Healthy By Design Coalition Updates

2017-2020 Community Health Improvement Plan (CHIP)

Over the next couple of months, Healthy By Design Coalition members will be working on Creative Placemaking initiatives to support the CHIP.

An example of what Creative Placemaking can do for a community. Click the photo to learn more. Photo Credit: Smart Growth America.

At the November Healthy Weight Steering Committee meeting, Coalition members decided to focus on Safe Routes to Schools as a potential avenue for Creative Placemaking concepts to encourage physical activity among school children. If you want to learn more about Safe Routes to Schools, visit Safe Routes to Schools National Partnership’s website: www.https://www.saferoutespartnership.org/.

As we embark on year 2 of the CHIP, we look forward to digging into this innovative topic! If you're interested in being involved or learning more, please come to our next meeting.

Our next Healthy Weight Steering Committee meeting will be on Tuesday, December 4th from 10:30 am - 12:00 pm

Task groups will continue to emerge throughout our 2017 - 2020 CHIP cycle so keep an eye out for more updates! If you are not already involved in the Healthy Weight Steering Committee and would like to participate or would like to learn more about Healthy By Design, Creative Placemaking, or Safe Routes to Schools contact Melissa, Community Health Improvement Manager, at 651.6569 or info@hbdyc.org.
Healthy Worksite Recognition - Application Open!
To recognize and celebrate businesses in the community that promote health at their worksites, Healthy By Design is introducing a new recognition opportunity. The application is open and all businesses are encouraged to apply by 12.14. Winners will be announced and recognized at the Annual Celebration in January 2019 (details below). Visit our Worksite Wellness page to access both the PDF and online applications!

Contact Hannah at 247.3394 with questions or to get more information.

School Wellness Champions - Let's hear it for two more amazing educators!
The Fall 2018 award cycle has wrapped up, and Healthy By Design is pleased to announce 5 winners of the School Wellness Champion Award. These individuals demonstrated their commitment to school wellness in a variety of ways. Award winners will be recognized here and via other avenues. To learn more about this Award and future opportunities, visit the project page. Last month, we highlighted two School Wellness Champions and this month we will showcase the other three!

Fall 2018 School Wellness Champions

- Wanda Morales Career Center
- Melissa Tschetter Career Center
- Sarah Lord Senior High School
- Kerra Olson Boulder Elementary School
- Stace Hersh Medicine Crow Middle School

Sarah (Senior High) encourages fitness in her classes and challenges students, educators, and staff to physical activity competitions during passing periods. A highlight of Sarah's curriculum is taking students to the Shiloh Conservation Area to discuss the environment and healthy living.

Stace (Medicine Crow) leads the school's reACT club which is a tobacco-prevention club that focuses on implementing healthy lifestyle choices. Stace enjoys having her students use the smoothie bike which enables her students to learn to use activity and healthy food choices to create a positive school environment.

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Hello,

Check out our Facebook page to see more on Sarah, Kerra & Stace, and the other School Wellness Champions.

Kerra (Boulder) provides a classroom snack each day for her students that consists of fruits and vegetables. Kerra does an excellent job of promoting healthy lifestyles with her students, parents, and other staff.

Healthy Neighborhood Project
Current projects include: grocery store, neighborhood garden, gardening resources, box wraps, entryway signage, and the South Side Stories project with Western Heritage Center.

- Next Resident Meeting will be Thursday, January 24, 2019 from 5:30-6:30 pm, location TBD. South Side residents are encouraged to attend to provide feedback, for food and fun in return.

- Two resident positions will be announced soon to assist with the Healthy Neighborhood Project. One position will be tasked with coming up with a business plan for a grocery store. The other position will assist with creative placemaking and artwork within the neighborhood. Look for the announcements soon on our Facebook page.

- You can still share your South Side Story. Call Lauren at (406) 256-6809, ext.133. You do not need to live on the South Side to participate!

