Mental Health

Adults under age 65 are much more likely to perceive most days as "very" or "extremely" stressful. Middle-aged adults report this the most.

Substance Abuse

60% of young adults report being negatively impacted by their own or someone else's substance abuse, making their age group the most affected.

Nutrition, Physical Activity, & Weight

Older adults are significantly more likely to watch 3+ hours of screen time per day, at a rate of over 3 out of every 5.

Significant Disparities by Age in Yellowstone County

- worry or stress over their rent/mortgage
- food insecurity
- "fair" or "poor" overall health
- typical day is "very" or "extremely" stressful
- having 1+ cardiovascular risk factor
- having an unlocked firearm in the home or vehicle
- having diabetes/high blood sugar
- living with multiple chronic conditions
- being limited by a physical, mental, or emotional problem
- having 7+ sugary drinks in a week
- not meeting physical activity guidelines
- watch 3+ hours of screen time per day
- no increase in physical activity through everyday behaviors
- never walk, bike, or use transit to commute
- being negatively impacted by substance abuse
- difficulty or delays in receiving healthcare
- not having a routine checkup in past year
- currently vape
- currently smoke
- drink excessively