

Welcome!

2025 Community Health Public Forum

Before we get started, feel free to:
Grab lunch & refreshments
Sit where you can see!

Connect to the Wi-Fi
Password: **SharingIsCaring**

Let us know if you do not have a smartphone!





Agenda

- Share key findings from needs assessment
- Public prioritization of areas of opportunity
- Next steps

Sponsored by and conducted in partnership with:



Logistics and Housekeeping

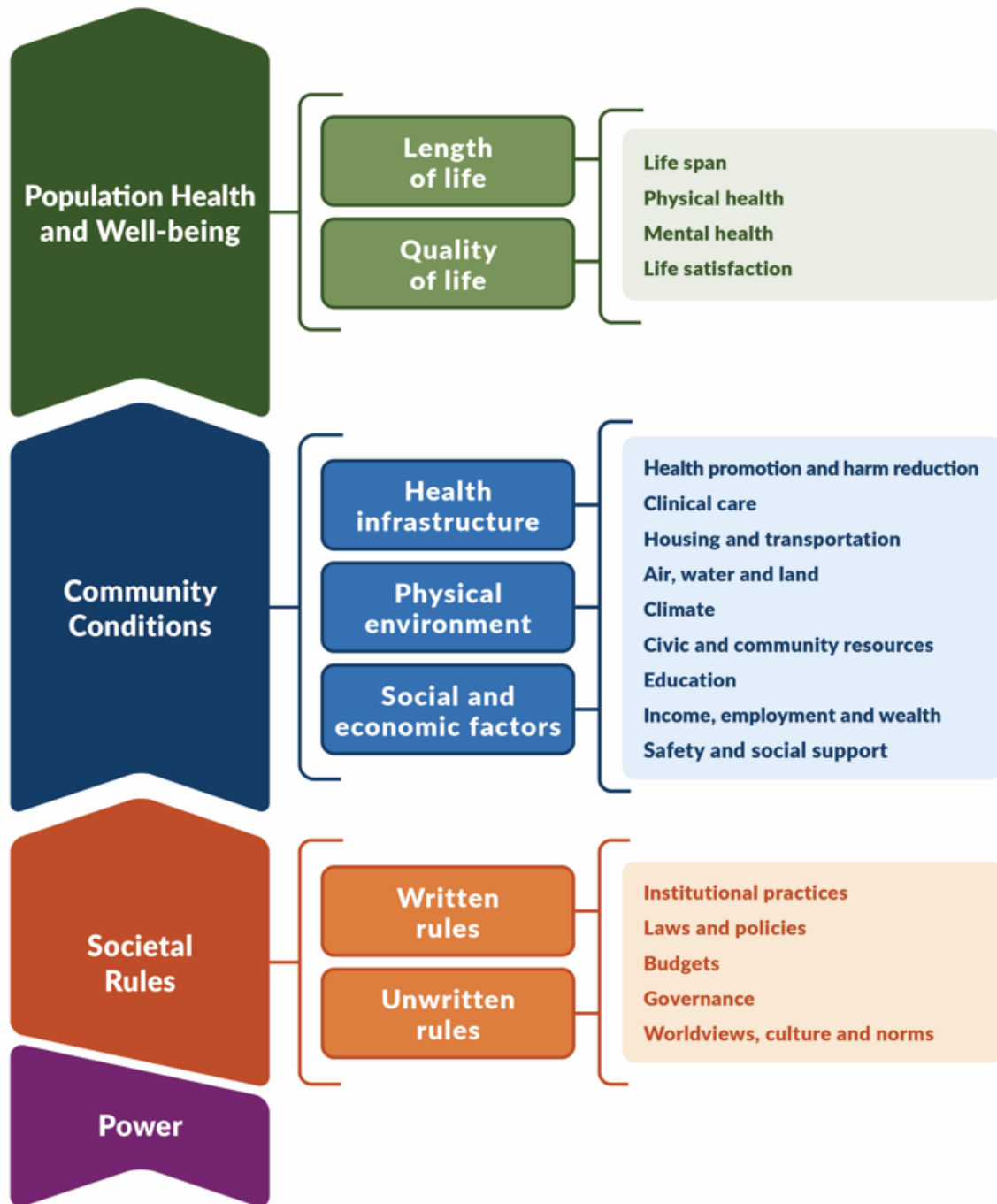
- Food and beverages
- Restrooms
- Two breaks



Why Complete an Assessment?

- Provides **comprehensive** information about the community's **current** health status, needs, and issues
- Opportunity to **engage broader community** in assessing and addressing community health
- Justifies how and where **resources** should be allocated to best meet community needs
- Supports the development of a **coordinated** community health improvement plan

Focus on Yellowstone County



**What
contributes to
health
outcomes?**

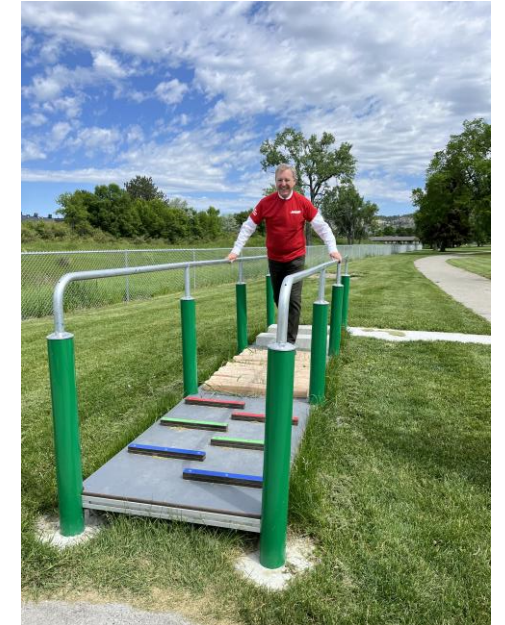
Our Approach



Frieden T. American Journal of Public Health | April 2010, Vol 100, No. 4

What do we do with the data?

Working together to improve the health and vibrancy of Yellowstone County



Key Findings from the Community Health Needs Assessment

Presenters

Introduction and Methodology

Bruce Lockwood, Professional Research Consultants

2025 CHNA Results

Amy Ready, Billings Clinic

Melissa Henderson and Taylor Cook, RiverStone Health

Estee Glikman, The Rehabilitation Hospital of Montana

April Ennis Keippel, Intermountain Health St. Vincent Regional Hospital

Shari Charron, Intermountain Health St. Vincent Regional Hospital



2026 PRC Community Health Needs Assessment

Yellowstone County, Montana



**The Rehabilitation
Hospital of Montana**
In Partnership with
Billings Clinic & St. Vincent Healthcare

Today's Activities

Presentation

- Represents just a fraction of the data collected through this assessment.
- Primarily focuses on areas of need ("Areas of Opportunity"); however, there were many positive findings for the area as well.

Prioritization

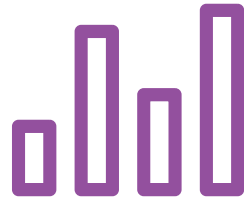
- Toward the end of our meeting, you will be asked to rank health issues along various criteria to inform the prioritization process.

Community Health Needs Assessment

The PRC Community Health Needs Assessment consists of both primary and secondary data.

BENCHMARKING

- Previous Survey Data (since 2005)
- PRC National Health Survey
- Montana BRFSS data
- Healthy People 2030 targets
- National vital statistics data



Secondary Data

- County-level data
- Census data, vital statistics, other health-related data



Online Key Informant Survey

- Community stakeholder input — *124 physicians, public health, other health providers, social services, community leaders*
- Based on their experiences, the populations they serve



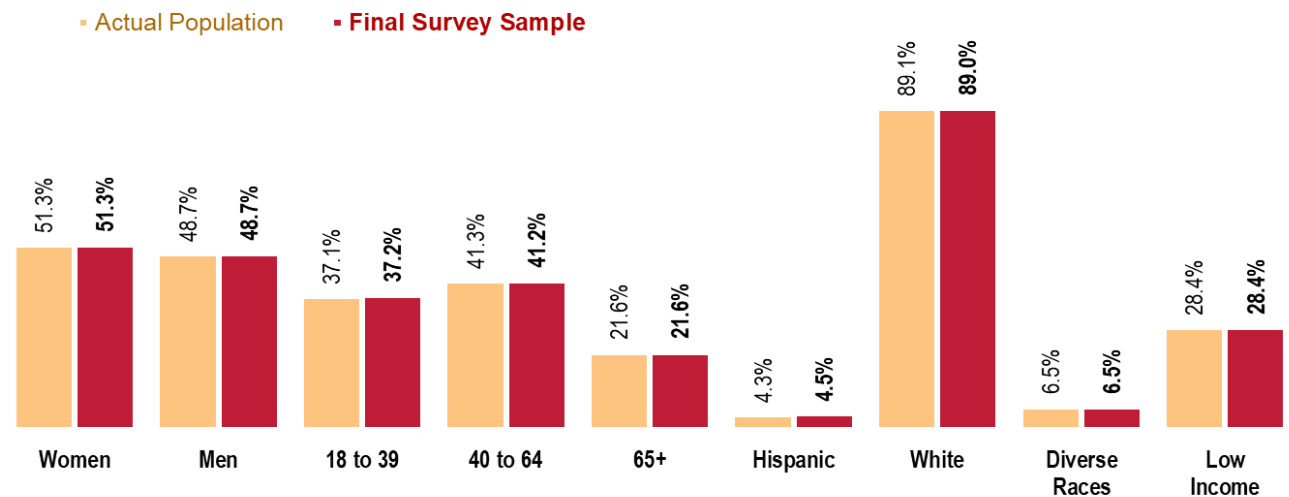
Customized Local Health Survey

- Population-based surveys
- Targets health status, experience, behaviors
- Conducted via landline/cell phones and internet-based surveys



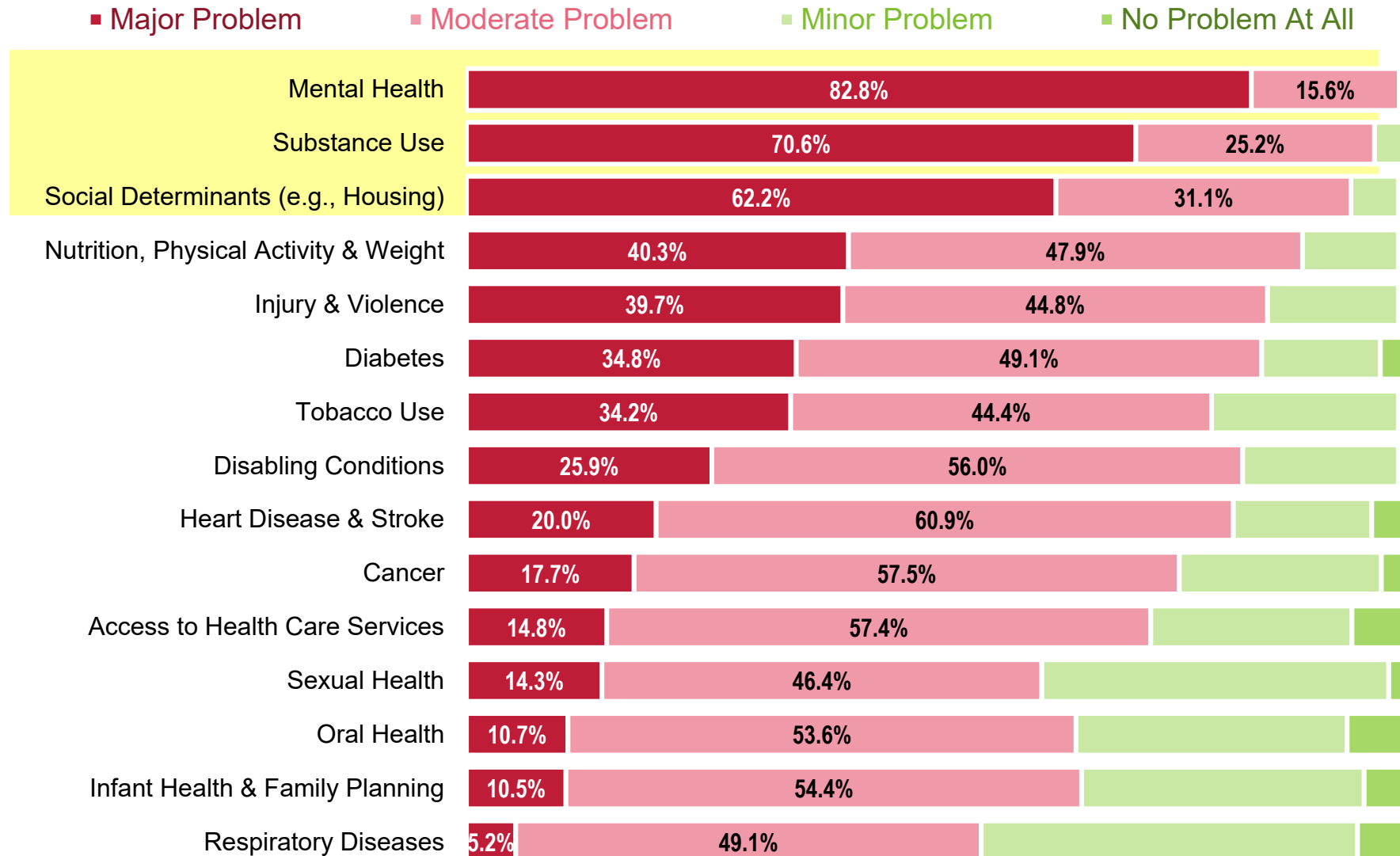
- 692 surveys stratified across the service area
 - Total sample size provides an overall maximum confidence interval of $\pm 3.7\%$
- Over 100 survey items;
20-25 minute interview
- Final sample weighted in proportion to the total population

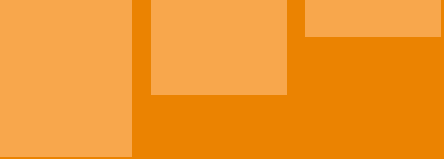
Population & Survey Sample Characteristics (Yellowstone County, 2026)



Key Informant Input

Key Informants: Relative Position of Health Topics as Problems in the Community





► 13 identified areas of significant health need (“Areas of Opportunity”) under five broader health categories