Visit www.hbdyc.org/healthy-neighborhood-project for more information on this project or email info@hbdyc.org to be added to a separate monthly e-newsletter.

Healthy By Design Gardeners' Market - Planning for 2019
The Healthy By Design Coalition has recently been awarded a three year USDA grant through the Farmers Market Promotion Program. Funds will be used to enhance the current Gardeners' Market, including targeted outreach to seniors and additional vendors.

Maia, the Market Manager, will be sharing a summary of the 2018 Market season at the December Healthy Weight Steering Committee meeting.

If you have questions, you can email market@healthybydesignyellowstone.org or you can visit www.hbdyc.org/market.

Parks Rx, Healthy Food Retail - Healthy Food Truck Initiative, Welcoming Spaces, & Joint/Shared/Open Use
These task groups had no updates for this newsletter.

To learn more about what task groups are working on, or to have your
Pioneer and North Park maps now available! Get out and about in the crisp air.

Healthy By Design joins the Billings Chamber of Commerce to advance health!

The Billings Chamber of Commerce was selected as 1 of 10 U.S. Chambers for a new healthy communities program through the Association of Chamber of Commerce Executives. This cohort is using design-systems thinking to inform an important health initiative for participating communities. Keep an eye on Healthy By Design news outlets to see what exciting project is selected!

Healthy By Design Featured Nationally!

Our very own Melissa Henderson, Community Health Improvement Manager, was invited to speak on a Safe Routes to School National Partnership webinar last week. She shared Billings’ own Complete Streets story, as well as information on how the health sector can and should spearhead efforts for local policy change that promotes physical activity. You can find the webinar on the Safe Routes to School National Partnership website: https://www.saferoutespartnership.org/resources.

Healthy By Design Annual Celebration - Save the Date!
We will hold our Annual Coalition Celebration on Wednesday, January 23, 2019. The event will take place from 12:00 pm - 2:00 pm at the Billings Public Library Community Room. Lunch is provided. Invitation to follow shortly.

Help us celebrate our work, recognize School Wellness Champions and Healthy Worksites, and learn about what the future holds in store for the Coalition.
Details to be finalized and announced soon.

Check out the Latest Progress Report
Click on this link to read more on our Coalition's efforts and accomplishments between July 2017 - June 2018.

Healthy By Design Calendar
Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, hbdyc.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the events page.

Upcoming Coalition Member Events, Announcements, & Calls to Action

MDT Studies 27th Street Railroad Crossing
The Montana Department of Transportation (MDT) is conducting a feasibility study to determine short-term and long-term solutions for the existing at-grade railroad crossing on 27th Street in downtown.
term and long-term solutions for the existing at-grade railroad crossing on 27th Street in downtown Billings. They hosted an open house on Tuesday, 11/27 to gather initial feedback. MDT and their team of consultants will seek additional input through an online survey and during another open house in early 2019. More information is available online at the project website at: www.mdt.mt.gov/pubinvolve/billings27thstreet.

Proposed Utility Bill
The Billings City Council has been considering an optional $2 utility bill donation as a potential method of funding improvements to the local trail system. Billings TrailNet has been working closely with Public Works to develop the proposed plan. Stay tuned for information about the City Council agenda.

One Big Sky District (OBSD)- Input Opportunities
Big Sky Economic Development (BSED) is continuing to host Coffee Conversations around town in December, to share updates and gather feedback about the One Big Sky District. Visit the project's Facebook page or the BSED website for information on this project and consider attending one of these meetings to share your feedback and ideas to make the healthy choice, the easy choice as part of this exciting project!

Project Re:Code Code Assessment now Available!
The City of Billings hired consultants to review the current city and county zoning codes. They have completed the assessment and it is now available. Click here to view this document. Visit the project website to stay up to date on the progress of the code rewrite.

Find us on Facebook
Want to learn how to apply for event recognition? Click here.

Interested in adding content to our newsletter?
Contact Us

Healthy By Design
info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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&

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