Join the My Healthy Yellowstone campaign!

What does My Healthy Yellowstone look like?

What local places do you enjoy?

What are bright spots in your neighborhood?

What do you want to see changed in your neighborhood and why?

Get Streetwyze with us! We want YOU to point out opportunities and barriers to your health in the places you live, work, play, and learn in Yellowstone County.

It’s easy to get involved! Text “My Healthy Yellowstone” to (406)272-3290 to receive an invitation and instructions to participate in Streetwyze to help Healthy By Design make our community a healthier, more vibrant place to live.

Win a $50 Gift Card!! For every 10 pins dropped in Streetwyze, you will be entered into a monthly raffle!

You can also look for upcoming Collect + Connect Events or email us to get signed up on the Streetwyze platform.

Healthy By Design Coalition Monthly E-Newsletter

IN THIS NEWSLETTER (click to jump to a section)....

Community Health Needs Assessment
2019-2020 Community Health Needs Assessment (CHNA)

The 2019-2020 CHNA is underway, and results will be shared in late 2019. Check our Facebook page and on the CHNA tab of our website for more details.

Milestones as of August 30, 2019:

- **Phone surveys are almost complete!** You may receive a call from PRC, the research firm we have contracted to collect and analyze our data. Calls may appear as a local phone number and should last approximately 20 - 30 minutes. You have the option of asking the interviewer to call back at a better time. If you receive a call, please consider participating in this important effort.

- **Key Informant email survey closes THIS Thursday, September 5th!** If you were one of the lucky 300 selected to provide feedback via this survey, please do! You can skip sections you are less familiar with. Your input is an essential component of this work. Some survey links have landed in junk folders, so please keep an eye out.

- **The CHNA Work Team is meeting next week to plan the community forum.** CHNA advisory group members provided valuable feedback on the 2016 forum, which will be incorporated into our planning. Stay tuned for more details.

- **Streetwyze** is an important new component of the CHNA (think Yelp for community health!). Please consider hosting a Collect + Connect event or sharing a Streetwyze post from our Facebook page to make sure our community is sharing what could improve our health in Yellowstone County.

If you have questions about any of these activities or the CHNA process in general, please contact Melissa, Community Health Improvement Manager, by emailing info@hbdyc.org or calling 651.6569.
The Healthy Weight Steering Committee is made up of diverse community organizations and individuals. At the monthly meeting, members report out on task group projects and make decisions on CHIP initiatives.

**Healthy Weight Priority - Steering Committee**

In August, Healthy Weight Steering Committee members were issued a CHIP Challenge! Thanks to a grant from MT DPHHS, we have funds designated to enhance the CHIP through a participatory budgeting process.

Coalition members will brainstorm and present project ideas and then vote to decide how we should spend the rest of the grant monies in the last year of the CHIP. Proposed ideas will focus on a new project to collectively tackle, or elevate a current project or projects.

Members will vote on their favorite project(s) at the September meeting.

**The September Healthy Weight Steering Committee meeting is Thursday, September 26th from 11:30am - 1:00pm.**

[Contact us](#) if interested in joining the Healthy Weight Steering Committee or any other task group -- we are always accepting new members.

**Coalition Member Capacity + CHIP Support Grant**

Healthy By Design received a grant in September 2018 to bolster member capacity to lead CHIP initiatives. See the section above for more our on our CHIP Challenge, which will use participatory budgeting to allocate funds for a project that supports the current CHIP.

**Healthy Neighborhood Project: South Side, the Bright Side of the Tracks**

Current initiatives include: neighborhood grocery store, gardening resources, and celebrating the Bright Side of the Tracks branding through box wraps, a mural, entryway signage, and the South Side Stories walking route project.

*Help us Celebrate!*
Pride in Place Projects

Walking route maps for the South Side Stories project are being drafted and edited now! We will be publishing the routes very soon. This project connects stories, history, and physical activity in a way that demonstrates the amazing culture of the South Side. This project is the result of a great partnership with Western Heritage Center.

The Bright Side of the Tracks mural is complete! Underground Culture Krew put the finishing touches on the graffiti. We are so pleased with how many community members and residents were involved with the process. Big shout out to all those who sponsored the mural as well as our artist, Rachel Larson Long.

Healthy Food Access Projects
The grocery store feasibility study is being finalized and will be published soon on our website.

Visit the project website or email us to get added to the Healthy Neighborhood Project newsletter.

Creative Placemaking
Parks Rx - Kiosks are coming!
Kiosks for the Pioneer and North Park maps have been ordered and an installation date/ribbon cutting is in the works. In the meantime, enjoy the beautiful Parks Rx maps, found on the project page.

