx task group is working with a graphic designer to develop maps for Pioneer and North Parks, which should be completed this summer. Our goal is to promote the maps as a way to better identify ways that parks can be used for physical activity and social connectedness for all.

Healthy Food Retail - Healthy Food Truck Menu Initiative

- The Healthy Food Truck Initiative continues to develop and review the Healthy Food Truck application and initiative guidelines. The goal is to have a finalized draft of the application out to interested event organizers and food truck vendors by July 15th for their review. A finalized version of the application is expected by August 30th.
- Seeking: A task group lead to move this work forward beyond the application process.
Healthy By Design Gardeners' Market

- The Healthy By Design Gardener's Market is underway and there are more vendors and variety each week. Special family-friendly activities occur throughout the market season. If you know anyone that would be interested in selling eggs, produce, or crafts at the market, please email market@healthybydesignyellowstone.org. For more information about the market, and a schedule of weekly events, visit www.hbdyc.org/market.

- Check out this recent Billings Gazette article about the 2018 Gardeners' Market.

Welcoming Spaces

- "Choose your adventure" bird houses are currently being built and will make their parks debut soon!

Joint/Shared/Open Use

- The joint/shared/open use survey is still open! Do you know an organization that offers space for community groups or classes, or one that may be interested in doing so? If so, please ask them to complete this short survey. The ultimate goal is to create a list of spaces that local organizations or groups can use to help plan community meet ups or events that promote physical activity and social connections in the Billings area.

To learn more about what these task groups are working on, or to have your questions answered, please email info@hbdyc.org, call 651.6569, or consider attending a Healthy Weight Steering Committee. Task groups are always accepting new members!

Healthy By Design Calendar
Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, HBDYC.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the events page.

Upcoming Coalition Member Events and Announcements

Billings TrailNet Annual Meeting and Trail Summit - Wednesday, July 18th
Join Billings TrailNet for their 2018 annual meeting and trail summit on Wednesday, July 18th at the Billings Public Library in the Community Room. Doors will open at 5:30pm for refreshments and the program will begin at 6:00pm. RSVPs are appreciated, but not required - membership@billingstrailnet.org.
Stop by the Healthy By Design table to say hello!

Strider Park Build Day - Saturday, July 14th at Trails End Park
Starting at 9am on Saturday, July 14th, join community members and Parks and Recreation staff to help build Billings' first strider bike park! The park is located at Trails End Park, on 18th Street West and Burlington Avenue. Bring shovels, boots, and gloves. Strider bikes are a brand of balance bikes that are gaining popularity in the US, and are a great way to get small children excited about the lifetime fun of bicycling.

2018 Rails to Trails Conservancy Summit
On June 5 - 7, several Healthy By Design Coalition members travelled to Milwaukee, Wisconsin for the first every TrailNation Summit as a Billings team. The team participated in several workshops on funding, health equity, and placemaking within trail systems. They were also paired with Colorado Springs, CO as part of a city swap learning session. Melissa was also invited to present on Healthy By Design's work as part of a special breakout session titled, Creating Healthy Places for Healthy People.

June Square Foot Gardening Class at Passages
Last Thursday, as part of the Healthy Neighborhood Project, our Garden Support Specialist Aimee Carlson worked with Coalition members Passages and Billings Groundswell, Inc. to host a square foot gardening class in the Passages garden. The Passages Culinary Arts Program (CAP) students provided light refreshments and joined community members in learning tips and tricks for square foot gardening.

Webinars and Articles of Interest

What is creative placemaking and what does it have to do with health?
Check out this article from Resilience on the role of placemaking in addressing not just social isolation and access to daily needs, but the social determinants of health!

Rad Resource:
ChangeLab Solutions is an awesome organization committed to innovative laws and policies that "ensure everyday health for all", including access to healthy affordable foods, physical activity, and community design. They offer a variety of tool kits, policy templates, case studies, and technical assistance resources for communities and Coalitions just like ours.

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Contact Us

Healthy By Design
info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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