Overall Health

Access

- Access to Health Care Services

Chronic Disease

- Cancer
- Diabetes
- Disabling Conditions
- Heart Disease & Stroke
- Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- Nutrition, Physical Activity & Weight
- Injury & Violence
- Tobacco Use

Behavioral Health

- Mental Health
- Substance Use

Social Determinants of Health

- Housing
- Economic Stability

DATA REFLECTION & DISCUSSION

Q&A

Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

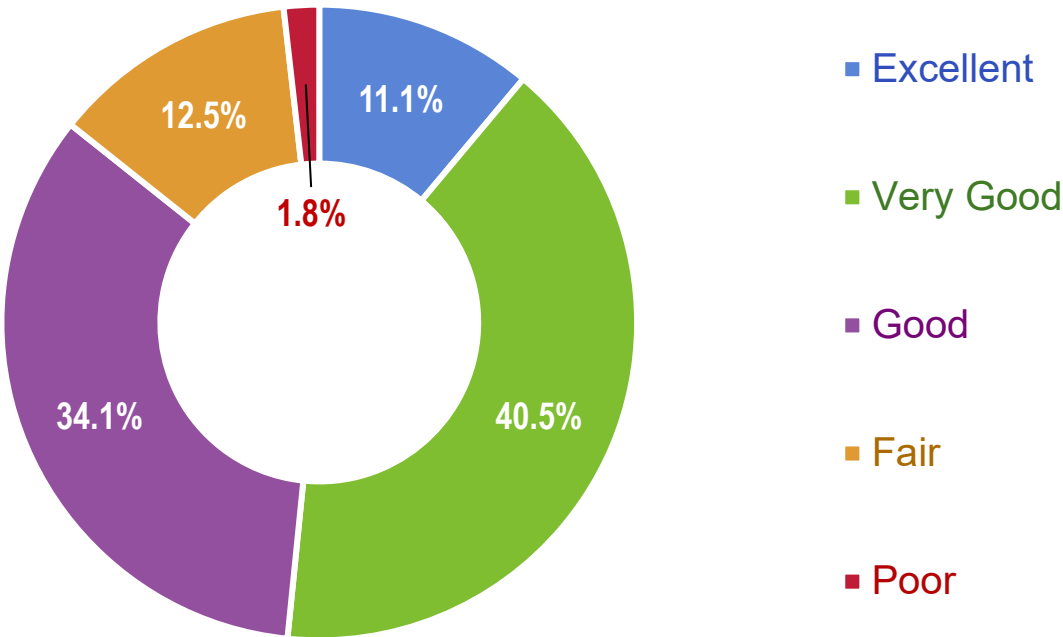
Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

DATA REFLECTION & DISCUSSION

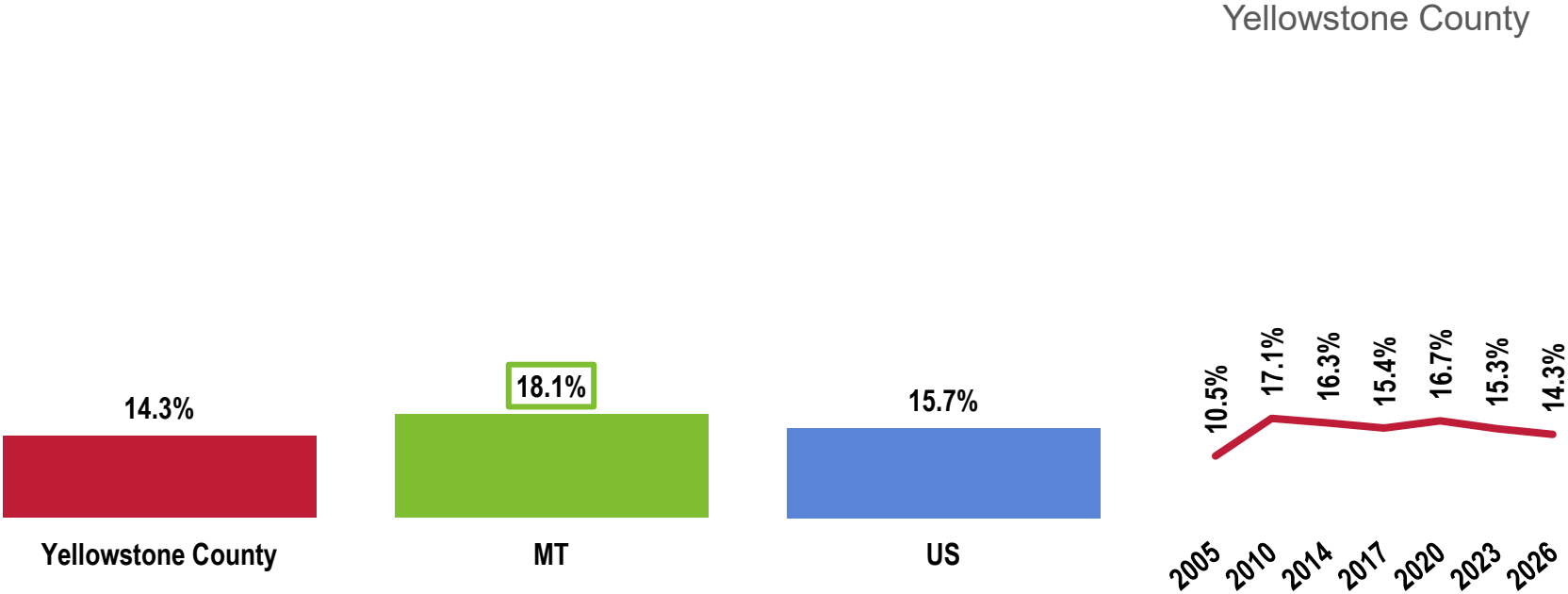
Q&A

Self-Reported Health Status (Yellowstone County, 2026)



Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 4]
Notes: • Asked of all respondents.

Experience “Fair” or “Poor” Overall Health



Sources: ● 2026 PRC Community Health Survey, PRC, Inc. [Item 4]
● Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2023 Montana data.
● 2023 PRC National Health Survey, PRC, Inc.

Notes: ● Asked of all respondents.

Experience “Fair” or “Poor” Overall Health (Yellowstone County, 2026)



Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 4]
Notes: • Asked of all respondents.

Overall Health

Access

- ▶ **Access to Health Care Services**

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

Social Determinants of Health

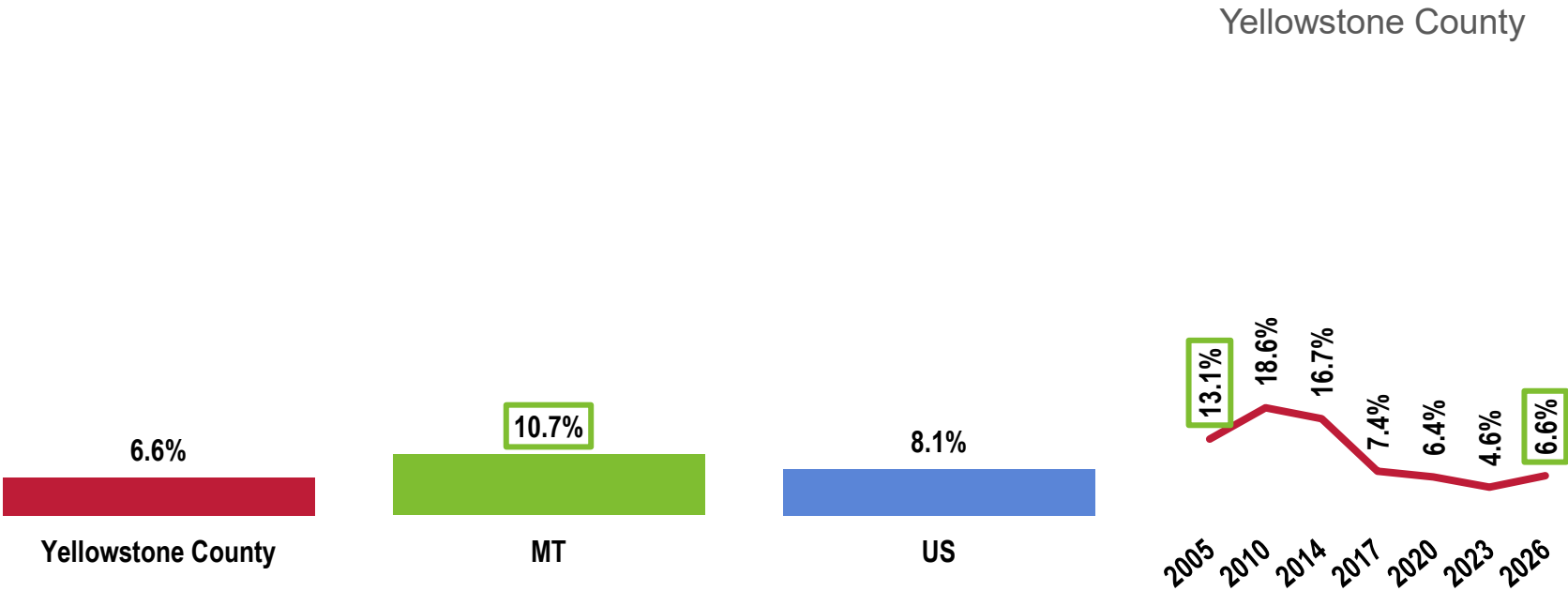
- ▶ Housing
- ▶ Economic Stability

DATA REFLECTION & DISCUSSION

Q&A

Lack of Health Care Insurance Coverage (Adults 18-64)

Healthy People 2030 = 7.6% or Lower



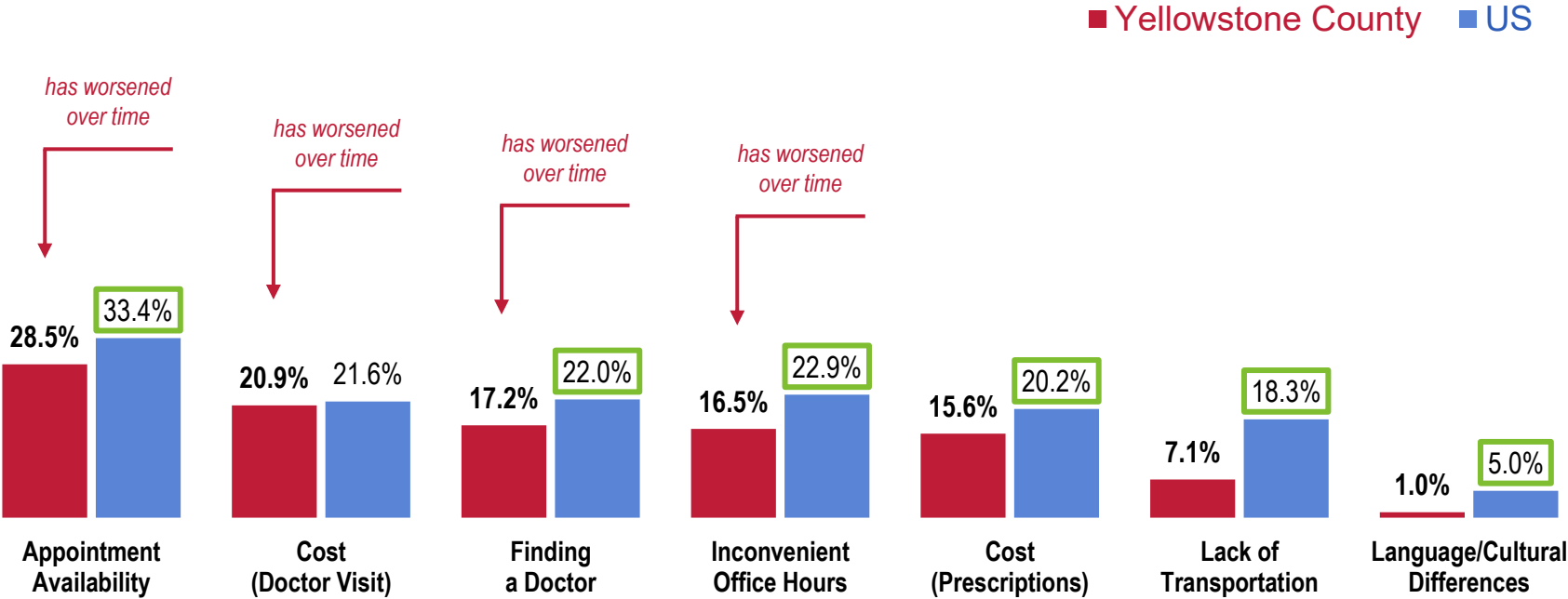
Sources:

- 2026 PRC Community Health Survey, PRC, Inc. [Item 117]
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2023 Montana data.
- 2023 PRC National Health Survey, PRC, Inc.
- US Department of Health and Human Services. Healthy People 2030. <https://health.gov/healthypeople>

Notes:

- Reflects respondents age 18 to 64.

