Healthy By Design Coalition Monthly E-Newsletter

IN THIS NEWSLETTER
(click to jump to a section)....

Community Health Needs Assessment
Community Health Improvement Plan
Ongoing HBD Initiatives
Recognition Opportunities
Healthy By Design in the News
Events & Announcements

Email: info@hbdyc.org | Phone: 406.247.3394 | Website: www.hbdyc.org

Reserve your spot for the
Community Health Public Forum!
Friday, November 22nd
First Interstate Bank Operations Center (1800 6th Ave N)
11:30 am - 1:00 pm -- Doors open at 11:00 am

Join us for a preview of the 2019-2020 Community Health Needs Assessment data. Professional Research Consultants (PRC) will share the data they have collected over the summer and then YOU will help us find out which issues are most important for our community to work on together.

Lunch is on us! RSVP by November 20th.

2019-2020 Community Health Needs Assessment (CHNA)

The 2019-2020 CHNA is wrapping up! Our final step is to receive feedback on the data from community members like you during our Community Health Forum on Friday, November 22nd. The forum will include a data preview and the full report will be published in early 2020. Check out our Facebook page and on the CHNA tab of our website for more details.

Milestones as of November 1, 2019:

- Phone surveys - done!
- Key Informant email survey - done!
- Data analysis - done!
- My Healthy Yellowstone feedback via Streetwyze - done!
- Final CHNA Advisory Committee Meeting - done!

Upcoming activities: Community Health Public Forum - November 22nd
(see above for details)

If you have questions about any of these activities or the CHNA process in general, please contact Melissa, Community Health Improvement Manager, by emailing info@hbdyc.org or calling 651.6569.
2017-2020 Community Health Improvement Plan (CHIP) Updates

The Healthy Weight Steering Committee is made up of diverse community organizations and individuals. At the monthly meeting, members report out on task group projects and make decisions on CHIP initiatives.

Healthy Weight Priority - Steering Committee
The current CHIP ends in June 2020, meaning we have 8 more months to focus on projects that will help Yellowstone County residents maintain a healthy weight, through 4 strategies:

Instead of the typical monthly meetings in November and December, we will meet as two separate strategy groups to brainstorm and discuss Food Access and Creative Placemaking. We are excited to rally behind these strategies during the final stretch of the current CHIP!

Contact us if interested in joining the Healthy Weight Steering Committee or any other task group – we are always welcoming new members!

2018 - 2019 Coalition Member Capacity + CHIP Support Grant
Healthy By Design received a grant in September 2018 to bolster member capacity to lead CHIP initiatives. Recently, $4,000 from this grant was allocated to fund projects that support the CHIP, including safer routes to school, the Activate Billings learning lab series, and encouraging Healthy Food Truck Recognition.

We are also using this grant to bring in a local expert, Deb Halliday to train us and other local coalitions in Collective Impact in mid-December.

2016 - 2019 Healthy Neighborhood Project: South Side
Current Healthy Neighborhood Project funding ended on September 30th, but some projects are still being wrapped up through the winter/spring. Here are some recent highlights/accomplishments:

- Grocery Store Feasibility Study published! Check out the study fact sheet, or contact us to get a full copy of the study.
• Additional **Bright Side of the Track T-shirts** are available from this grant. If you have signed up for one during any part of the Healthy Neighborhood Project, or if you are a South Side resident wanting a Bright Side t-shirt, please **email us** to pick up.

• **South Side Stories Walking Routes** are finalized and maps are ready! Two walking routes have been created in partnership with Western Heritage Center. Check out the neighborhood from the eyes and voices of its residents by clicking on the maps below.

![History & Institutions Route](image1)

![Community & Recreation Route](image2)

Visit the [project website](#) or **email us** to get added to the Healthy Neighborhood Project newsletter.

**Creative Placemaking**

**Parks Rx - Un"leash"ing Additional Promotion**

After this project wrapped up, remaining funding will be used to purchase more promotional leashes in a variety of lengths. Get out in the snow to explore Pioneer and North Parks with our Parks Rx [maps](#).

**Creative Placemaking + Safer Routes to School**

The Space2Place grant wrapped up in September, but the Healthy Weight Steering Committee designated funding for additional street sign toppers at two more schools. This project is slated for spring, so stay tuned for more details and ways to get involved.

The picture to the right is Principal Joe Walsh showing off Newman Elementary School's new street sign toppers.

---

**Ongoing Initiatives**
Gardeners' Market - 9th Season in the books!
The Gardeners' Market never sleeps... the event itself has wrapped up for the year, but we are in full planning mode for the 10th season in 2020. Efforts will focus on engagement, recruitment, and retention of senior customers and vendors during the off season.

