Making the healthy choice, the easy choice

The Healthy By Design Coalition Monthly News

November 2021, Featuring:
CHIP Update & Highlights
Introducing our new Project Coordinator
Winter Walkability
Upcoming Events & Opportunities
Recognition Opportunities

Community Health Improvement Plan (CHIP) Update & Project Highlights

2020-2023 CHIP Update

This fall has certainly flown by! As we gear up for winter, here is what our current strategy working groups have been up to:

- The **Healthy Neighborhoods** strategy working group worked with leaders from the Pioneer Park Task Force to develop and administer a resident
The Healthy Connections group is preparing to promote the winter Be A Good Neighbor snow shoveling campaign. If your business would like to participate and display a decal in your window, please contact us!

- The Healthy Investments group did not meet in October. Instead, several members have worked together on several projects including the launch of the new CDC initiative. This group hopes to resume meeting this fall.

If you would like to learn about how you can become involved, contact Melissa at melissa@hbdyc.org or 651.6569.

Introducing our new Community Health Worker Project Coordinator, Morgan Miller!

In October, we shared that HBD was awarded a grant from the CDC to work with local organizations and community health workers (CHWs) to complete an updated community health needs and assets assessment through a COVID lens. We are excited to announce that Morgan Miller has been hired to coordinate this new initiative!

Morgan has been involved with the Healthy By Design Coalition for a few years through her position at RiverStone Health and we are excited for her to lend her community building and project coordination skills to this important effort. Originally from Bozeman, Morgan completed her Bachelor of Science in Microbiology at MSU and will graduate with her Master of Public Health from the University of Montana in 2022. When not at work, Morgan enjoys reading, fly fishing, and mountain biking.

Project Highlight: That's a wrap on the Gardeners' Market

We want to extend a big thank you to all of you who completed the customer survey this year. Evaluation helps us know if we are meeting our objectives and guides how we shape initiatives like
Community Highlight: Billings Transportation Safety Plan

The Billings-Yellowstone County Metropolitan Planning Organization is updating the 2016 Billings Community Safety Plan (CTSP). The updated CTSP will identify emphasis areas, strategies, and action steps to reduce fatalities and serious injuries on roadways. Your input is needed to identify safety concerns and suggestions on the CTSP website at [https://billingsctsp.com/](https://billingsctsp.com/).

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Winter Walkability

Supporting Year-Round Connections

As mentioned above, the Healthy Connections working group is continuing their *Be a Good Neighbor* campaign this year, aiming to increase year-round sidewalk accessibility for users of all abilities and ages by raising awareness and inspiring volunteerism for programs like Billings' *Snow Buddies*. They will be expanding the initiative by reaching out to local businesses, encouraging them to pledge to stay *Snow Free and Safe*. If you would like to learn more about the business challenge or the initiative in general, visit our [Healthy Connections](https://www.healthyconnections.com/) page.
Gearing up for the Year of Walkability

We are planning some exciting activities for the Year of Walkability initiative, including the following:

- We Walk Yellowstone County community campaign
- Walk Your Ward neighborhood meet-ups
- Recognition for local Movers and Shakers
- Helpful resources and ways to get involved

Stay tuned for the official launch later this winter and in the meantime, keep an eye out for our #WalkingWednesday posts on Facebook for some seasonal inspiration.

Upcoming Events & Opportunities

Safe Routes to School Plan Update

The Billings MPO is continuing the public input portion of the 2021/2022 Safe Routes to School Update. The study has four major tasks:

- Evaluate current walking, biking, and rolling conditions for students in the region
Identify barriers or issues that might discourage students from walking, biking, and rolling

- Develop a list of prioritized projects that can be built to improve walking, biking, and rolling conditions for students
- Create walking route maps for all 22 public elementary schools in Billings

Parents, guardians, and students in Billings Public Schools elementary schools, your experience and knowledge can take this plan from good to great. Head to tinyurl.com/BillingsSRTS-plan to give your input on the project webmap. Share where you currently walk, where you think there are issues, and what you or your students would need to walk or bike to school more. The input deadline is December 1st. Share the word and sign up to receive updates on the study here.

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Healthy Resources Recognition

**Healthy Events & Food Truck Recognition**

Want Healthy By Design to promote your event? Recognition from Healthy By Design tells your participants that you are committed to their safety and wellness. Visit our Event Planning resource page for lots of healthy tips, see our list of healthy food trucks, and apply for Health Event or Food Vendor recognition!

**Congrats to the 2021 Healthy Worksites**

These 11 Yellowstone County businesses demonstrated their commitment to Healthy Eating, Active Living, Work-Life Balance, & Health Promotion. Worksite wellness initiatives like the ones these businesses employ can enhance productivity can improve recruitment and retention efforts. Looking for more inspiration for worksite wellness at your business? Find an array of helpful resources here.
We commend you for making
the healthy choice, the easy choice at your worksites!

Stay in Touch

Use our links below to learn about coalition initiative not featured in this month's newsletter by visiting our website, sending us an email, or following us on Facebook. You can also call us at 406.247.3394. We're always happy to answer your questions.

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