Income-Based Health Disparities in Yellowstone County

Mental Health

Low-income adults are more than twice as likely to have considered suicide in their lifetime.

- 17% of mid/high-income
- 36% of low-income

Substance Abuse

Nearly 3/4 of low-income residents report being negatively impacted by substance abuse, either their own or someone else's.

Nutrition, Physical Activity, & Weight

9 out of every 10 county residents suffering from food insecurity are low-income.

Low-income residents are more likely to report...

- worry or stress over their rent/mortgage
- unsafe/unhealthy housing conditions
- difficulty finding fresh produce at a price they can afford
- food insecurity
- "fair" or "poor" overall health
- symptoms of chronic depression (2+ years)
- considering suicide
- living with multiple chronic conditions
- being limited by a physical, mental, or emotional problem
- drinking 7+ sugary beverages in a week
- watching 3+ hours of screen time per day
- no increase in physical activity through everyday behaviors
- being negatively impacted by substance abuse
- currently smoking
- currently vaping
- using the ER for healthcare

Data from the 2020 Community Health Needs Assessment, sponsored by Billings Clinic, RiverStone Health, & St. Vincent Healthcare.
Visit www.hbdyc.com to learn more.