Healthy By Design Coalition Monthly E-Newsletter

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September was a busy month for HBD! Read on to see what we have been up to.

Please enjoy and contact us to learn more about anything Healthy By Design related:

Email: info@hbdyc.org
Phone: 406.247.3394
Website: www.hbdyc.org

You have until October 15th to join the My Healthy Yellowstone campaign using Streetwyze technology!
Help us identify barriers and opportunities to your health in the community by dropping pins and sharing your thoughts.

For every 10 pins you drop in the Streetwyze platform, you get entered into a raffle for a $50 gift card.

You can also look for upcoming Collect + Connect Events in the community to participate.

Questions? Need help? Contact us or visit the project website.

2019-2020 Community Health Needs Assessment (CHNA)

The 2019-2020 CHNA is underway, and results will be shared in late 2019. Check our Facebook page and on the CHNA tab of our website for more details. We are excited to report that the CHNA is on schedule and results will be shared with our community in late 2019.

Milestones as of October 1, 2019:

- Phone surveys - done!
- Key Informant email survey - done!
- Data analysis - underway!
- My Healthy Yellowstone feedback via Streetwyze - ends October 15th!

Upcoming activities:

- Public forum in November 2019 (Date and time TBA in early October)
- CHNA Advisory Group meeting in late October 2019 - If you are a member of the Advisory Group, please keep an eye out for an email later today.
If you have questions about any of these activities or the CHNA process in general, please contact Melissa, Community Health Improvement Manager, by emailing info@hbdyc.org or calling 651.6569.

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2017-2020 Community Health Improvement Plan (CHIP) Updates

The Healthy Weight Steering Committee is made up of diverse community organizations and individuals. At the monthly meeting, members report out on task group projects and make decisions on CHIP initiatives.

Healthy Weight Priority - Steering Committee

In September, Healthy Weight Steering Committee members pitched their proposals for a CHIP Challenge and voted on how to allocate $4,000.

The winning project proposals are:

1. **$1,500 to Activate Billings** to purchase healthy food for the learning lab sessions and for a creative placemaking challenge during the course of the sessions.

2. **$1500 for more safe routes street sign toppers** which will be installed in partnership with at least two local elementary schools.

3. **$1,000 for Healthy Food Bucks** through the Healthy Food Vendor and Event Recognition committee. Healthy Food Bucks will be used to encourage event organizers to have recognized food trucks at their functions.

Stay tuned for updates on how these projects will ultimately support the shared CHIP.

The October Healthy Weight Steering Committee meeting is Thursday, October 24th from 11:30am - 1:00pm, but may be rescheduled due to competing events.

Contact us if interested in joining the Healthy Weight Steering Committee or any other task group -- we are always accepting new members.

2018 - 2019 Coalition Member Capacity + CHIP Support Grant
Healthy By Design received a grant in September 2018 to bolster member capacity to lead CHIP initiatives. The $4,000 that members allocated for the CHIP Challenge was from this grant. We are also working with United Way to bring in a facilitator to provide our members a Collective Impact 101 training.

2016 - 2019 Healthy Neighborhood Project: South Side

The Healthy Neighborhood Project funding ended on September 30th. Some of these projects may continue in one way or another through 2020. Thank you to the South Side residents, our project partners, and everyone who helped us with on the Bright Side of the Tracks. We could not have accomplished so much without the community's support and involvement. HBD has submitted a grant application to the Kresge Foundation to continue this work into 2020 and will hear back later this month.

South Side Shines Celebration

The community came together on a beautiful Saturday afternoon to celebrate the accomplishments of the various projects through the Healthy Neighborhood Project. We had so much fun and enjoyed listening to Mariachis del Corazon and sharing a meal with our friends and neighbors. Passages made some tasty food and ice cream from MeadowGold was a sweet treat.

We would like to send a huge shout and thank you to community residents, Linda Deavila and Marguerite Jodry, who were hired on to lead two core initiatives for this project. They contributed so much to the Healthy Neighborhood Project. We could not have done it without them!

You can find all the pictures from the event on our Facebook page.

Other Updates
- **Box Wraps**
  - 2 more box wraps have been installed! Artists Miesha Arnold (top picture- located at 1st Ave S & S 29th St) and Athena Renova (bottom picture- located at State Ave in front of VFW) now have their artwork displayed around the South Side. Thanks to Signature Signs for doing such a fabulous job installing.
  - We have also selected 4 additional artists to wrap 3 more boxes around the neighborhood and in South and Highland Parks! Tiffany Morley, collaborators Izzie Mamea and Coltin Bernhart, and Shane de Leon will all have their artwork featured for the next round of wraps.

- **The Grocery Store Feasibility Study** will be published soon. Native American Development (NADC) and Community Development Leadership, Inc. (CLDI) have both expressed interest in becoming the grocery store champion!