Barriers to Access Have Prevented Medical Care in the Past Year



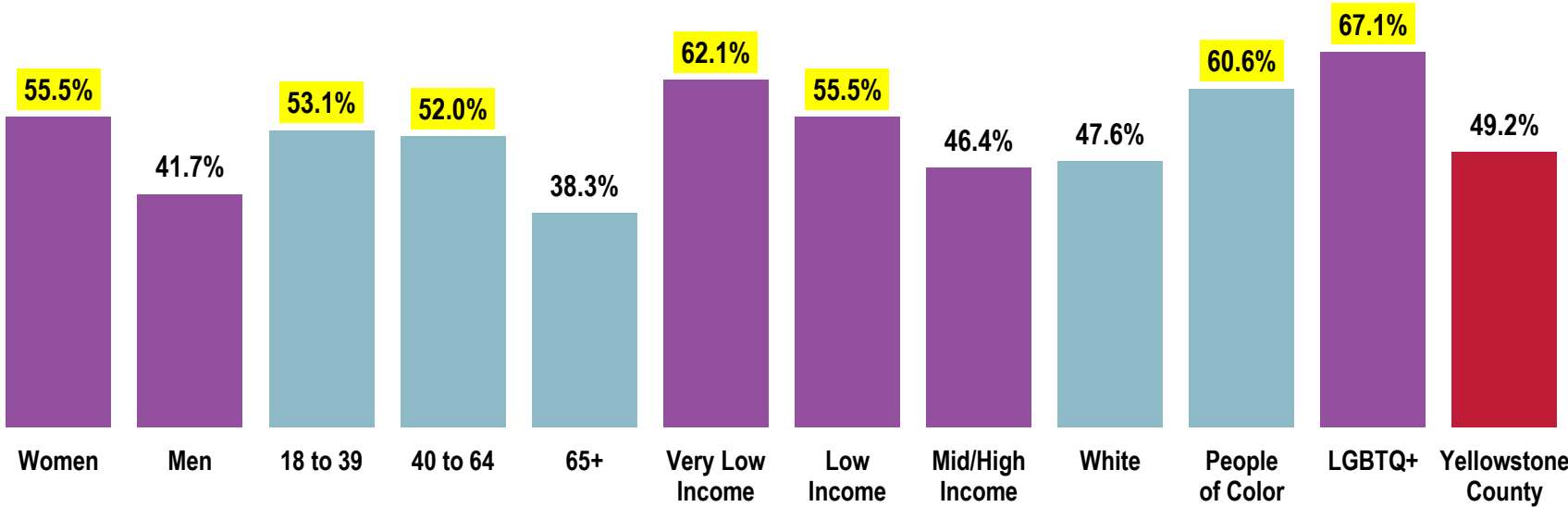
Sources:

- 2026 PRC Community Health Survey, PRC, Inc. [Items 6-13]
- 2023 PRC National Health Survey, PRC, Inc.

Notes:

- Based on reported heights and weights, asked of all respondents.

Experienced Difficulties or Delays of Some Kind in Receiving Needed Health Care in the Past Year (Yellowstone County, 2026)



Sources:

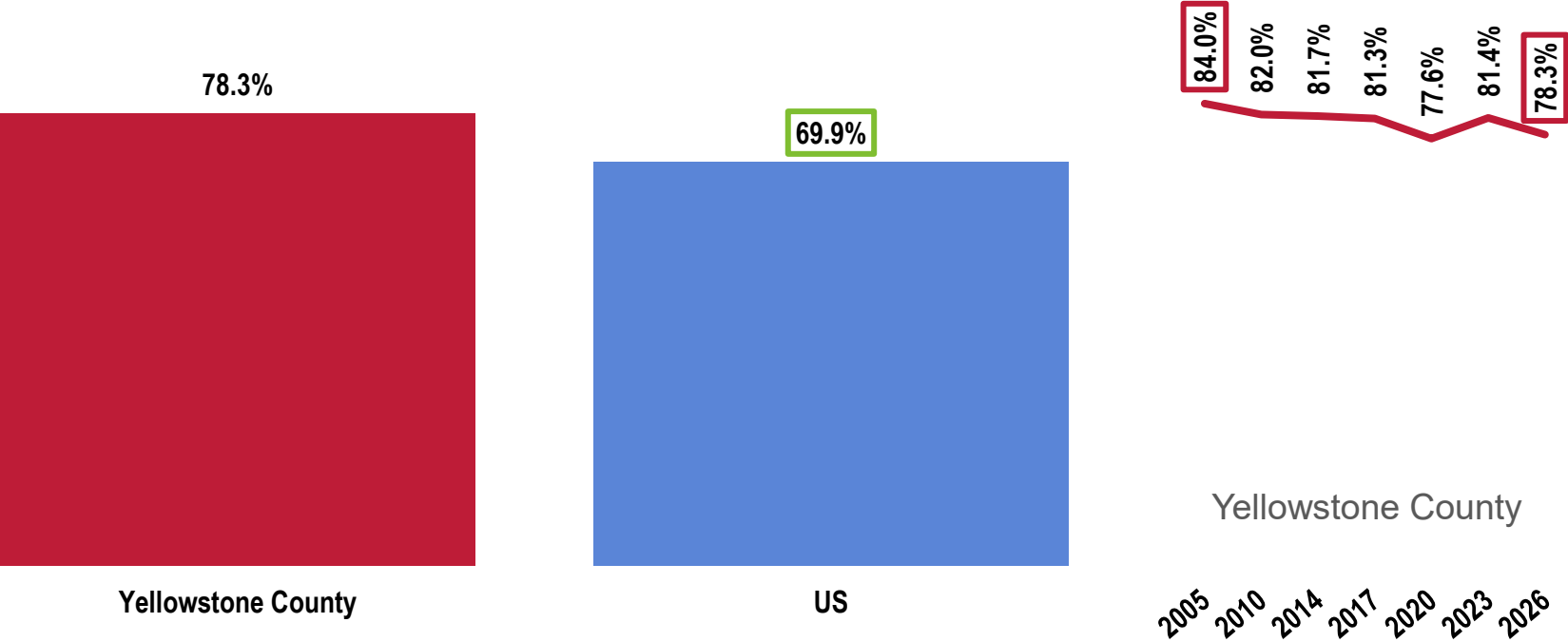
- 2026 PRC Community Health Survey, PRC, Inc. [Item 119]

Notes:

- Asked of all respondents.
- Percentage represents the proportion of respondents experiencing one or more barriers to accessing health care in the past 12 months.

Have a Specific Source of Ongoing Medical Care

Healthy People 2030 = 84.0% or Higher



Sources: ● 2026 PRC Community Health Survey, PRC, Inc. [Item 118]
● 2023 PRC National Health Survey, PRC, Inc.
● US Department of Health and Human Services. Healthy People 2030. <https://health.gov/healthypeople>

Notes: ● Asked of all respondents.

Overall Health

Access

- ▶ **Access to Health Care Services**

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

Data Reflection & Discussion

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

Data Reflection & Discussion

Q&A

Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

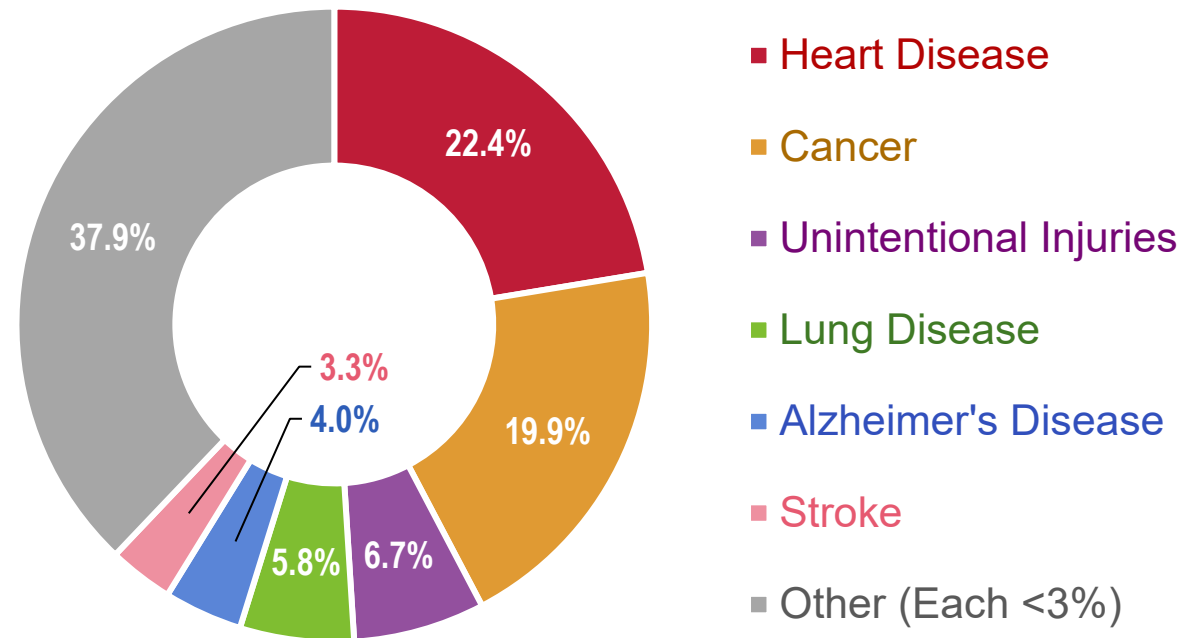
Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

DATA REFLECTION & DISCUSSION

Q&A

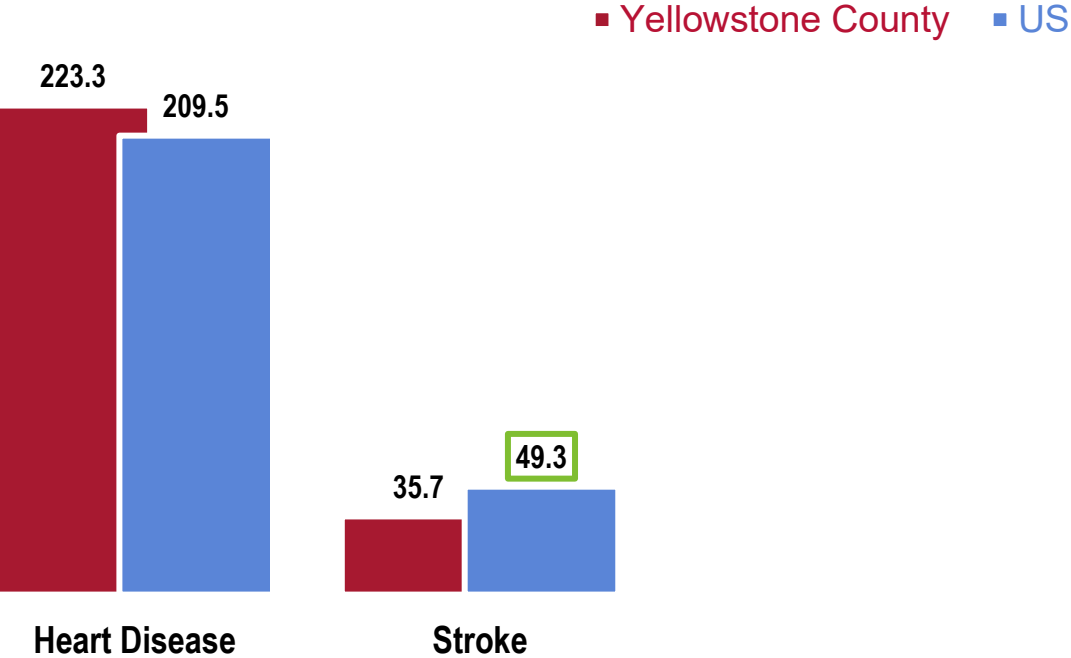
Leading Causes of Death (Yellowstone County, 2023)



Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted October 2025.
Notes: ● Lung disease includes deaths classified as chronic lower respiratory disease.

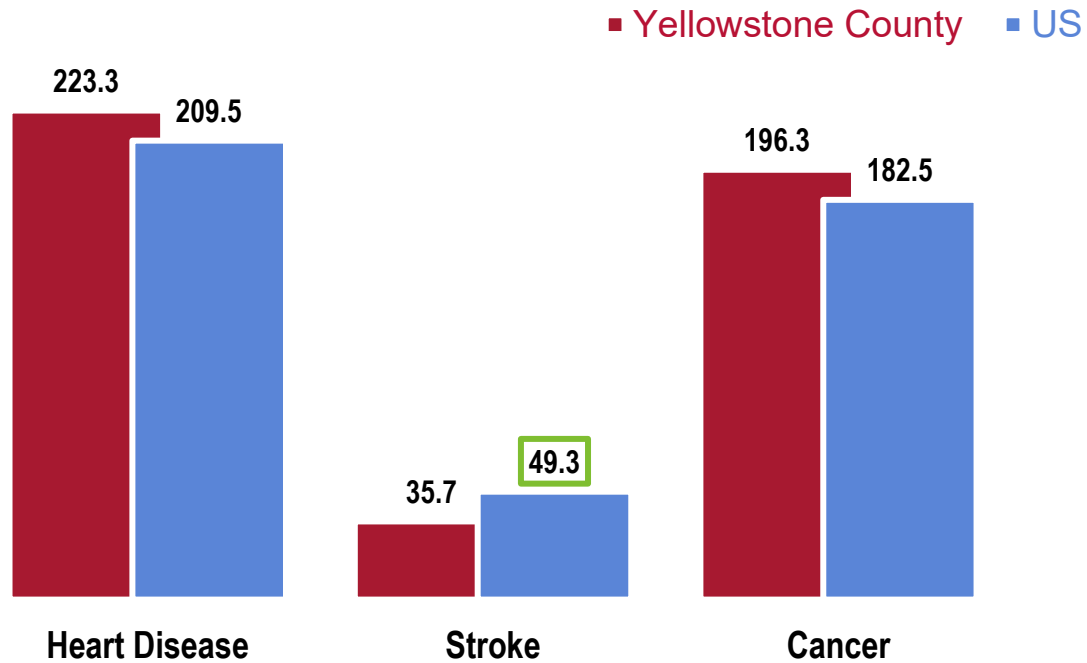
Mortality for Select Causes of Death

(2021-2023 Deaths per 100,000 Population)



Mortality for Select Causes of Death

(2021-2023 Deaths per 100,000 Population)

