



Grant Summary

Development of Systems for Trauma-Response Education and Supportive Solutions (DE-STRESS)

Project Dates: 09/01/2014 - 08/31/2017

Project funded by the Office of the Assistant Secretary for Health (OASH)

The Alliance (Billings Clinic, St. Vincent Healthcare and RiverStone Health) and three subcontracted organizations listed below have partnered in the Development of Systems for Trauma-Response Education and Supportive Solutions (DE-STRESS).

Purpose

The purpose of the DE-STRESS Project is to engage our community in a coordinated response to trauma resulting from adverse childhood experiences and to improve the physical and mental health status of our citizens.

Background

The Adverse Childhood Experiences (ACE) study examined associations between childhood trauma and adult health and well-being. The study authors concluded that ACEs lead to social and cognitive impairment, which leads to adoption of high risk health behaviors. Through prevention, awareness, training, and response, this project aspires to address the link between childhood trauma and adverse mental and physical health outcomes throughout the lifespan identified in the ACE study.

Goal

The goal of the project is to use a multi-pronged approach to inform, influence and develop a continuum of care. This is divided into three components: (1) Realize: Increase awareness in the community of ACEs and resources available by providing an ACE screening tool and a Mental Health Services Directory; (2) Recognize: Provide trauma-informed training and assessments to local agencies; and (3) Respond: Develop a trauma responsive continuum of care through ACE screening, Universal Home Visiting referrals, a trauma response train the trainer model, Mindfulness-Based Stress Reduction training, MSW clinical supervision hours and a mental health clinic within Walla Walla University – Billings.

Grant Partners

RiverStone Health

Billings Clinic

St. Vincent Healthcare

United Way of Yellowstone County

Walla Walla University - Billings Campus

Center for Children and Families

Other partners as sub-awarding allows