Healthy By Design Coalition Updates

2017-2020 Community Health Improvement Plan (CHIP)

Over the next month, Healthy By Design Coalition members will focus on identifying initiatives for year 2 of our Community Health Improvement Plan. What does this mean?

- Based on current efforts, current task groups will suggest 1-2 efforts for the broader Coalition to consider adopting.

- **Share your ideas!** If you have a suggestion for a new policy, system, or built environment initiative that will improve healthy eating or active living in Yellowstone County that you would like the Healthy By Design Coalition to take on, please reply to this email or call Hannah (247.3394) by **Friday, October 5th** with your ideas!

- Members of the Healthy Weight Steering Committee will vote on the next Coalition-wide initiative by the end of October.

  Our next Healthy Weight Steering Committee meeting will be on **Tuesday, November 6th from 10:30 am - 12:00 pm.**

  We will focus this meeting on outlining our next big initiative and metrics.

  Meeting to be held at RiverStone Health.

Task groups will continue to emerge throughout this 3-year cycle so keep an eye out for more updates! If you are not already involved in the Healthy Weight Steering Committee and would like to participate in this process, or would like to learn more about Healthy By Design, contact Melissa, Community Health Improvement Manager, 651.6569 or info@hbdyc.org.

CHIP Initiatives - Task Group Updates

**School Wellness Champions - Champions to be announced soon!**
Nominations for the School Wellness Champion award closed on September 30. A review team will select winners and announce in October. Award winners will be recognized in a variety of ways, so stay tuned to help us celebrate individuals promoting wellness in the community. To learn more, visit the [project page](#).
Healthy Neighborhood Project
Current projects include: grocery store, neighborhood garden, gardening resources, box wraps, entryway signage, and the South Side Stories project with Western Heritage Center.

- Next Resident Meeting - **Tuesday, October 16 at the South Side Community Center from 5:30 pm - 6:30 pm.**

- South Side Stories were collected at the Western Heritage Center in late September. If you missed the recording day, it is not too late to share your story. Lauren, the new Community Historian, will be at the South Side Community Center on **Tuesday, October 23rd from 1 - 2pm.**
  RSVP or schedule a separate time by calling Lauren at (406) 256-6809, ext.133.
  *Walk-ins are welcome and you do not need to live on the South Side to participate!*

Visit [www.hbdyc.org/healthy-neighborhood-project](http://www.hbdyc.org/healthy-neighborhood-project) for more information on this project or email [info@hbdyc.org](mailto:info@hbdyc.org) to be added to a separate monthly e-newsletter.

Healthy By Design Gardeners' Market receives new USDA grant!

- The Healthy By Design Coalition has recently been awarded a three year USDA grant through the Farmers Market Promotion Program. Funds will be used to enhance the current Gardeners' Market, including targeted outreach to seniors and additional vendors.

- The last Market is Thursday, October 4th and will feature live music by local musicians, Nathan and Roger. This is your last chance to support the amazing local vendors and get your fresh produce at South Park in 2018.

If you have questions, you can email [market@healthybydesignyellowstone.org](mailto:market@healthybydesignyellowstone.org) or you can visit [www.hbdyc.org/market](http://www.hbdyc.org/market).

Our Gardeners' Market vendors are clearly committed to providing access to healthy, affordable foods! Last Thursday, market vendors, staff, and customers braved the rain, wind, and cold to put on another successful event. Stop by the final market THIS WEEK to say hello!

Parks Rx
Maps for Pioneer and North Parks are complete and have been printed. Promotional items have been chosen so keep an eye out for sunscreen, dog leashes, doggy disposal bags, and fling rings with the 5-2-1-0 message. These items will be distributed by community partners to promote the Parks Rx maps and walking routes. Pioneer and North Park maps are now available on the [Healthy By Design website](http://www.hbdyc.org/), and will soon be available on the Parks and Recreation website.
Healthy Food Retail - Healthy Food Truck Initiative
The task group is finalizing a simple application that food trucks can complete to receive Healthy By Design healthy food truck recognition. The application will be debuted this fall in hopes of creating a list of food trucks with healthy options by spring 2019.