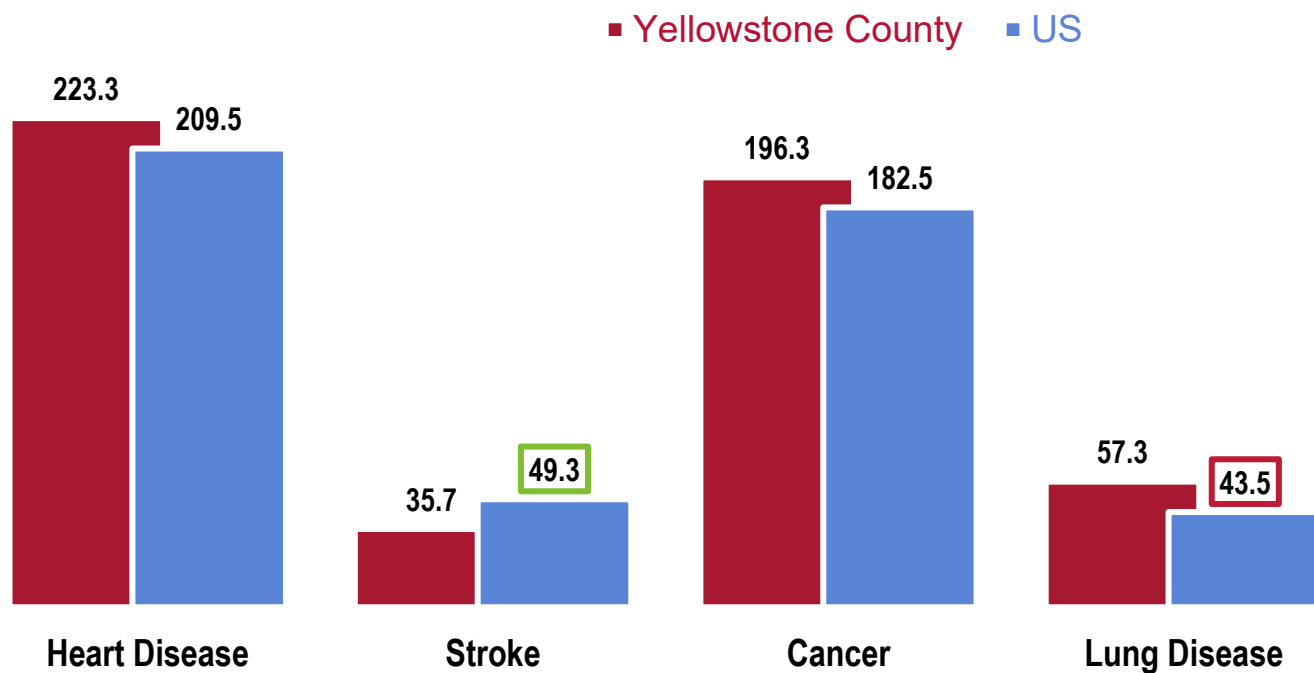


Other **CANCER** Findings

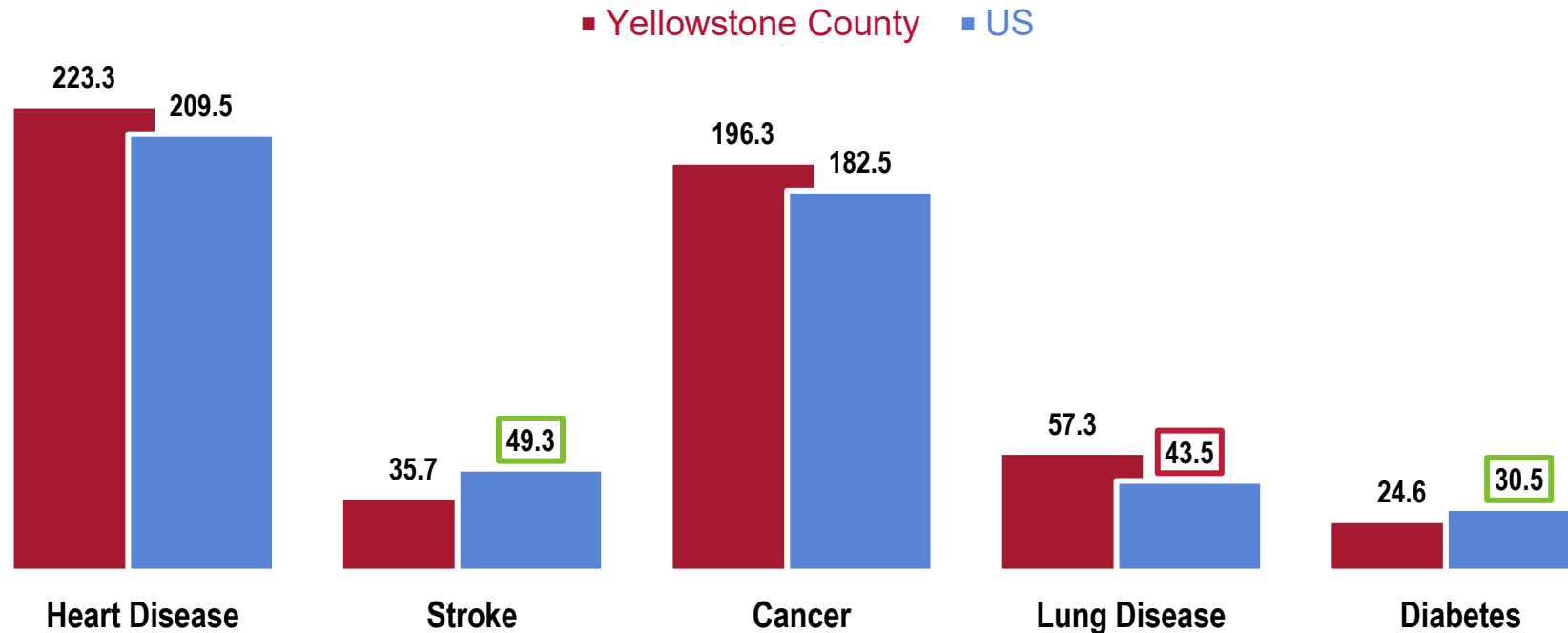
- Female breast cancer mortality is higher than US
- Female breast cancer and prostate cancer incidence relatively high
- Cervical cancer screening is lower than US and trending down

Mortality for Select Causes of Death

(2021-2023 Deaths per 100,000 Population)



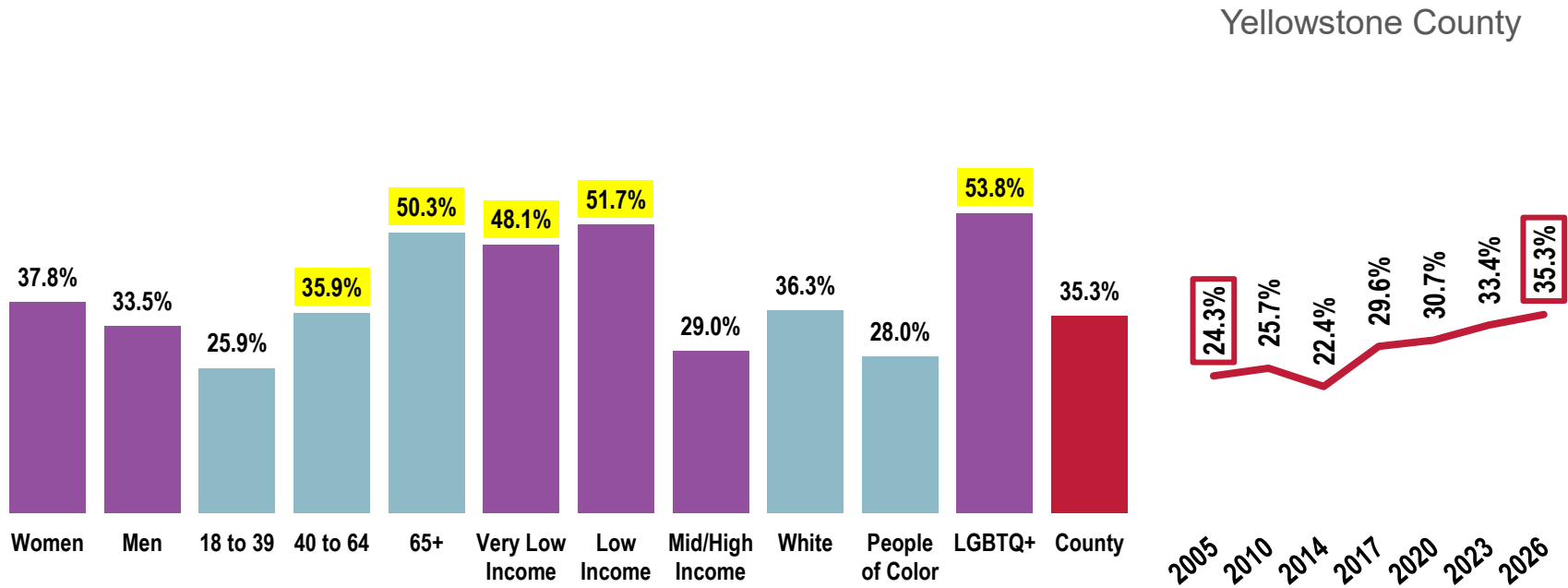
Mortality for Select Causes of Death (2021-2023 Deaths per 100,000 Population)



Other DIABETES Findings

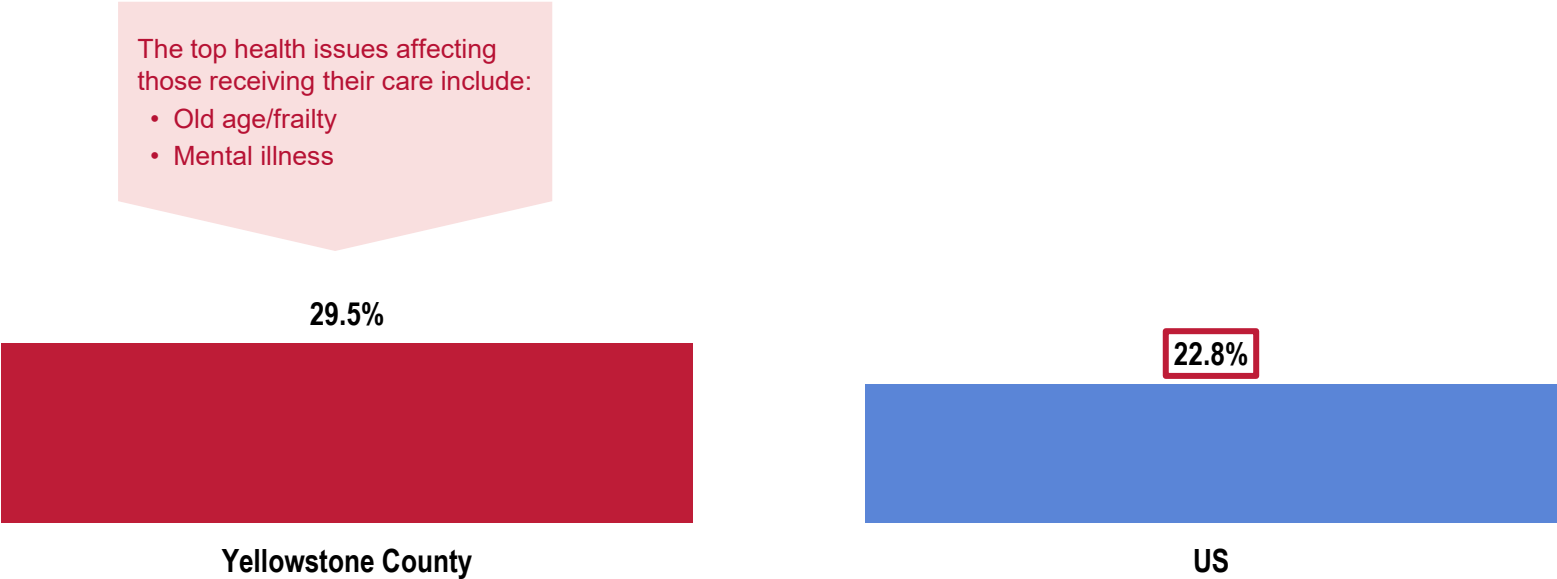
- 9.2% of adults have diabetes, 13.5% have prediabetes (both trending up)
- Kidney disease deaths also increasing over time

Limited in Activities in Some Way Due to a Physical, Mental, or Emotional Problem (Yellowstone County, 2026)



Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 83]
Notes: • Asked of all respondents.

Act as Caregiver to a Friend or Relative with a Health Problem, Long-Term Illness, or Disability



Sources:

- 2026 PRC Community Health Survey, PRC, Inc. [Items 85-86]
- 2023 PRC National Health Survey, PRC, Inc.

Notes:

- Asked of all respondents.

Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

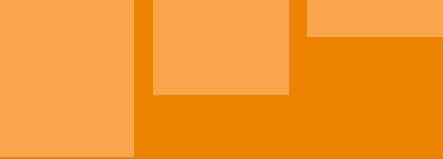
- ▶ Mental Health
- ▶ Substance Use

Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

DATA REFLECTION & DISCUSSION

Q&A



► 13 identified
areas of
significant
health need
("Areas of
Opportunity")
under
five broader
health
categories

Overall Health

Access

- Access to Health Care Services

Chronic Disease

- Cancer
- Diabetes
- Disabling Conditions
- Heart Disease & Stroke
- Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- **Nutrition, Physical Activity & Weight**
- **Injury & Violence**
- **Tobacco Use**

Behavioral Health

- Mental Health
- Substance Use

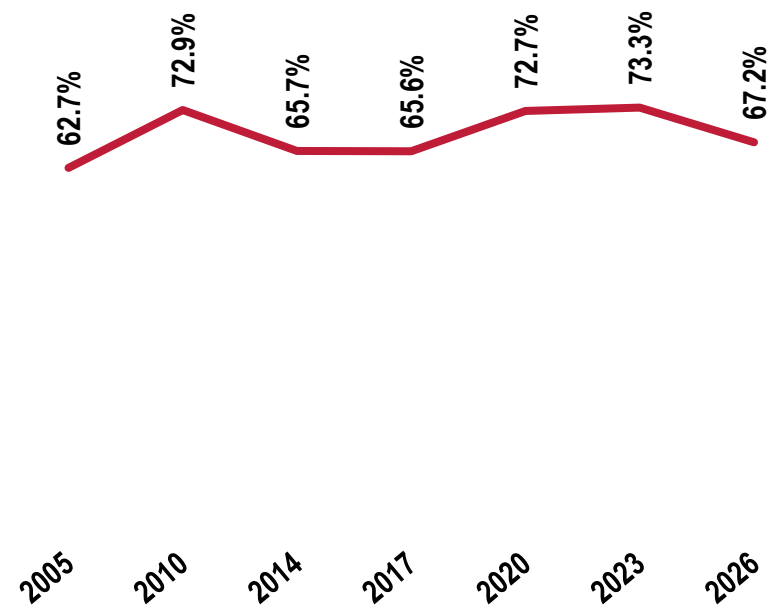
Social Determinants of Health

- Housing
- Economic Stability

DATA REFLECTION & DISCUSSION

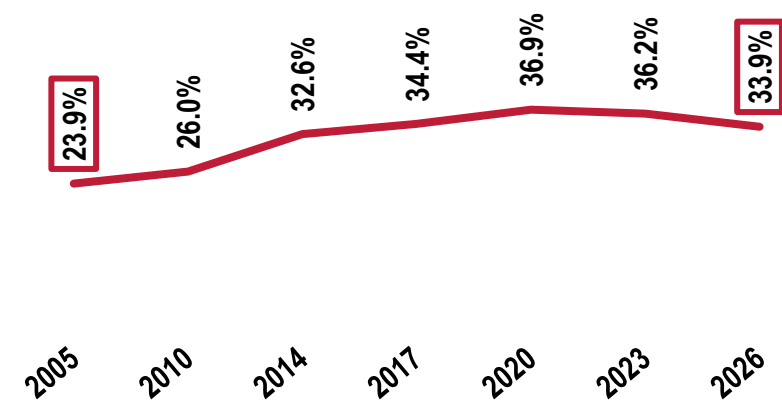
Q&A

Prevalence of Total Overweight (Overweight and Obese)



Prevalence of Obesity

Healthy People 2030 = 36.0% or Lower



Sources:

- 2026 PRC Community Health Survey, PRC, Inc. [Item 112]
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2023 Montana data.
- 2023 PRC National Health Survey, PRC, Inc.