Space2Place/Creative Placemaking Task Group

In early September, this task group will work with students at Newman and Orchard Elementary Schools to finalize designs for both creative sign toppers as well as sidewalk paint along Safe Routes to Schools. Students at both schools will be able to cast their vote for their favorite colors.
Ongoing Initiatives

Gardeners’ Market at South Park
The Market takes place Thursdays from 4:30-6:30pm through October 3rd. Our vendors made it through the recent hail storms, and are bursting at the seams with produce this month! Come visit us.

We had a blast helping with the new media campaign last week. Here are some behind-the-scene photos of the commercial and photo shoots! The campaign is focused on senior engagement- look for commercials and print advertisements next year.

Healthy Communities Initiative - Activate Billings Learning Lab
Join the Billings Chamber of Commerce and Healthy By Design in the upcoming Activate Billings Learning Lab series. You will be guided you through a series of six half day workshops designed to help you improve your position as an employer of choice. These learning sessions are designed to help you focus on the individual employee, team dynamics, corporate culture, and community engagement as we work together to Activate Billings.

To register and find out more information, visit the website.

Contact: Jennifer jennifer@billingschamber.com or Melissa info@hbdyc.org.

Recognition Opportunities
Healthy By Design has several initiatives to recognize and celebrate organizations and individuals in our community who are making the healthy choice the easy choice.
For more information, visit our Recognition Opportunities page.

Healthy Food Vendors - It's Food Truck Season!

Tup Tim Thai has been recognized as a Healthy Food Vendor! Like them on Facebook so that you always know where to find healthier options to eat. You can also contact them to book them for your conference, meeting, or event if you want better options for your attendees.

They offer delicious offerings such as pad thai, basil chicken, cashew chicken, and drunken noodles.

School Wellness Champions

We will look for future opportunities to recognize outstanding leaders in our education system who help make the healthy choice, the easy choice.

Healthy Worksite Recognition - Highlighting Local Businesses

A locally inspired Healthy Worksite Toolkit is on the way! Stay tuned for more opportunities related to worksite wellness and Healthy Worksite recognition.

Event Recognition

Calling all events! If you have an event coming up and would like help promoting it, visit our website to check out the Event Recognition application. See below to check out the recognized events coming up in July!

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Healthy By Design in the News

Healthy By Design Market Manager, Maia, was interviewed about Double SNAP Dollars at the Gardeners’ Market. The Community Food & Agriculture Coalition published a nice article highlighting the utilization of SNAP and Double SNAP as a mechanism to encourage healthy food access.

The Billings Gazette's article about the CHNA and its usefulness as a community resource was a great read in August! Thanks to reporter Mari Hall for highlighting some of our partners who have utilized CHNA data in a meaningful way.

Upcoming Coalition Member Events & Announcements

Request for Walking School Bus Volunteers

Highland and McKinley Elementary Schools are piloting a Walking School Bus (WSB) program this fall and are in need of leaders to walk students to school. Check out the flyer for volunteers and information for student sign-ups.
Visit the following websites to sign up to volunteer:

- Highland Elementary School
- McKinley Elementary School

Contact Morgan Miller through email or at 247-3276 if interested.

**Harvest of the Month Mini-Grants**

**Deadline is September 23**

MT Team Nutrition and the National Center for Appropriate Technology are accepting applications for the Harvest of the Month Mini-Grant program. Ten $500 mini-grants will be distributed in October 2019 to Montana schools and after-school programs that are participating in Montana Harvest of the Month. Twelve $400 mini-grants are open to early care and education and healthcare sites participating in Harvest of the Month. New sites are welcome to apply!

*The application is available* [here](#).

**Coulson Park Master Plan**

Billings Parks & Recreation has been working on a Master Plan for Coulson Park and they are looking for community input. The formal survey has closed, but you can view the proposals and provide feedback on the [project website](#).

**Healthy Event - NAMI Classes**

**Wednesdays or Thursdays | September- November**

The National Alliance on Mental Illness (NAMI) located in Billings is hosting free community classes to support those dealing with mental illness as well as their friends and family. [Register for the classes online](#), and do not wait as there is limited availability.

**NAMI Family-Family** - Wednesdays, Sept. 4-Nov. 20 from 6-8pm at NAMI Billings (3333 2nd Ave. N, Ste 150)

**NAMI Basics** - Thursdays, Oct. 10-Nov. 21 from 5:45pm-8pm at the Family Tree Center (2520 5th Ave S) - *Free childcare and a children's meal provided*

**Healthy Event - NAMIWalks Montana**

**Sunday, September 22nd | 12:30 pm | Memorial Park, Helena, MT**

In 2019, NAMI is celebrating 17 years of NAMIWalks, the nation's largest mental health awareness and fundraising event. They invite you to join them. NAMIWalks is a fun, family-friendly event and there is no cost to register.

**Interested in adding content to our newsletter?**

[Contact Us](#)
Want to connect with us on social media?

Like our Facebook page

Email: info@hbdyc.org
Call: 406.247.3394
Visit: www.hbdyc.org

Mission: To collaborate with partners across sectors of the community to promote and improve health.