Healthy By Design Updates

2017-2020 Community Health Improvement Plan (CHIP)

Task groups continue to advance community-driven initiatives to promote healthy eating and active living through policy, systems, and built environment initiatives. Many have been underway, and all are accepting new members. Groups typically meet once a month, and designate a point person to report out during Healthy Weight Steering Committee meetings. All task group members are welcome to attend the steering committee meetings, but if time is limited, this provides an opportunity to focus capacity where it matters most - at the action level.

Task groups will emerge throughout this 3-year cycle so keep an eye out for more updates! To RSVP for the steering committee, or to learn more about Healthy By Design, contact Melissa 651.6569 or Melissa.hen@riverstonehealth.org.

CHIP Initiatives - Task Group Updates

Healthy Neighborhood Project

- The group is excited to announce that entryway signs will be installed in June, box wrap artists for State Avenue have been selected, and we continue to make headway on the neighborhood grocery and garden initiatives!
- Next Resident Meeting - Tuesday, July 24th at 5:30pm at South Park
- Visit www.hbdyc.org/healthy-neighborhood-project for more information on this project or email info@hbdyc.org to be added to a separate monthly e-newsletter.

Parks Rx

- The Parks Rx task group is working with a graphic designer to develop maps for Pioneer and North Parks, which should be completed this summer. Our goal is to promote the maps as a way to better identify ways that parks can be used for physical activity and social connectedness for all. If you would like to learn more, please contact Eden (eden.sow@riverstonehealth.org).

Healthy Food Retail - Healthy Food Truck Menu Initiative

- The healthy food truck team is currently drafting a healthy food truck recognition application, based on input from the April focus group. This should be completed by the end of summer. The task group is seeking a new lead - someone to share updates during the monthly Healthy Weight steering committee meetings, and to help organize task group
Healthy By Design Gardeners’ Market

- The first market is fast approaching on Thursday, June 14! If you know anyone that would be interested in selling eggs, produce, or crafts at the market, please email market@healthybydesignyellowstone.org. More information about the market can be found at www.hbdyc.org/market.

Welcoming Spaces

- No updates at this time. The Welcoming Spaces team has been working to identify opportunities to align with the Parks Rx team for added reach.

Joint/Shared/Open Use

- The committee has created a short survey to learn more about current offerings by local organizations that either offer access to their facilities for community use, or might be interested in doing so. If your organization offers space, or would like to learn more, please take a few moments to complete this short survey by June 29th. The survey will remain open after that date, but next steps will be based on preliminary responses.

To learn more about what these task groups are working on, please follow us on Facebook or consider attending a Healthy Weight Steering Committee. Task groups are always accepting new members - please contact us at info@hbdyc.org if you would like to get involved!

Healthy By Design Calendar
Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, HBDYC.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the events page.

Upcoming Coalition Member Events and Announcements

Announcing the NEW Commuter Challenge! June 10 - 23rd
The annual Billings Commuter Challenge is back on June 10th. Walk, bike, roll, or bus instead of using your car for work, school, and errands. Register as an individual or join a team, log your trips at www.mtcommuterchallenge.org, and enjoy the fun! To see a full list of events, incentives, and prize categories (all new in 2018), please visit www.billingstrainet.org/commuter. Register by June 4th to receive your incentive card (redeemable for discounts and freebies at local businesses) before the challenge begins.

2018 Billings Urban Area Long Range Transportation Plan Update
The Yellowstone County Planning Board is currently in the process of updating their Long Range Transportation Plan. This effort will plan for growth and lay out a long-range vision for the transportation system in the Billings urban area through the year 2040. In order to develop a plan that reflects the vision of the community we need your input and feedback. To learn more about the project, and to share your input via a brief survey, visit www.billingslrtp.com.

Project Re:Code - Public Open House Kickoff - Wednesday, June 13th
The City-County Planning and Community Services Department is hosting a public open house to kickoff Project Re:Code, and to meet the consultant team that has been selected. This multi-year process seeks to update the local zoning code for the first time in 45 years! To learn more, visit the Project Re:Code website. The public meeting is Wednesday, June 13th from 5:30-7:30pm at the Miller Building on the 1st floor patio (north side of building, 2825 3rd Ave N).

2018 Heart and Sole Run - Saturday, June 16th
HBD recognized!
Big Sky State Games is hosting the 18th Annual Heart and Sole Run on Saturday, June 16th. It is not too late to register to run or volunteer. Once again, they have achieved Healthy By Design Event Recognition by demonstrating their commitment to health and wellness for all participants. After the event, everyone is welcome to stop by the Active Living Festival at Dehler Park! To learn more, click here.

1st Annual Plant-Based Montana Nutrition Symposium - Saturday, June 16th
HBD recognized!
Plant-Based Montana is hosting the 1st Annual Nutrition Symposium on Saturday, June 16th at Rocky Mountain College. Attendees will learn about the benefits of a plant-based diet and there will be a cooking demonstration. Kudos to Plant-Based Montana for committing to make this event Healthy By Design! To learn more, click here.

Find us on Facebook
Want to learn how to apply for event recognition? Click here.

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Healthy By Design
info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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