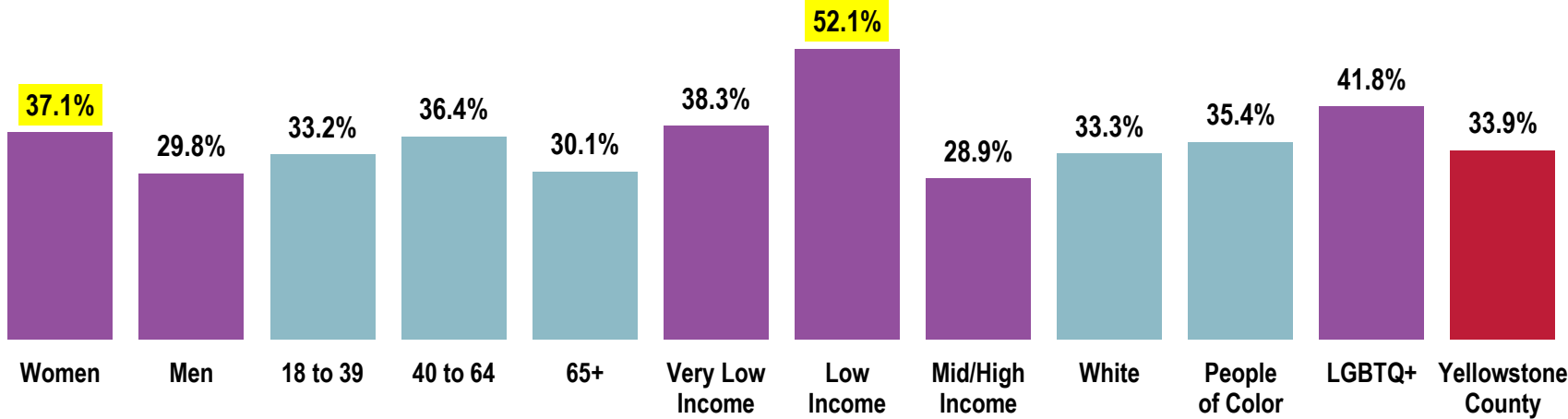
Notes:

- Based on reported heights and weights, asked of all respondents.
- The definition of overweight is having a body mass index (BMI), a ratio of weight to height (kilograms divided by meters squared), greater than or equal to 25.0.
- The definition for obesity is a BMI greater than or equal to 30.0.

Each is similar to the national prevalence level.

Prevalence of Obesity (Yellowstone County, 2026)

Healthy People 2030 = 36.0% or Lower



Sources:

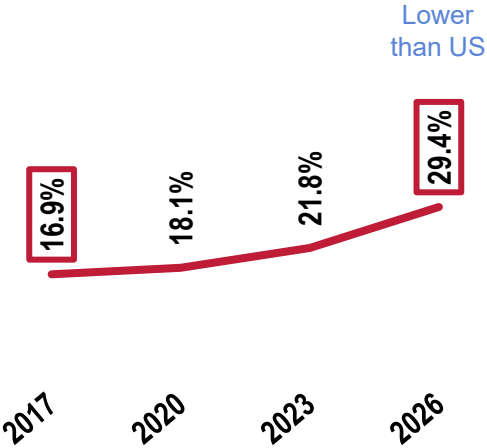
- 2026 PRC Community Health Survey, PRC, Inc. [Item 112]
- US Department of Health and Human Services. Healthy People 2030. <https://health.gov/healthypeople>

Notes:

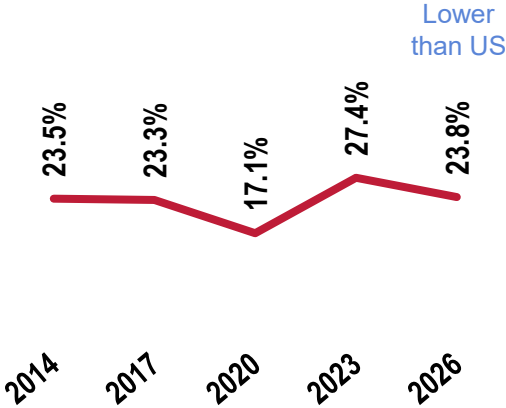
- Based on reported heights and weights, asked of all respondents.
- The definition of obesity is having a body mass index (BMI), a ratio of weight to height (kilograms divided by meters squared), greater than or equal to 30.0, regardless of gender.

Nutrition Indicators (Yellowstone County)

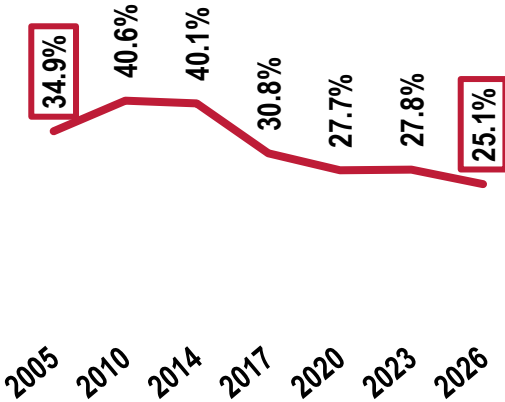
Food Insecurity



Find It “Very” or “Somewhat”
Difficult to Buy Affordable
Fresh Produce

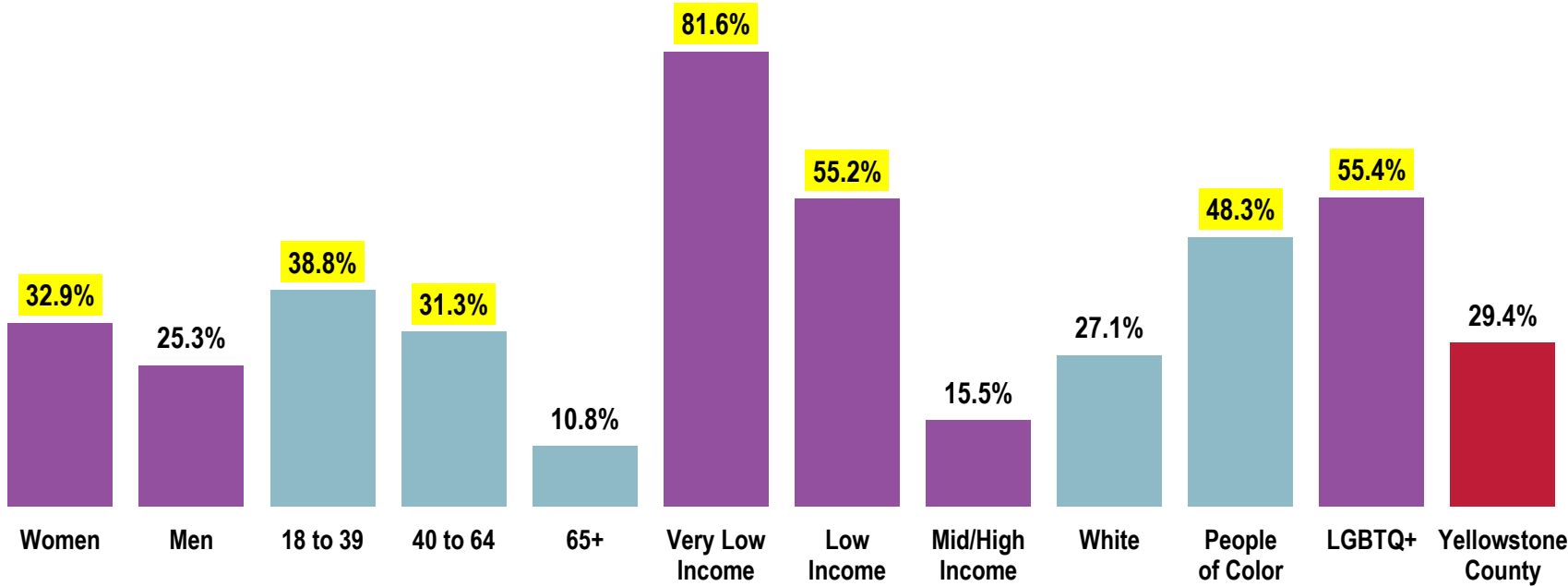


Consume
Five or More Servings of
Fruits/Vegetables Per Day



Sources: • 2026 PRC Community Health Survey, PRC, Inc.
Notes: • Asked of all respondents.

Food Insecurity (Yellowstone County, 2026)

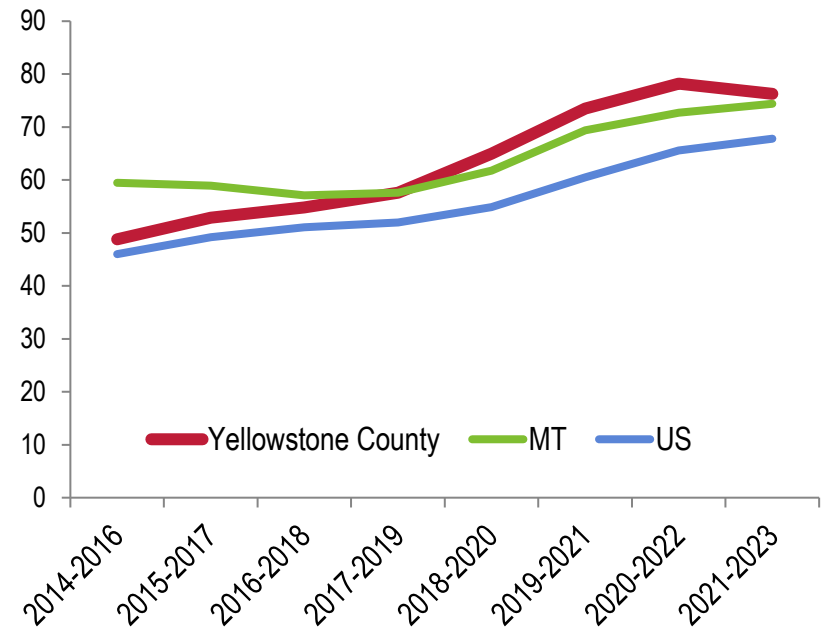


Sources: 2026 PRC Community Health Survey, PRC, Inc. [Item 98]
Notes: Asked of all respondents.
Includes adults who A) ran out of food at least once in the past year and/or B) worried about running out of food in the past year.

Unintentional Injury Mortality

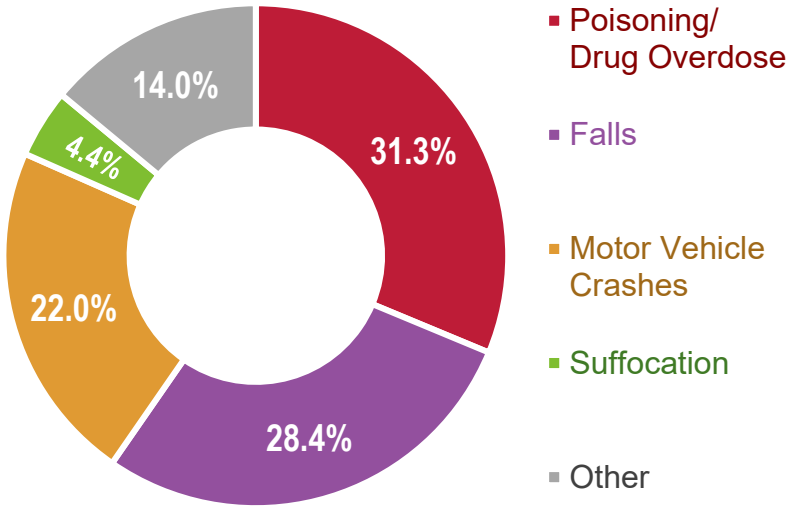
(Annual Average Deaths per 100,000 Population)

Healthy People 2030 = 43.2 or Lower



Leading Causes of Unintentional Injury Deaths

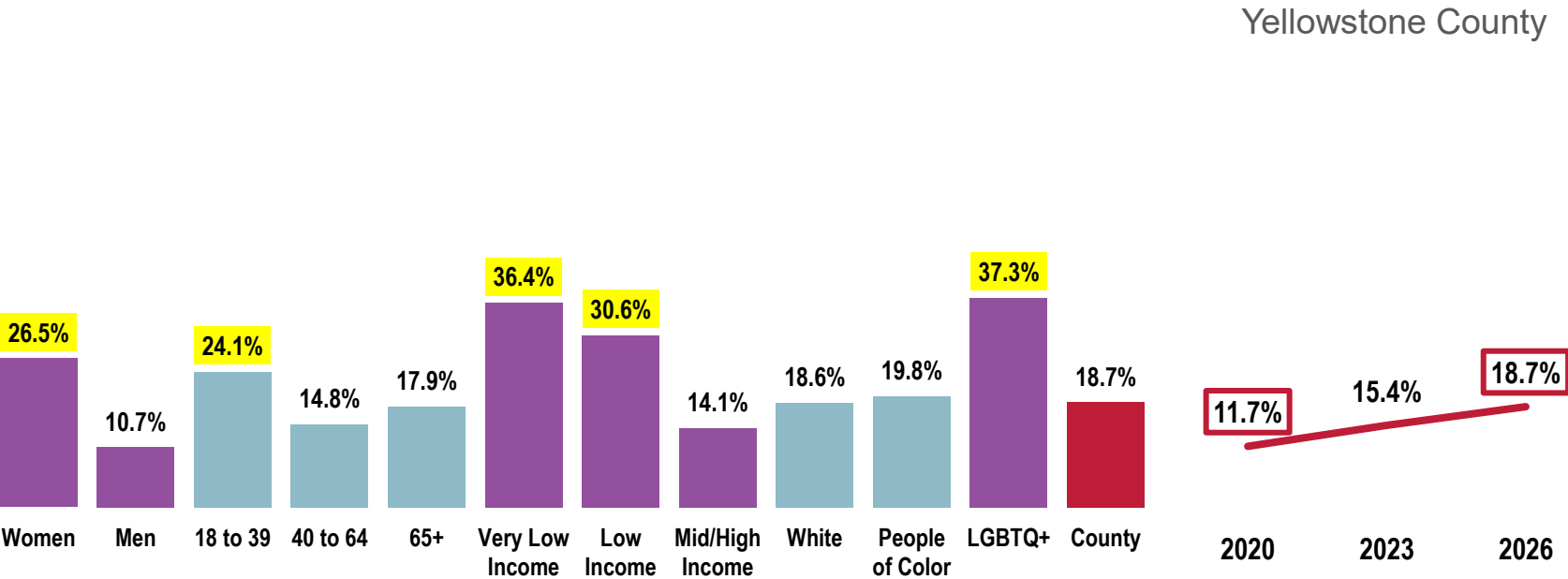
(Yellowstone County, 2021-2023)



Sources: ● CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted October 2025.
● US Department of Health and Human Services. Healthy People 2030. <https://health.gov/healthypeople>

Notes: ● Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
● Rates are per 100,000 population.