In October, we held a Vendor Celebration where we thanked our amazing vendors and started talking about future market improvements. Market Vendor Joan is pictured left enjoying a smoothie bike at the celebration.

Healthy Communities Initiative - Activate Billings Learning Lab
Session 1 of the workshop series was a success with more than a dozen participants. Session 2, hosted on November 14th at the Chamber, will focus on employee engagement and connections. Learning sessions are designed to help you focus on the individual employee, team dynamics, corporate culture, and community engagement as we work together to Activate Billings.

To register and find out more information, visit the website.

Contact: Jennifer jennifer@billingschamber.com or Melissa info@hbdyc.org.

--------------------------------------------------------------------------------------------------------

Recognition Opportunities
Healthy By Design has several initiatives to recognize and celebrate organizations and individuals in our community who are helping to make the healthy choice the easy choice.

For more information, visit our Recognition Opportunities page.

Healthy Food Vendors - Earn Up To $100 Bonus Bucks For Your Event!
Consider having an HBD recognized food truck at your next event. By showcasing healthier options, you are not only helping to make the healthy choice, the easy choice for participants... you can also receive up to $100 for your event! Here are the recognized food trucks:

Tup Tim Thai | Montana Melt | Rollin' Ritos | Taste of Asia

If you don't see your favorite food truck listed, ask them to have a healthy option available for your event, and hand them this application. If interested in the $100 incentive, please contact us.

School Wellness Champions
We will look for future opportunities to recognize outstanding leaders in our education system who help make the healthy choice, the easy choice.

Healthy Worksite Recognition - Highlighting Local Businesses
The local Healthy Worksite Toolkit is almost ready! Let us know if you would like receive a copy when finalized, or stay tuned here for the announcement. Another round of Healthy Worksite Recognition is slated for early 2020. We cannot wait to see who applies!
Kudos to Billings Clinic for their recognized Healthy Event for their employees. They required participating food trucks to provide healthy options, and several trucks received Healthy Food Vendor Recognition as a result. This event was a great example of how principles from Healthy Worksites, Healthy Events, and Healthy Food Trucks can all be incorporated to support the community's health.

Check out the Healthy Food Truck update above for a chance to earn up to $100 for booking a recognized food truck at your event. If you have an event coming up and would like help promoting it, visit our website to check out the Event Recognition application. If you want healthier choices at the events or meetings you attend, please send organizers to our website.

---

**Healthy By Design in the News**

Healthy By Design participated in MSUB's Girls-N-Science event in October. Coalition Members led future epidemiologists and statisticians in the collection, documentation, analysis, and interpretation of primary health data. Each participant completed a mini Community Health Needs Assessment survey by asking a friend questions about health behaviors. Girls and boys (and some parents!) learned about the importance of hard numbers (quantitative data) and why it is important to put a story behind the numbers (qualitative data). We are looking forward to welcoming these future public health leaders in our ranks one day!

---

### Upcoming Coalition Member Events & Announcements

**Inner Belt Loop Corridor Study Public Meeting**

**Wednesday, November 6th | Billings Community Center | 6:00 - 8:00 pm**

Come hear about and help plan for this future transportation corridor. The Inner Belt Loop Corridor Study will examine the proposed corridor from the terminus of Skyway Drive and Alkali Creek to Highway 3. The study will evaluate the challenges of the proposed roadway, develop an access plan that will include bike/pedestrian infrastructure, storm water management strategies and evaluate future impacts to the corridor by new development activity.
Activate Billings Workshop Series

Session #2 - Thursday, November 14th | Billings Chamber of Commerce
Learning sessions are designed to help your organization focus on individual employees, team dynamics, corporate culture, and community engagement as we work together to Activate Billings. Participation in all 6 sessions is encouraged, but not required.

To register and find out more information, visit the website.

Community Health Public Forum
Friday, November 22nd | First Interstate Bank Operations Center
1800 6th Ave N | 11:30 am - 1:30 pm
Learn about the latest community health data, share your input, and help prioritize health issues. Doors will open at 11:00 am so arrive early to grab a lunch and preview some data! Public welcome!
RSVP by 11/20 here.

Request for Walking School Bus Volunteers
Highland and McKinley Elementary Schools are piloting a Walking School Bus (WSB) program this fall and are in need of leaders to walk students to school. Check out the flyer for volunteers and information for student sign-ups.

Visit the following websites to sign up to volunteer:

- Highland Elementary School
- McKinley Elementary School

Contact Morgan Miller through email or at 247-3276 if interested.

Interested in adding content to our newsletter?
Contact Us

Want to connect with us on social media?
Like our Facebook page
Mission: To collaborate with partners across sectors of the community to promote and improve health.