Visit the [project website](#) or [email us](#) to get added to the Healthy Neighborhood Project newsletter.

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**Creative Placemaking**

**Parks Rx - Kiosks are installed!**

Kiosks for the Pioneer and North Park maps have been installed and a ribbon cutting is in the works. Explore both parks and enjoy the beautiful Parks Rx maps, found on the [project page](#).

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**2019 Space2Place Grant - Creative Placemaking Task Group**

September was a busy month for this task group. In the beginning of September, students at Newman and Orchard Elementary Schools got to vote on their favorite color for street sign toppers during lunch.

The signs were manufactured and installed by local company, Permaletter. On September 27th, a group of community volunteers got together to help paint animal prints on the sidewalks.
Thanks to Big Sky Economic Development and their Space2Place Micro-grant funding! Without them, this project would not be possible. Thanks also goes to our project partners: Newman Elementary, Orchard Elementary, City-County Planning, RiverStone Health, Public Works, Permaletter, and Waters Edge Mobile Washing.

Ongoing Initiatives

**FINAL Gardeners' Market of 2019 at South Park**
It is hard to believe, but the last Gardeners' Market of the 2019 season is this Thursday, October 3rd. Come visit us at South Park between 4:30-6:30 pm for your last chance for fresh produce and a fun, festive atmosphere! Kudos to the Gardeners' Market team for making our 11th season the best yet. Stay tuned for a 2019 summary later this year!

We also want to give a huge THANK YOU to our 2019 intern, Jane Shipek, a Masters of Public Health Student, who played an essential role at the market each week. Among her many talents, Jane:

- Held down the information booth all season
- Greeted new and returning customers
- Provided information on market activities and resources for customers, often through her creative white board designs
- Conducted surveys to improve the market and share the value of events like this with decision makers
- Met her daily physical activity goals by setting up and taking down booths

**Healthy Communities Initiative - Activate Billings Learning Lab**
Join the Billings Chamber of Commerce and Healthy By Design in the upcoming Activate Billings Learning Lab series. You will be guided you through a series of six half day workshops designed to help you improve your position as an employer of choice. These learning sessions are designed to help you focus on the individual employee, team dynamics, corporate culture, and community engagement as we work together to Activate Billings.

To register and find out more information, visit the website.

Contact: Jennifer jennifer@billingschamber.com or Melissa info@hbdyc.org.
Recognition Opportunities
Healthy By Design has several initiatives to recognize and celebrate organizations and individuals in our community who are making the healthy choice the easy choice.

For more information, visit our Recognition Opportunities page.

Healthy Food Vendors - It's Food Truck Season!
The review committee currently has several applications pending. Stay tuned for more food trucks being recognized for offering healthy options. Currently recognized food trucks:

- Tup Tim Thai

School Wellness Champions
We will look for future opportunities to recognize outstanding leaders in our education system who help make the healthy choice, the easy choice.

Healthy Worksite Recognition - Highlighting Local Businesses
One of our past Healthy Worksite Recognition recipients is issuing a challenge to other businesses! Total Nutrition is putting on the Healthiest Business of Billings 2019 challenge. Sign your business up for this 6-week challenge by October 2nd. You can sign up by contacting Alex. You can view the flyer here.

Event Recognition
Calling all events! If you have an event coming up and would like help promoting it, visit our website to check out the Event Recognition application. If you want healthier choices at the events or meetings you attend, please send organizers to our website.

Healthy By Design in the News
Please help us in congratulating our very own Melissa Henderson, Community Health Improvement Manager, who received the Exemplary Service Award for Region 3 at the 2019 Montana Public Health Association/Montana Environmental Health Association joint conference in Bozeman this September. She was recognized for her outstanding leadership and expertise in the engagement of healthcare partners and community members in policy, system, and built environment work to support a healthier community.

Congratulations, Melissa!

Upcoming Coalition Member Events & Announcements
Request for Walking School Bus Volunteers
Highland and McKinley Elementary Schools are piloting a Walking School Bus (WSB) program this fall and are in need of leaders to walk students to school. Check out the flyer for volunteers and information for student sign-ups.

Visit the following websites to sign up to volunteer:

- Highland Elementary School
- McKinley Elementary School

Contact Morgan Miller through email or at 247-3276 if interested.

Big Sky Economic Development Annual Meeting
Thursday, October 24th, 11:30-1:30 pm, MetraPark Pavilion
Tickets are available on Big Sky EDA's website.

Streetwyze Collect + Connect Events
Living Independently for Today and Tomorrow (LIFTT) and the Planning Department are hosting an Inclusive Walking Audit using Streetwyze technology. Check out the Facebook event or contact Jed to RSVP. Lunch is provided.

Interested in adding content to our newsletter?
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Want to connect with us on social media?
Like our Facebook page

Email: info@hbdyc.org
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Visit: www.hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.