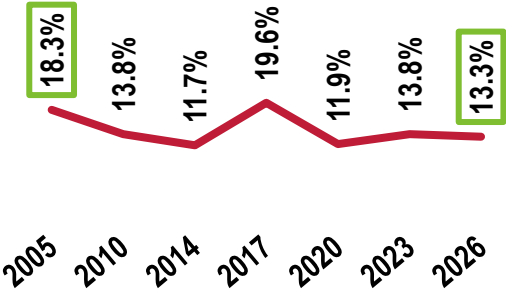
Feel “Slightly/Not At All Safe” Walking Alone in the Neighborhood (Yellowstone County, 2026)



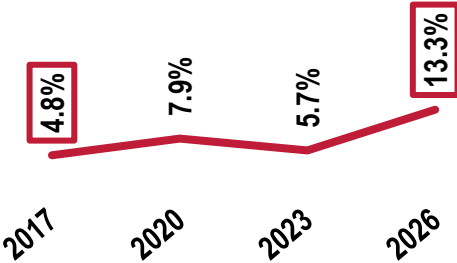
Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 302]
Notes: • Asked of all respondents.

Tobacco Usage (Yellowstone County)

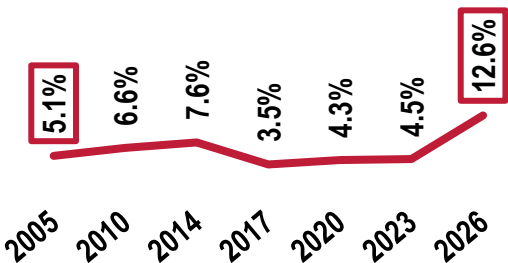
Currently
Smoke Cigarettes



Currently Use
Vaping Products

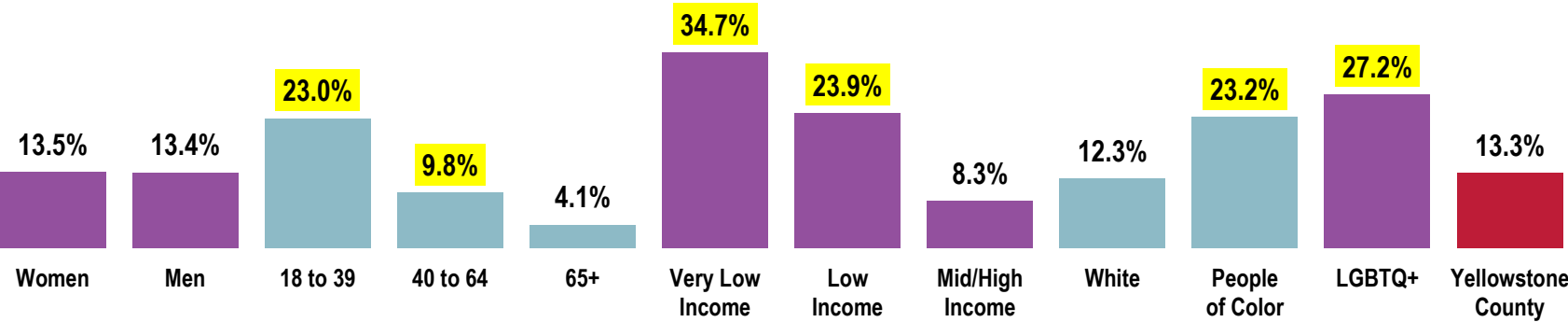


Currently Use
Smokeless Tobacco



Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 304]
Notes: • Asked of all respondents.
• Includes those who use every day or on some days.

Currently Use Vaping Products (Yellowstone County, 2026)



Sources:

- 2026 PRC Community Health Survey, PRC, Inc. [Item 36]

Notes:

- Asked of all respondents.
- Includes those who use vaping products every day or on some days.

Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

Modifiable Risks

- ▶ **Nutrition, Physical Activity & Weight**
- ▶ **Injury & Violence**
- ▶ **Tobacco Use**

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

Q&A

Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ **Mental Health**
- ▶ **Substance Use**

Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

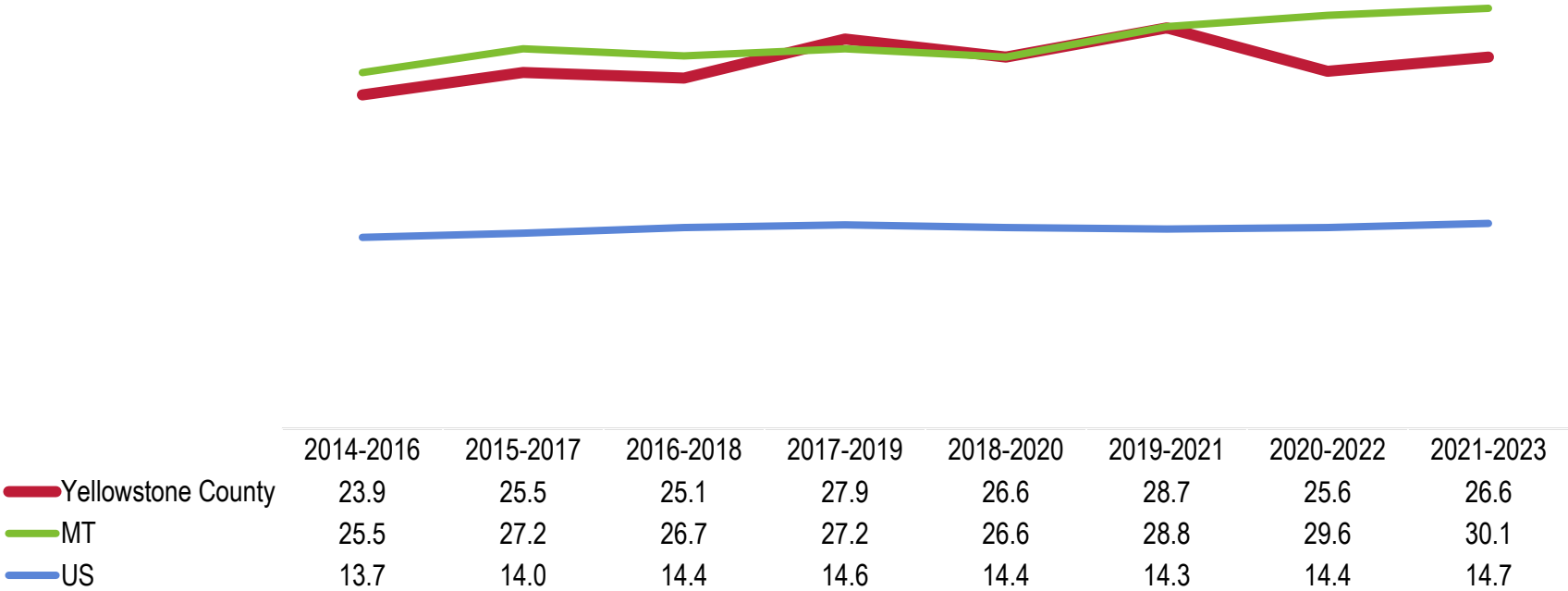
DATA REFLECTION & DISCUSSION

Q&A

Suicide Mortality Trends

(Annual Average Deaths per 100,000 Population)

Healthy People 2030 = 12.8 or Lower



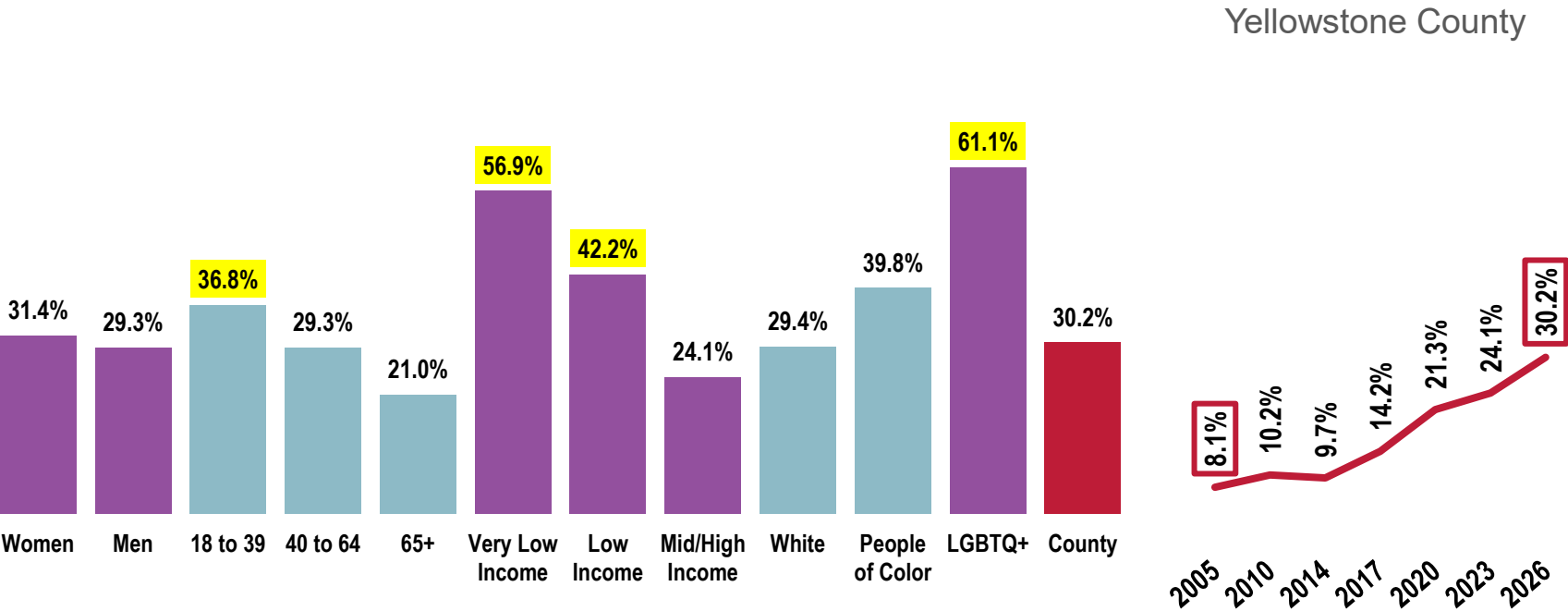
Sources:

- CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted October 2025.
- US Department of Health and Human Services. Healthy People 2030. <https://health.gov/healthypeople>

Notes:

- Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
- Rates are per 100,000 population.

Have Ever Considered Attempting Suicide (Yellowstone County, 2026)

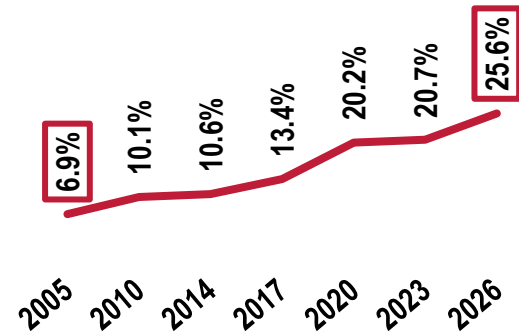


Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Items 319-320]
Notes: • Asked of all respondents.

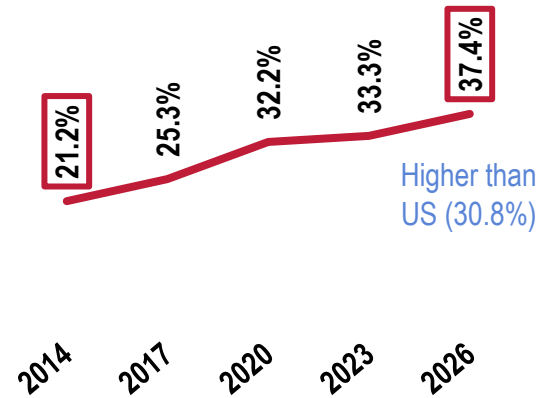
Among all respondents, 64.0% are aware of Montana's *Suicide Prevention and Mental Health Crisis Lifeline 988*.

