



Trauma-Informed Care Education

All trainings can be offered at no cost to local organizations through August 2017. Contact us today to schedule training or to learn more.

101 - Introductory Training (1-1½ hours long)

This training increases awareness of ACEs, defines trauma and trauma-informed care. This training helps the individual understand the importance and the principles of the topics and increase general awareness.

201 - Skill Building Training: (2-4 hours long)

This training introduces skills to help individuals provide a more trauma-informed response s they work with people. Examples include self-care techniques, de-escalation, motivational interviewing among others. Every 201 variation also goes further in depth into trauma-informed care principles and how they can be applied.

Currently Available 201 Variations

- Educators & Childcare Providers
- Health Care Professionals
- Social Service Basic Need Providers

301 - Organizational Assessment (6-12 month long process)

This in-depth assessment toolkit provides organizations (or departments within) the ability to assess their agency across the five domains of trauma-informed care. A staff integration team gathers feedback from staff and service users, and performs an environmental scan of the agency. The process identifies positive changes to policies, procedures, and environments and an action plan is created for future implementation.