Welcoming Spaces
The choose your adventure popsicle activity at Pioneer Park was implemented in September. Currently, the group is determining next steps.

Joint/Shared/Open Use
The survey closes October 15th and can be taken here. The goal is to create a list of spaces that local organizations or groups can use to help plan community meet ups or events that promote physical activity and social connections.

To learn more about what these task groups are working on, or to have your questions answered, please email info@hbdyc.org, call 247.3394, or consider attending a Healthy Weight Steering Committee. Task groups are always accepting new members!

Healthy By Design in the News
The Billings Gazette published an article about the new South Side brand. These resident-designed signs are being installed around the neighborhood by Public Works to help revitalize the neighborhood.

Check out the full article here.

Check out the Latest Progress Report
Click on this link to read more on our Coalition's efforts and accomplishments between July 2017 - June 2018.

Healthy By Design Calendar
Calling all events! Do you have an event coming up and would like some additional promotion? Did you know our website, hbdyc.org, has a new events page where you can add content? Head over to the website and submit your event by clicking "Add an Event" at the top of the events page.

Upcoming Coalition Member Events and Announcements

Dedicated Funding for Local Trolley, City Summit To Kick Off

Northside - Southside Trolley

Healthy By Design - Healthy Food Retail Initiative

Welcoming Spaces - Choose Your Adventure Popsicle Activity

Joint/Shared/Open Use - Survey Closes

Healthy By Design in the News - Billings Gazette Article

Check out the Latest Progress Report - Coalition's Efforts and Accomplishments

Healthy By Design Calendar - New Events Page

Upcoming Coalition Member Events and Announcements - Northside - Southside Trolley Launch

Healthy By Design - Healthy Food Retail Initiative Announcement

Welcoming Spaces - Choose Your Adventure Popsicle Activity Update

Joint/Shared/Open Use - Survey Closing Notice

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Kids-In-Motion (KIM) Bicycle Repair Events
October 4th | Miles Ave Elementary | 2:30-4:30
October 11th | Riverside Middle School | 1:30-3:30
KIM needs mechanics as well as volunteers to help with check-in, organization, and inventory at these two upcoming events. Qualified mechanics can earn a $50 stipend, and all volunteers receive the satisfaction of helping provide students with usable bicycles that can be for transportation and for fun! To get involved, visit the KIM website.

Billings Family YMCA - Healthy Holiday Hankerings
The Billings YMCA is hosting a seminar to introduce people to healthy recipe alternatives during the holiday season. Anyone 12 years or older is invited to attend on November 7th from 6:30-7:30 pm at the YMCA.
Members: $25 & Non-members: $40. Sign up online or come in to the YMCA to register. Questions? Call Jenny at 294.1628.

Volunteers Needed at
Yellowstone Elementary School Cross-Country Meet
This race for elementary school children (free to participants if they register by midnight on October 1st) needs volunteers to help with the event. The race is at Pioneer Park on October 9th.
Visit the website for more information on the race and to fill out a volunteer form.

Congrats to the Lockwood Pedestrian Safety District (LPSD)
Over 4,000 feet of sidewalk was completed along Old Hardin Road in Lockwood, thanks in part to the LPSD. What a win for physical activity and safety in the Lockwood community! The group announced that they will host a ribbon cutting ceremony on Wednesday, October 3, from 5:30-6:30 pm at the Lockwood IGA. For more information on this group's work, click here.

Community Health on the Ballot - Initiative 185
Many of you have probably heard mention of I-185, a ballot initiative that would increase the tax on tobacco products, including e-cigarettes, sold in Montana. If passed, funds generated are designated for our state's Medicaid expansion program, veterans services, tobacco-use prevention, and programs serving seniors with disabilities. Several of our Coalition member organizations, including Billings Clinic, St. Vincent Healthcare, and the Billings Chamber of Commerce have endorsed this ballot initiative. To learn more, keep an eye out for your Voter Information Pamphlet, which should arrive in the mail in early October. In the meantime, you can view the ballot language here.

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Want to learn how to apply for event recognition? Click here.
Interested in adding content to our newsletter?

Contact Us

Healthy By Design
info@hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.

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