Mental Health Indicators (Yellowstone County)

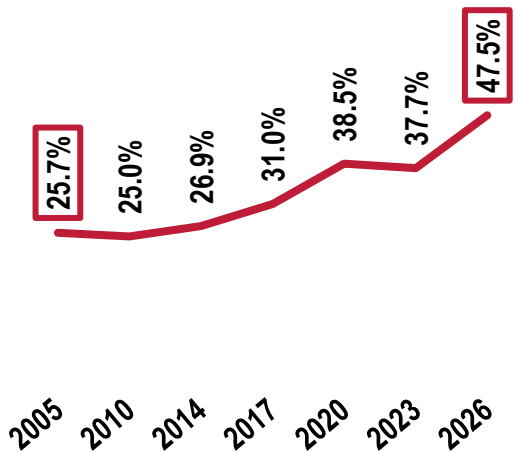
Experience “Fair” or “Poor” Mental Health



Have Been Diagnosed With a Depressive Disorder

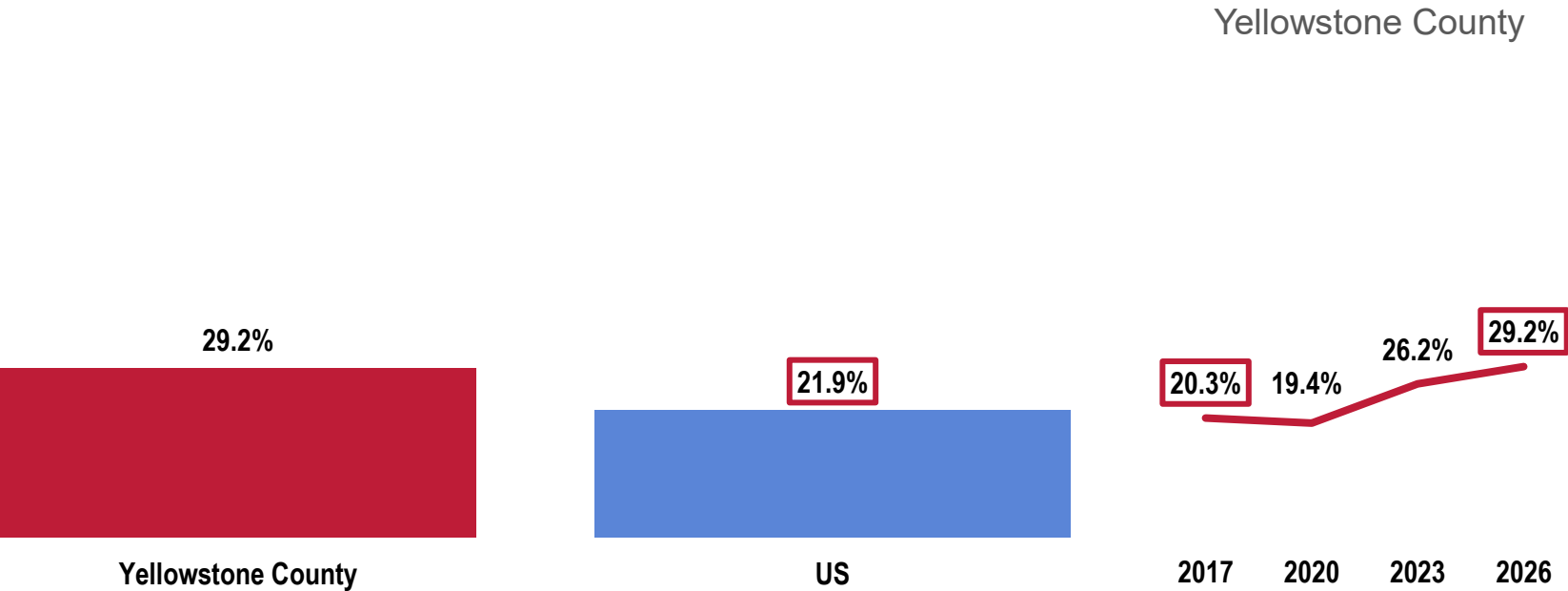


Have Experienced Symptoms of Chronic Depression



Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 90]
• 2020 PRC National Health Survey, PRC, Inc.
Notes: • Asked of all respondents.

Currently Receiving Mental Health Treatment



Sources:

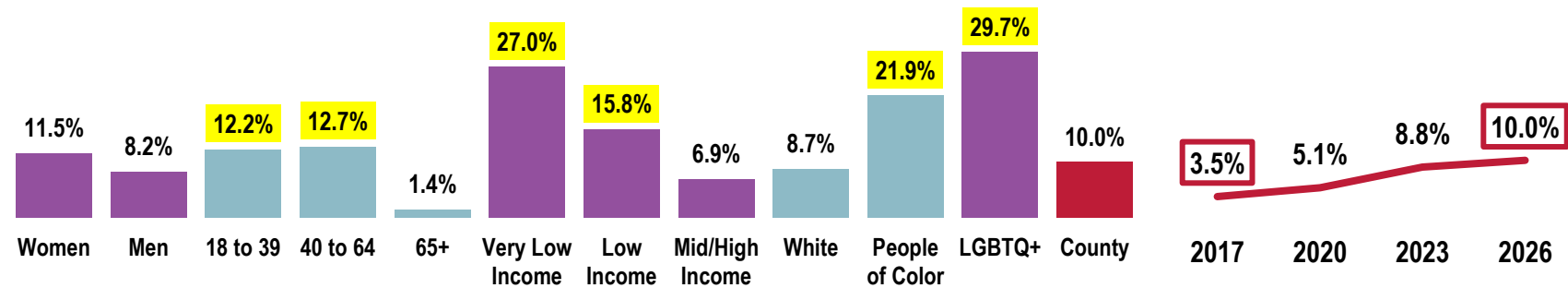
- 2026 PRC Community Health Survey, PRC, Inc. [Item 81]
- 2023 PRC National Health Survey, PRC, Inc.

Notes:

- Asked of all respondents.
- Includes those now taking medication or otherwise receiving treatment for any type of mental health condition or emotional problem.

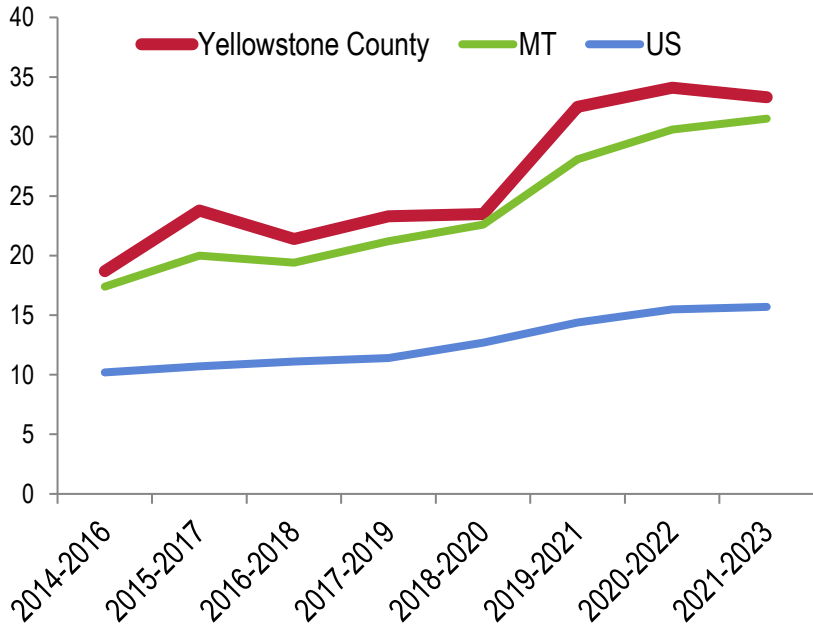
Unable to Get Mental Health Services When Needed in the Past Year (Yellowstone County, 2026)

Yellowstone County

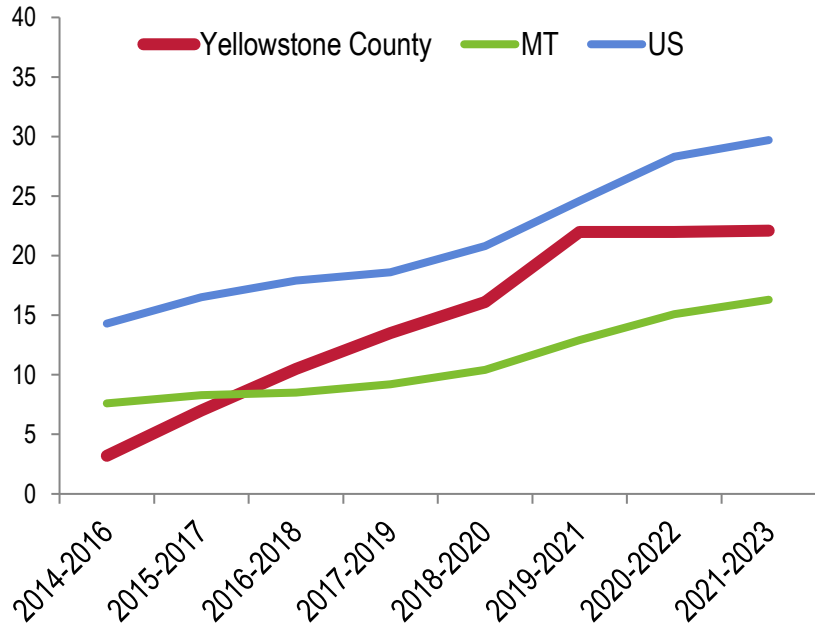


Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 82]
Notes: • Asked of all respondents.

Alcohol-Induced Mortality
(Annual Average Deaths per 100,000 Population)



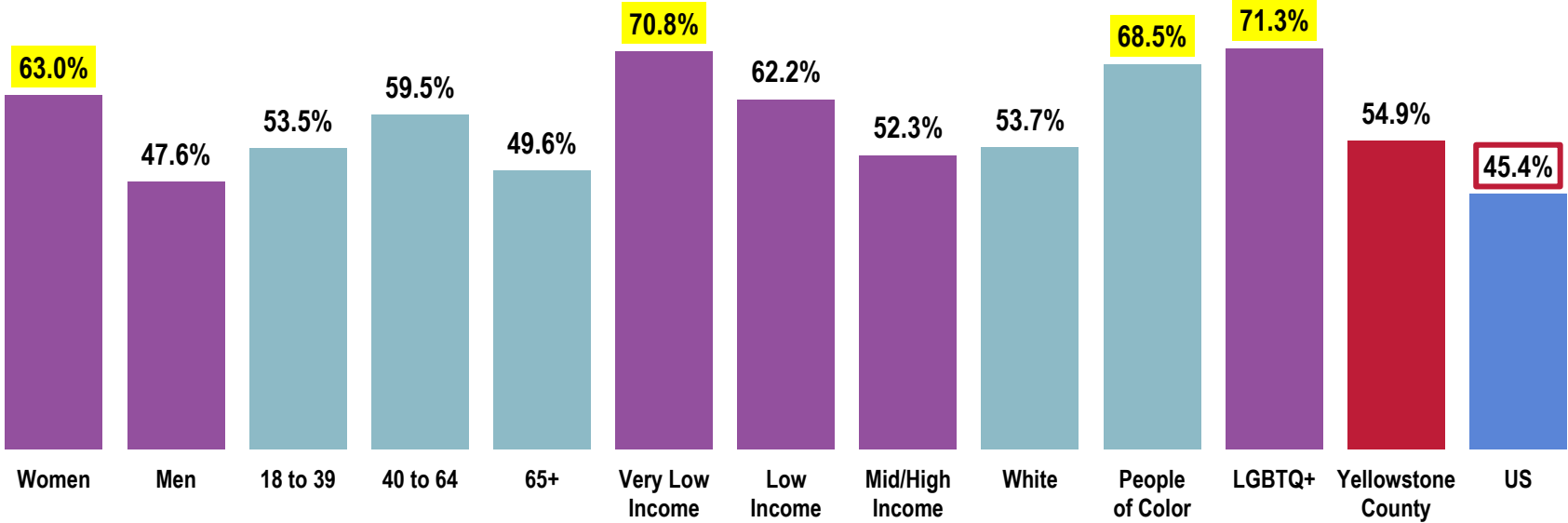
Unintentional Drug-Induced Mortality
(Annual Average Deaths per 100,000 Population)



Sources: • CDC WONDER Online Query System. Centers for Disease Control and Prevention, Epidemiology Program Office, Division of Public Health Surveillance and Informatics. Data extracted October 2025.

Notes: • Deaths are coded using the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10).
• Rates are per 100,000 population.

Life Has Been Negatively Affected
by Substance Use (by Self or Someone Else)
(Yellowstone County, 2026)



Sources: ● 2026 PRC Community Health Survey, PRC, Inc. [Item 43]
Notes: ● Asked of all respondents.
● Includes those responding “a great deal,” “somewhat,” or “a little.”

Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ **Mental Health**
- ▶ **Substance Use**

Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

DATA REFLECTION & DISCUSSION

Q&A

Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

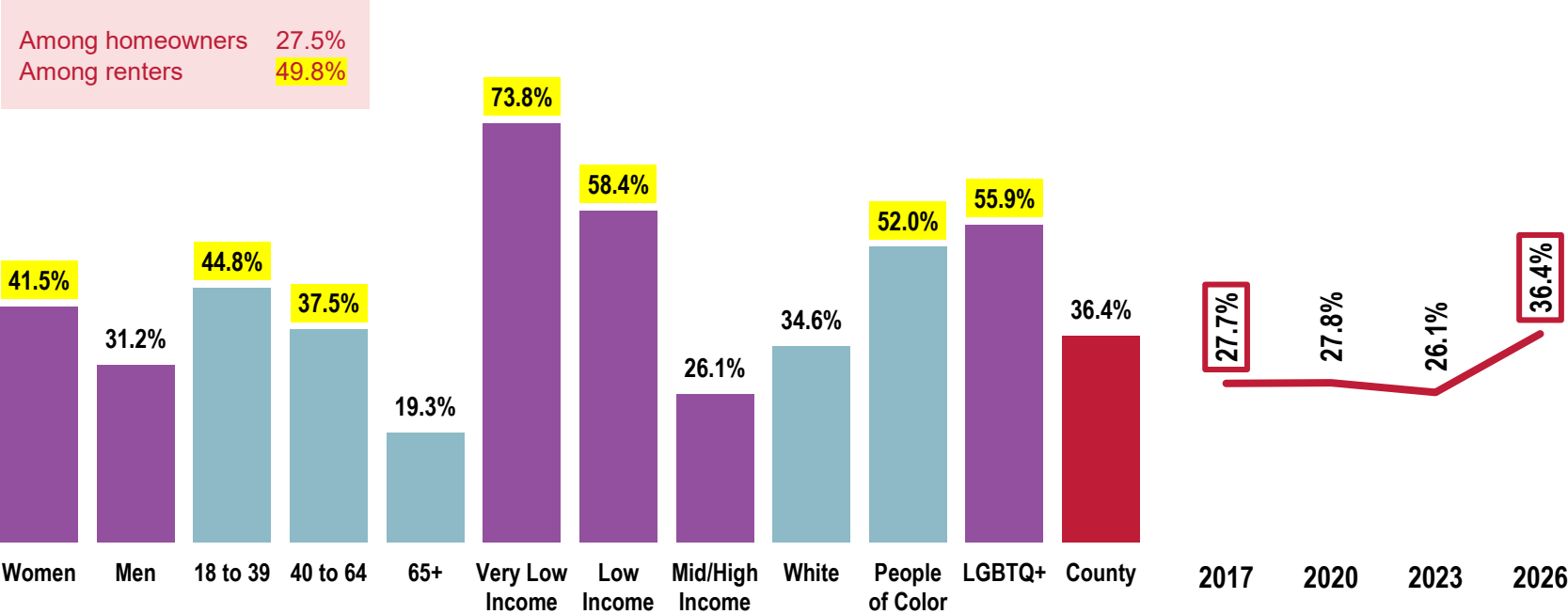
Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

DATA REFLECTION & DISCUSSION

Q&A

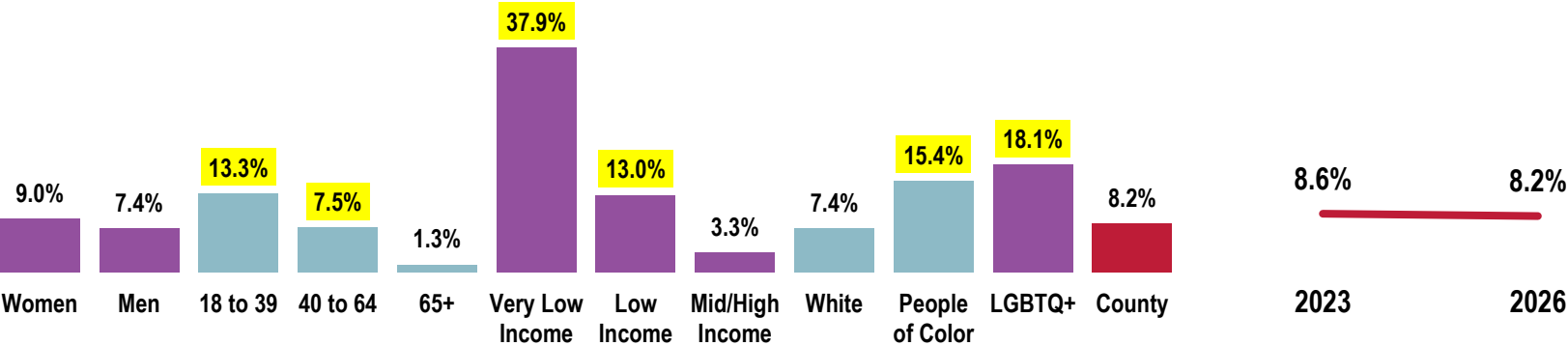
“Always/Usually/Sometimes” Worried About Paying Rent/Mortgage in the Past Year (Yellowstone County, 2026)



Sources: • 2026 PRC Community Health Survey, PRC, Inc. [Item 56]
Notes: • Asked of all respondents.

Unhoused in the Past Two Years Due to an Emergency (Yellowstone County, 2026)

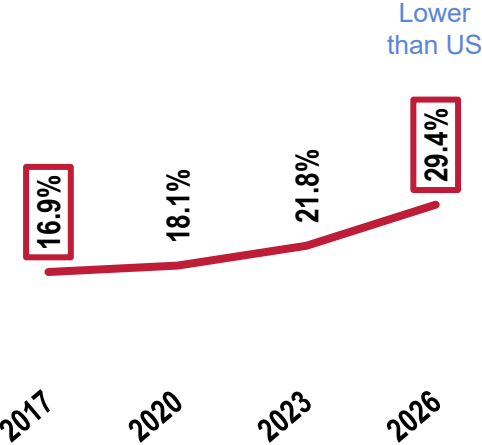
Yellowstone County



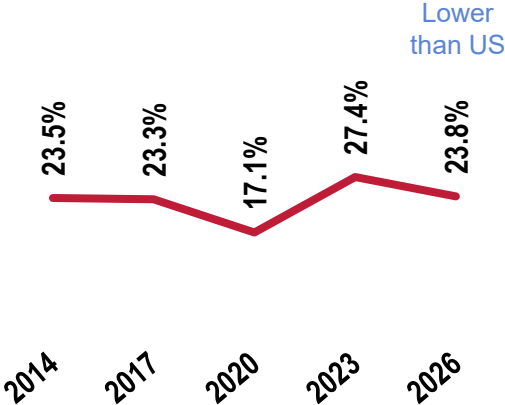
Sources: ● 2026 PRC Community Health Survey, PRC, Inc. [Item 305]
Notes: ● Asked of all respondents.
● This includes having lived on the street, in a car, in a temporary shelter, or with a family member or friend, even if was only temporary.

Affordability of Food (Yellowstone County)

Food Insecurity

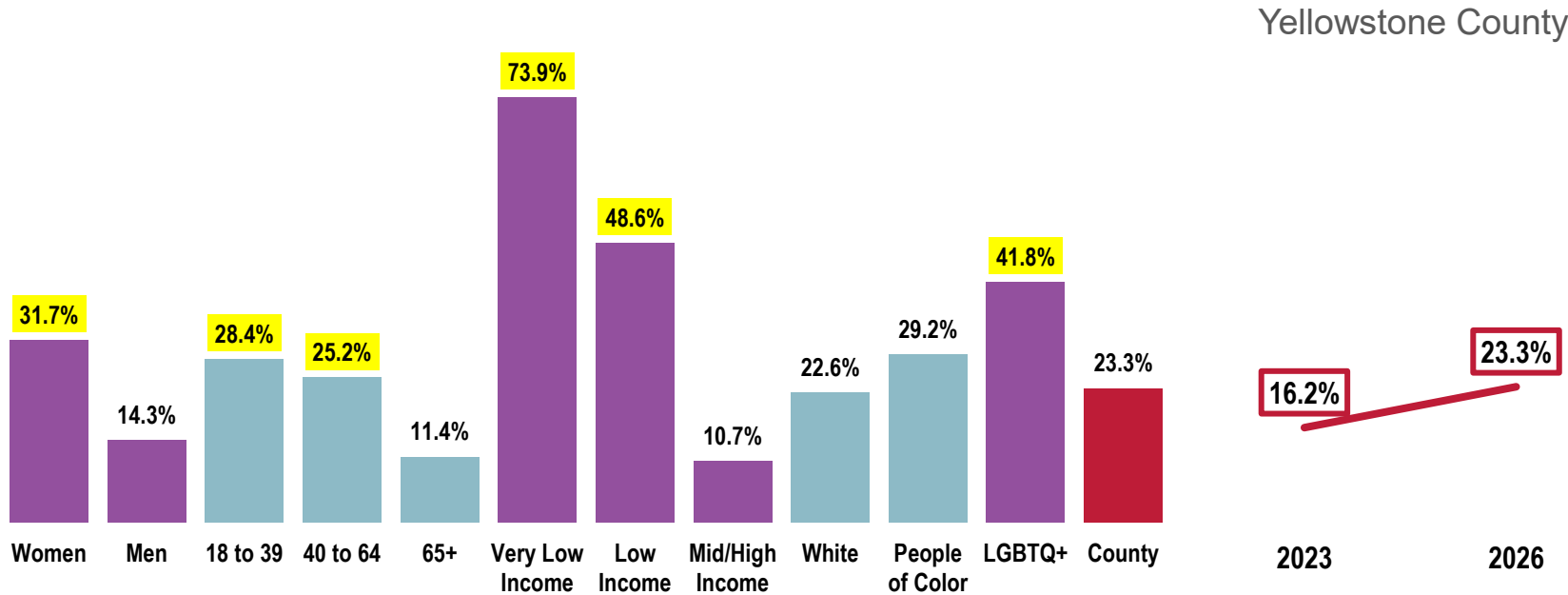


Find It “Very” or “Somewhat”
Difficult to Buy Affordable
Fresh Produce



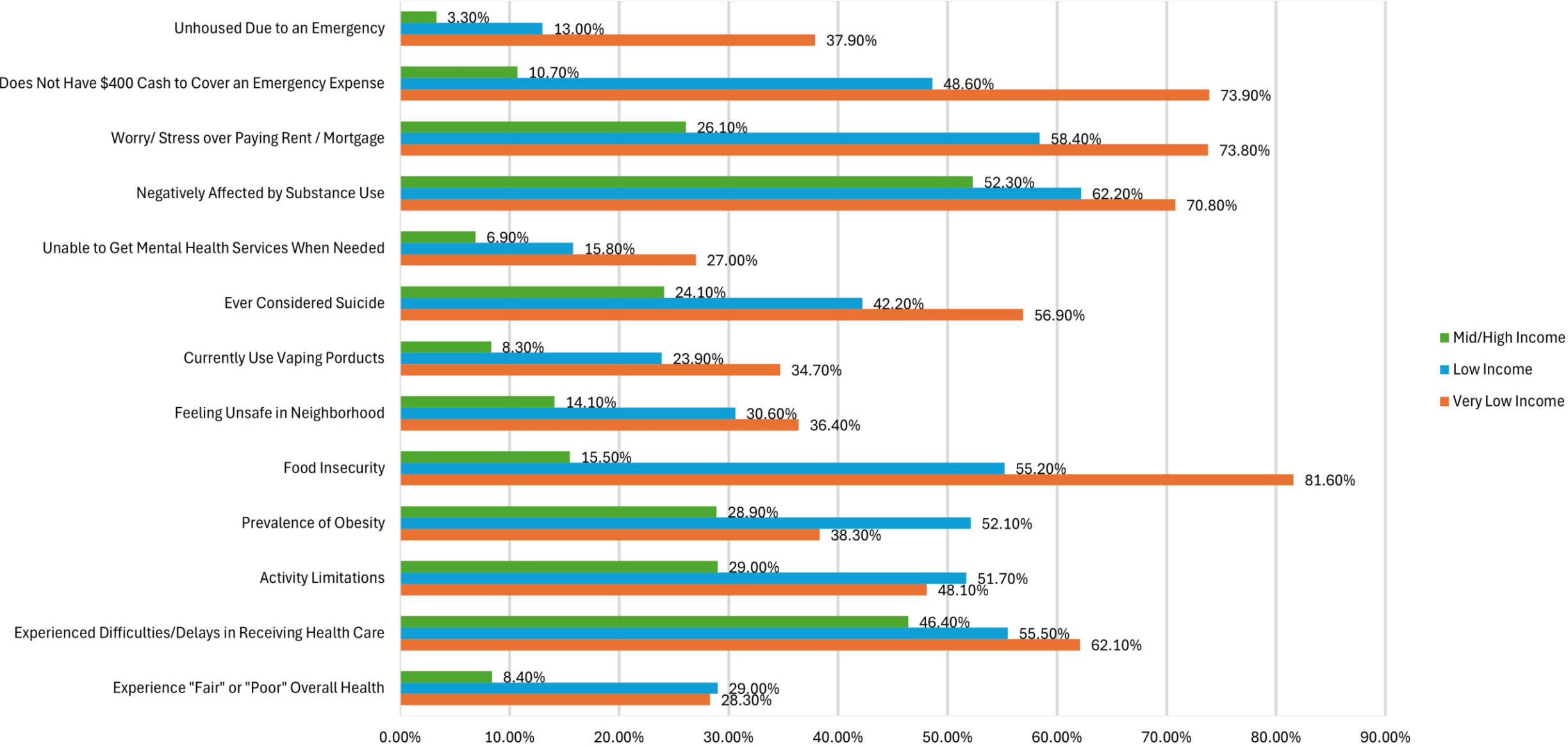
Sources: • 2026 PRC Community Health Survey, PRC, Inc.
Notes: • Asked of all respondents.

Do Not Have Cash on Hand to Cover a \$400 Emergency Expense (Yellowstone County, 2026)



Sources: ● 2026 PRC Community Health Survey, PRC, Inc. [Item 53]
Notes: ● Asked of all respondents.
● Includes respondents who say they would not be able to pay for a \$400 emergency expense either with cash, by taking money from their checking or savings account, or by putting it on a credit card that they could pay in full at the next statement.

Health Needs and Income



Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

DATA REFLECTION & DISCUSSION

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

DATA REFLECTION & DISCUSSION

Q&A



Overall Health

Access

- ▶ Access to Health Care Services

Chronic Disease

- ▶ Cancer
- ▶ Diabetes
- ▶ Disabling Conditions
- ▶ Heart Disease & Stroke
- ▶ Respiratory Diseases

Modifiable Risks

- ▶ Nutrition, Physical Activity & Weight
- ▶ Injury & Violence
- ▶ Tobacco Use

Behavioral Health

- ▶ Mental Health
- ▶ Substance Use

Social Determinants of Health

- ▶ Housing
- ▶ Economic Stability

Q & A

Public Prioritization of Areas of Opportunity

Go to www.menti.com and use the code provided

Prioritization



1

Grab your phone

www.menti.com

2

Go to www.menti.com



3

Enter the code and vote!

What Happens Next?



Full CHNA report published in early 2026



CHNA team and Alliance will review results from today and begin to plan for the 2026-2029 Community Health Improvement Plan (CHIP)



Planning for the next CHIP will occur throughout spring 2026 with several opportunities for community stakeholders to engage in its development

- *Let us know what you are interested in!*



Making the healthy choice, the easy choice in Yellowstone County

Thank you!

All Community Health Needs Assessment information and resources are available on the Healthy By Design Coalition website and the monthly e-newsletter

Contact information:
Amanda Zimmerman-Murter
Coordinator on behalf of
Healthy By Design and the Alliance



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